

- 4-H members must be enrolled in at least one Foods and Nutrition project by the June 15 deadline.
- The Favorite Foods Contest is judged using the interview method. This requires the contestant to express themselves verbally.
- Judging interviews will be approximately 12 to 15 minutes. This time includes a short presentation by the teams, as well as questions from the judge.
- Winners at the Washington County Contest may advance to the State Fair 4-H Culinary Challenge Contest-Team of Two; however participation at the Washington County Contest is not required to enter into state fair. Washington County is eligible to submit up to 4 teams of two 4-H members for the 4-H Culinary Challenge Contest State Fair 4-H Foods Event to be held during the Nebraska State Fair. Preference will be given to those teams who compete at the Washington County Contest in order of ribbon placings.

**CHALLENGE INGREDIENT:**

- **The 2024 challenge ingredient is Soy.**
- A Challenge Ingredient will be selected each year, highlighting a Nebraska commodity food product.
- Please keep food safety in mind when selecting the recipe used for the Challenge. Foods must be able to be kept chilled during transport to the contest, then be able to be re-heated in a slow cooker or microwave, if needed.
- Each team must incorporate the challenge ingredient into their food item they will be presenting during the contest. This may require altering a recipe or creatively incorporating an item into their overall table theme.
- The challenge ingredient must also be included in the interview presentation, demonstrating youth knowledge of the ingredient, such as nutritional value, a farm-to-fork concept, or how to adapt a recipe to include the ingredient.

**INTERVIEW:**

- The team should view themselves as the hosts, welcoming the judge, cooperatively presenting the table to the judge, incorporating multi-media resources, and answering any questions from the judge.
- The 4-H members should cooperatively present a verbal presentation to the judge that is highlighted by a multi-media presentation via computer or tablet. Participants must provide their own computer or other equipment needed for their 4-H Foods Event judging interview.
- Presentations will occur at participants' tables. Please do not bring projectors or other equipment which will require extra space.
- Considerations should be given to creatively include the following items through the multi-media presentation:
  - Nutritional facts of their menu
  - Food safety
  - Time management
  - Choice of menu
  - Food preparation
  - Cost of item/per serving
  - Food handling techniques
  - Recipe of the food item shared with the judge
  - Challenge ingredient

Class 10 Junior Team: 8-10 yrs old on Jan 1 of current year  
 Class 11 Intermediate Team: 11-13 yrs old on Jan 1 of current year  
 Class 12 Senior Team: 14-18 yrs old on Jan 1 of current year

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# ROCKET LAUNCH

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**ROCKET LAUNCH CONTEST**

Saturday of Fair at 5:00-6:30 p.m.

(ALTERNATIVE WEATHER DATE: Sunday of Fair at 1:00 p.m.)  
 Washington County Fairgrounds, Baseball Field

**ROCKET LAUNCH CONTEST GUIDELINES**

- There will be no minimum number of 4-H contestants (rockets) for the contest to be held.
- 4-H members must be exhibiting a 4-H rocket in the current Washington County Fair.
- 4-H members may use any rocket that they have made and has NOT previously been launched in the Washington County Fair 4-H Rocket Launch Contest.
- 4-H Members must bring their own launching pad.
- Weather conditions may postpone or cancel the contest. Wind speeds exceeding 20 MPH is a factor for postponing or canceling.

**DRESS CODE:**

- Exhibitors are required to wear a white shirt or blouse with the official 4-H chevron attached, or a 4-H T-shirt.
- Chevrons and t-shirts are available for purchase at the Nebraska Extension in Washington County Office in Blair and the 4-H Office during the Washington County Fair.

**DEPT. H / DIV. 850**

**ROCKET LAUNCH CONTEST**

[Scoresheet Model Rocket Launch]

Class 1 Senior Div.: 14-18 years old on Jan 1 of current year  
 Class 2 Intermediate Div.: 11-13 years old on Jan 1 of current year  
 Class 3 Junior Div.: 8-10 years old on Jan 1 of current year  
 Class 4 Clover Kids: 5-7 years old on Jan 1 of current year

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# ROUND ROBIN SHOWMANSHIP

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**ROUND ROBIN SHOWMANSHIP CONTEST**

Tuesday of Fair at 2:00 p.m.  
 RVR Arena

**ROUND ROBIN SHOWMANSHIP GUIDELINES:**

- The Round Robin Showmanship Contest gives an opportunity for the champion senior exhibitors from the 4-H divisions in species of large animals to compete head-to-head for best all-around senior exhibitor honors at the fair.
- In this contest, each contestant will be judged on their showmanship skills with each species of animal - Beef, Dairy Cattle, Horse, Hog, Meat Goat, and Sheep.
- There must be a minimum of 6 head exhibited at the fair for that species to be included in the Round Robin Showmanship Contest.
- The judge will use a numerical scoring system to grade each individual in each species, with the ultimate winner determined by the total score over all species.
- In the event of a tie, the scores obtained by the individuals will be thrown out in the species they qualified in. If this does not break the tie, the judge will be consulted about additional tie-breakers.

**ELIGIBILITY:**

- There is no limit on how many times a person may compete in the Round Robin Showmanship Contest over their 4-H career. However, a 4-H member may only win the Round Robin contest once. After they have won, they may continue to participate in their respective species showmanship class. If they should win, however, the opportunity for Round Robin representation would default to the Reserve Champion.
- Exhibitors must receive a purple ribbon in showmanship to qualify for the Round Robin Showmanship Contest in a species. In the event the top qualifier in a species of animal has already been selected to compete in the Round Robin this year, (or if he/she declines to compete in the Round Robin) the next highest-ranking individual who meets eligibility requirements may compete instead. This selection process continues until a representative is