

DEPT. C / DIV. 200

HUMAN DEVELOPMENT

GENERAL INFORMATION [Scoresheets SF30, SF85, SF115]:

- Learn skills and techniques of child care; Find out how to be a caring sitter; Learn to provide a safe environment for children; Explore how people grow and develop; Inspect toddler toys, minimize hazards; Learn about roles in life, handling emotions; Learn about self-care, rules, responsibility and safety; Introduction to babysitting; Gain awareness of common dangers in the world; Explore child development careers; Gain experience as a teacher or coach; Participate in a community service project.

I HAVE WHAT IT TAKES TO BE A BABYSITTER

Toy, game, or activity made for a selected and identified age group. The intent is for the toy/game/activity to teach the child in the developmental area related to each class. For example, a game that is developed to help youth learn language and literacy skills would be an exhibit for Class 2. Each area is a different class. Information sheet is required or exhibit will be dropped a ribbon placing for Classes 1-6 and 8 (No information sheet needed for Class 7).

- Class 1 Social Emotional Development [SF30]
Class 2 Language and Literacy Development [SF30]
Class 3 Science [SF30]
Class 4 Health and Physical Development [SF30]
Class 5 Math [SF30]
Class 6 Creative Arts [SF30]

Information sheet for Classes 1-6 should include:

1. Where did I get the idea for this exhibit?
2. What decisions did I make to be sure the exhibit is safe for child to use?
3. What age is this toy, game or activity appropriate for and why? (Infant, Birth-18 months; Toddlers, 18 months-3 years; Preschoolers, 3-5 years or Middle Childhood, 6-9 years). 4-H Members must give at least 2 examples that help in understanding the appropriateness of this exhibit for the age of the child (see the Child Development project manual).
4. How is the toy, game or activity intended to be used by the child?

Class 7 Activity With a Younger Child [SF115]: Poster or Scrapbook showing 4-H Member working with a child age 0 to 8 years. May show making something with the child or other child care or interactions. May include photos, captions, story, or essay. Size of exhibit is your choice. Other people may take photos so that 4-H Member can be in the photos. 4-H Member must make the poster or scrapbook.

Class 8 Babysitting Kit [SF85]: Purpose of the kit is for the 4-H member to take this with them when they babysit in someone else's home. Do not make kit for combination of ages or for your own family to use. 4-H member must make one or more items in the kit, but purchased additional items are also allowed. A list of items in the kit is suggested to be included. Display in box or bag suitable for what it contains. Approximate size not larger than 12"x15"x10". All items in kit must be safe for child to handle. Most importantly the kit should serve a defined purpose, not just be a catch all for several items.

Information sheet for Class 8 should include:

1. State which ONE age group (infant, toddler, preschooler, middle childhood) the kit was prepared for.
2. What are children this age like? Give 2 examples to show how the kit would be appropriate for children this age.
3. What will the child learn or what skills will they gain by using the kit?
4. Which item(s) were made by the 4-H member? (It is highly suggested that an inventory list of items in the kit be included).

Class 9 Family Involvement Entry [SF115]: Scrapbook, poster or story describing an activity the family did together. It might include making something such as a doll house or feed bunk. Items may be exhibited if desired. Other possibilities include a house or farm cleanup project, a family reunion, a celebration of a family milestone, a trip or vacation, moving, or a community service project. Photographs are encouraged. Visuals should show family participation. Participation by all family members is important. Include a list of family members and what each person did to participate in the event.

GROWING ALL TOGETHER

(NOT Eligible for State Fair)

Class 901 Growing on my Own [SF115]: Scrapbook or poster. EXAMPLES: Home Hazard Hunt; Toy Inspector; How are we all different and the same; How do people express different emotions.

