- separate self-sealing bags. Use a rubber band or "twisty" to keep exhibit together.
- Class 3 Vegetable Leather [SF154]: Exhibit 3 different examples of 3 different vegetable or vegetable/fruit leather combo. Place a 3-4" sample of each leather in separate self-sealing bags.

 Use a rubber band or "twisty" to keep exhibit together.
- Class 4 <u>Dried Vegetables [SF149]:</u> Exhibit 3 different samples of 3 different dried vegetables. Place each food (1/4 cup of each vegetable) in a separate self-sealing bag. Use a rubber band or "twisty" to keep exhibit together.
- Class 5 <u>Dried Herbs [SF149]</u>: Exhibit 3 different samples of 3 different dried herbs. Place each food (1/4 cup of each herb) in a separate self-sealing bag. Use a rubber band or "twisty" to keep exhibit together.
- Class 6 Baked Item Made with Dried Produce/Herbs [SF156]: Any recipe, at least 3/4 of baked product or 4 muffins/cookies on a paper plate or in a disposable pan. Recipe MUST include a dried produce/herb item made by the 4-H Member. (i.e. Granola bar made with dried fruits, dried cranberry cookies, Italian herb bread, lemon thyme cookies). Supporting information must include both the recipe for the dried produce/herb AND the baked food item.

DEPT. E / DIV. 408 FOOD PRESERVATION

UNIT 3 - BOILING WATER CANNING PROJECT

[Scoresheets SF150 & SF153]

ALL Entries must be processed in a boiling water bath according to current USDA recommendations.

- Class 1 1 Jar Fruit Exhibit [SF150]: Exhibit 1 jar of a canned fruit.

 Class 2 3 Jar Fruit Exhibit [SF150]: Exhibit 3 jars of different canned fruits. May be three different techniques for same type of product, ex. Applesauce, canned apples, apple pie filling, etc.
- Class 3 1 Jar Tomato Exhibit /SF150]: Exhibit 1 jar of a canned tomato product.
- Class 4 3 Jar Tomato Exhibit /SF150]: Exhibit 3 jars of different canned tomato products (salsa, sauces without meats, juice, stewed, etc.).
- Class 5 1 Jar Pickled Exhibit [SF150]: Exhibit 1 jar of a pickled and/or fermented product.
- Class 6 3 Jar Pickled Exhibit [SF150]: Exhibit 3 jars of different kinds of canned pickled and/or fermented products.
- Class 7 1 Jar Jelled Exhibit [SF153]: Exhibit 1 jar of a jam, jelly or
- Class 8 3 Jar Jelled Exhibit [SF153]: Exhibit 3 different kinds of jelled products. Entry may be made up of either pints or half pints (but all jars must be the same size).

DEPT. E / DIV. 414 FOOD PRESERVATION

UNIT 4 - PRESSURE CANNING PROJECT

[Scoresheets SF150-151]

ALL Entries must be processed in a pressure canner according to current USDA recommendations.

- Class 1 <u>Jar Vegetable or Meat Exhibit</u> [SF150]: Exhibit 1 jar of a canned vegetable or meat.
- Class 2 3 Jar Vegetable Exhibit [SF150]: Exhibit 3 jars of different kinds of canned vegetables.
- Class 3 3 Jar Meat Exhibit [SF150]: Exhibit 3 jars of different kinds of canned meats.
- Class 4 Quick Dinner [SF151]: Exhibit a minimum of 3 jars to a maximum of 5 jars plus menu. Meal should include 3 canned foods that can be prepared within an hour. List complete menu on a 3" X 5" file card and attach to one of the jars.
- Class 5 1 Jar Tomato Exhibit /SF150]: Exhibit 1 jar of a canned tomato product.
- Class 6 3 Jar Tomato Exhibit [SF150]: Exhibit 3 jars of different canned tomato products (salsa, sauces without meats, juice, stewed, etc.).

SAFETY

SAFETY GUIDELINES

- In this category 4-H Members have the opportunity to create exhibits about all-terrain vehicles, fire, and tractor safety. In addition, participants can also create informational exhibits about basic safety strategies. Through involvement in this category, 4-H Members will be better educated about personal safety and have the knowledge base to educate others about safety.
- Scoresheets, forms, contest study materials, and additional resources can be found at: https://go.unl.edu/ne4hsafety
- Educational resources can be found at: https://4hcurriculum.unl.edu/index.php/main/program_project/86

DEPT. E / DIV. 440 GENERAL SAFETY

GENERAL INFORMATION [Scoresheets SF110-SF111, SF190-SF191, SF223, SF292, CF83]:

- Learn how to report an emergency; Learn basic first aid; Find out how to stock a first aid kit; Discover strategies for safety at home and away.
- Topics can include but are not limited to: bike safety, recreational safety, sports safety, emergency information, home safety, bullying, internet safety, farm safety, etc.

(NOT Eligible for State Fair)

- Class 901 Safety Exhibit [SF190]: Create an exhibit that showcases what was learned in this project area.
- Class 902 Safety Poster [CF83]: Create a poster, measuring either 22"x28" or 24"x36", that showcases what was learned in this project area.
- Class 903 Safety Display [SF223]: Create a display, no larger than 24" high and 32" wide that showcases what was learned in this project area.

(Eligible for State Fair)

Class 1 First Aid Kit [SF110]. A first aid kit is a good way to organize supplies in an emergency. The kit should be assembled in a container appropriate for the kit's intended use. A description of where the kit will be stored and examples of specific emergencies for that situation should be included in the exhibit. The kit should include a written inventory and purpose statement for included items. Items should cover the following areas: airway and breathing, bleeding control, burn treatment, infectious disease protection, fracture care and miscellaneous supplies. Use Citizen Safety manual, 4-H 425, pages 6-7 for guidance.