(Eligible for State Fair)

- Class 10 Growing with Others [SF115]: Scrapbook or Poster. Examples: How to decide if it's time you can be home alone, and related activities; How responsibilities and privileges are related; Friendships; Working with others; Understanding rules and boundaries; A family tree; A family rules chart; A family meal plan, with pictures of a special family meal; A home safety checklist; Being street smart (safety); A school scrapbook showing yourself and your school activities, memories, and special interests.
- Class 11 Growing in Communities [SF115]: Scrapbook or poster. Examples: A career study; A photo story about your own growth and development, not only physically but emotionally, socially, spiritually, mentally; A television evaluation (see Child Development project manual); How you have overcome obstacles; Friendships; A community profile; A community service project; Working with parents; Teaching experiences; Understanding discipline; Playground safety check.

KNITTING & CROCHET

GENERAL GUIDELINES [Scoresheet SF60]:

- The purpose of this category is to establish basic to advanced crochet and knitting skills. In addition, projects in this category require 4-H Members to select adequate yarn and make design decisions.
- Knitting: Learn about types of yarn and yarn weights; Develop basic to advanced knitting skills; Combine knitting with garment making; Knit with double-pointed needles.
- Crochet: Learn basic to advanced crochet stitches; Select yarn/thread for crocheting; Learn about blocking and changing colors; Design a new stitch or pattern; Work with other media such as leather, wood and beads.
- All items will be displayed in the clothing area.
- Criteria for judging: Design and Color, Neatness, Mechanics, Trimmings, and Construction Finishes.
- **Entry Tags:** Every exhibit must be described on the appropriate entry tag accompanying it (for example: blue afghan, yellow sweater, crocheted gray elephant). Attach the entry tag securely to the exhibit using straight pin or safety pins (no paper clips).
- **Identification Labels:** Each item entered as a knitting or crochet exhibit must have a label attached stating: County, Exhibitor's name and age, project name and class in which exhibit is entered, and the number of years enrolled in the project exhibited. Wool entries must have the fiber content listed on the identification label. Attach a label on every component of the exhibit using safety pins or by basting. Not responsible for unlabeled items.
- **Preparation of Exhibits:** Knitted and Crocheted exhibits should be entered in the most appropriate manner for the exhibit.
- **Removal of Entries:** Entries may not be removed for use in any other State Fair activity including State Fair Fashion Show.
- **General:** Garments as listed may be made for self (4-H member)

or another person. 4-H Members enrolled in knitted and crocheted projects should continue their skill development. Once you have exhibited in a higher level, you are not eligible to exhibit in a lower level. i.e. Once you exhibit in Knitting Level 3, you are not eligible to exhibit in Knitting Level 2.

- **Each exhibit must include** the following information on the Fiber Arts Data Card with the entry tag or the exhibit will be lowered one ribbon placing.
 - 1) **Why did you choose to create this exhibit?**
 - 2) **What steps did you take as you created your exhibit?**
 - 3) **What were the most important things you learned?**
 - 4) **Crochet: Gauge and size of hook or type of crochet tool**
Knit: Number of rows per inch and number of stitches per inch.
 - 5) **Crochet: Size of hook**
Knit: **Size of needles; finger, arm, loom, or machine knitted.**
 - 6) **Kind of yarn: weight and fiber content or other material used.**
 - 7) **Names of stitches used.**
- **Data card**, scoresheets, forms, contest study materials and additional resources can be found at:
<https://go.unl.edu/ne4hknitting-crocheting> and
<https://go.unl.edu/ne4hclothing>
- Educational resources can be found at:
https://4hcurriculum.unl.edu/index.php/main/program_project/37

SPECIAL AWARDS

- **4-H Design Gallery:** All garments and accessories will be juried to be selected for the 4-H Design Gallery at the Nebraska State Fair.
- **Make It With Wool Award:** All garments with at least 60% wool content are eligible for this award.