Kits containing any of the following will be automatically disqualified:

- Prescription medications: If the kit's purpose is to provide medication for someone with special needs, explain in the written description and inventory, but remove the medication.
- Materials with expiration dates on or before the JUDGING DATE: This includes sterile items, nonprescription medications, ointments, salves, etc. Materials dated month and year only are considered expired on the last day of that month.
- 3. Any controlled substance.
- Class 2 <u>Disaster Kit (Emergency Preparedness) [SF1111:</u> Disaster kits must contain the materials to prepare a person or family for emergency conditions caused by a natural or man-made incident. Selection of materials is left to the exhibitor. Family or group kits must have enough material or items for each person. A description of the kit's purpose, the number of people supported, and a list of contents is required. Youth are encouraged to test their kit by challenging their family to try to survive using only the included materials for the designated time. If tested, share that experience in kit documentation. Please include an explanation of drinking

water needs for your disaster kit. Do not bring actual water to the fair in the kit.

Class 3 Safety Scrapbook [SF292]: The scrapbook must contain 15 news articles from print and/or internet sources about various incident types. Mount each clipping on a separate page accompanied by a description of events leading to the incident and any measures that might have prevented it. The scrapbook should be bound in a standard size hardcover binder or notebook for 8 ½" x 11" size paper. Correct sentence structure, readability and thorough explanations are an important part of judging.

Class 4 Safety Experience [SF190]: The exhibit should share a learning experience the youth had related to safety. Examples could be participating in a first aid or first responder training, a farm safety day camp, babysitting workshop or similar event; scientific experiment related to safety; or the youth's response to an emergency situation. The exhibit should include a detailed description of the experience, the youth's role, some evidence of the youth's leadership in the situation and a summary of the learning that took place. Exhibits may be presented in a poster with supplemental Rev. 12/19/2014 documentation, a notebook including up to ten pages of narrative and pictures, or a multimedia presentation on a CD lasting up to five minutes.

Careers in Safety [SF191]: The exhibit should identify a Class 5 specific career area in the safety field and include education and certification requirements for available positions, salary information, demand for the field and a summary of the vouth's interest in the field. Examples of careers include firefighters, paramedics, emergency management personnel, some military assignments, law enforcement officers, emergency room medical personnel, fire investigator and more. It is recommended youth interview a professional in the field in their research. Additional research sources might include books, articles, career web sites, job-related government web sites or interviews with career placement or guidance counselors. Exhibits may be presented in a poster with supplemental documentation, a notebook including up to ten pages of narrative and pictures, or a multimedia presentation on a CD lasting up to five minutes.

DEPT. E / DIV. 450 FIRE SAFETY

GENERAL INFORMATION [Scoresheets SF268-SF270]:

 Design a poster about fire safety; Learn to develop fire escape plans.

(Eligible for State Fair)

Class 1 Fire Safety Poster [SF269]: This is a home floor plan drawn to scale showing primary and secondary escape routes and where fire extinguishers and smoke detectors are located. Draw every room, including all doors and windows. Use black or blue arrows showing primary escape routes from each room. Use red arrows showing secondary routes to use if the primary routes are blocked. Primary and secondary escape routes must lead outside to an assembly location. Documentation should include evidence the escape plan has been practiced at least four times. Posters must be constructed of commercial poster board at least 11" x 14" but not larger than 22" x 28".

Class 2 Fire Safety Scrapbook [SF270]: The scrapbook must contain 10 news articles from print and/or internet sources about fires to residential or commercial properties or landscapes. Mount each clipping on a separate page accompanied by a description of events leading to the incident and any measures that might have prevented it. The scrapbook should be bound in a standard size hardcover binder or notebook for 8 ½" x 11" size paper. Correct sentence structure, readability and thorough explanations are an important part of judging.

Class 3 Fire Prevention Poster [SF268]: Posters should promote a fire prevention message and be appropriate to display during National Fire Prevention Week or to promote fire safety at specific times of the year (i.e. Halloween, 4th of July, etc.). Originality, clarity, and artistic impression will all be judged. Do not include live fireworks, matches or other flammable explosive/hazardous materials. Any entry containing this material will be disqualified. Posters must be constructed of commercial poster board at least 11" x 14" but not larger than 22" x 28".

DEPT. E / DIV. 469B MOTORIZED VEHICLE SAFETY – TRACTOR, ALL-TERRAIN (ATV), ETC.

GENERAL INFO [Scoresheet WCF ATV/TRACTOR SAFETY]:

 Find out how to use motorized vehicles safely; Learn about trouble-shooting and emergency procedures; Find out about hazards of the trail; Learn how to dress appropriately when riding; Learn to operate a tractor safely; Understand tractor controls and safety checks.

(NOT Eligible for State Fair)

Class 901 <u>Demonstration Display:</u> The exhibit is to be prepared on 24" high and 32" wide board, not to exceed ¼" thickness. It may include: 1) parts or system, 2) working or broken parts, or 3) a step-by-step procedure of how some repair or service job is performed. A limited number of photographs are acceptable, however, actual parts or cut aways of parts are recommended.

Class 902 Restoration: Exhibitors need to restore/overhaul/upgrade a unit to include current safety features. A report must be included, covered by clear plastic, describing costs, repair costs, and what was done. "Before" and "After" photos should be included.

Class 903 Poster: 14" x 22" either vertical or horizontal arrangement.
Poster may be in any medium (i.e. watercolor, ink, crayon, etc.) as long as they are not three-dimensional.

Class 904 <u>Display:</u> Display showing your features checklist used when comparing three different units.