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KNITTING

LEVEL 1 (*NOT Eligible for State Fair*)

Class 901 - [Slippers](#)
Class 902 - [Mittens](#)
Class 903 - [Hat or Head Cover](#)
Class 904 - [Neck Scarf](#)
Class 905 - [Other Item of Wearing Apparel](#)
Class 906 - [Item Other Than Human Wearing Apparel](#)

LEVEL 2 (*Exhibit is Eligible for State Fair; Garment is Eligible for State Fair Fashion Show*)

- Class 1 [Level 2 Knitted Clothing:](#) Knitted item or garment using pattern stitches such as diamond, block, twist or seed/moss stitches. Basic stitches [including: Knit (K), Purl (P), Slip Knit Pass Over (SKPO), Knit Two Together (K2tog), Yarn Over (yo)] to form patterns.
- Class 2 [Level 2 Knitted Home Design Item:](#) Knitted Item using basic stitches [including: Knit (K), Purl (P), Slip Knit Pass Over (SKPO), Knit Two Together (K2tog), Yarn Over (yo)] to form patterns.
- Class 3 [Level 2 Arm or Finger Knitted Item:](#) Clothing or Home Design Item
- Class 4 [Level 2 Loom Knitted Item:](#) Clothing or Home Design Item

LEVEL 3 (*Exhibit is Eligible for State Fair; Garment is Eligible for State Fair Fashion Show*)

- Class 5 [Level 3 Knitted Clothing:](#) Knitted item or garment made from advanced knitting stitches such as pass slip stitch over, double-pointed needle knitting, cable, Turkish, tamerna, plait, germaine, feather and fan or knitting with one or more patterns such as Aran or Fair Isle made by using stitches learned in Level 2 while advancing to circular knitting, double pointed needle knitting, knitting with multiple pattern stitches, and changing colors throughout the garment such as argyle knitting and chart knitting.

- Class 6 [Level 3 Knitted Home Design Item:](#) Knitted item made by using stitches learned in Level 2 while advancing to circular knitting, double pointed needle knitting, knitting with multiple pattern stitches, and changing colors throughout the garment such as argyle knitting and chart knitting.
- Class 7 [Level 3 Machine Knitting](#)

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CROCHET

LEVEL 1 (*NOT Eligible for State Fair*)

Class 901 - [Slippers](#)
Class 902 - [Mittens](#)
Class 903 - [Hat or Head Cover](#)
Class 904 - [Neck Scarf](#)
Class 905 - [Other Item of Wearing Apparel](#)
Class 906 - [Item Other Than Human Wearing Apparel](#)

LEVEL 2 (*Exhibit is Eligible for State Fair; Garment is Eligible for State Fair Fashion Show*)

- Class 1 [Level 2 Crocheted Clothing:](#) Crochet garment using basic stitches [including: chain, single, double, half-double, treble] to form patterns.
- Class 2 [Level 2 Crocheted Home Design Item:](#) Crochet item using basic stitches [including: chain, single, double, half-double, treble] to form patterns.

LEVEL 3 (*Exhibit is Eligible for State Fair; Garment is Eligible for State Fair Fashion Show*)

- Class 3 [Level 3 Crocheted Clothing:](#) Crochet garment using stitches learned in Level 2 while advancing to use afghan stitch, broomstick lace, hairpin lace, design motifs, and multiple pattern stitches.
- Class 4 [Level 3 Crocheted Home Design Item:](#) Crochet item using stitches learned in Level 2 while advancing to use afghan stitch, broomstick lace, hairpin lace, design motifs, and multiple pattern stitches.

QUILT QUEST

QUILT QUEST GUIDELINES

- Learn about design elements, design principles, and applications; Construct a quilt from start to finish; Explore quilt science applications in other media.
- In Quilt Quest, 4-H Members learn skills as they progress through the project. The beginner 4-H exhibitor will select fabric, cut, and sew together only squares or rectangles in making the quilt top. They may have additional guidance in piecing the quilt block and layering together the quilt top, inner batting and the quilt bottom. Another person can do the quilting for them.
- In the Premier class, the 4-H Member has developed skills to be able to do all of the work by himself/herself. This includes pattern and fabric selection, cutting and sewing individual pieces, layering the quilt top/batting/backing together, and quilting. Quilting may be done by hand, by sewing machine or by a commercial-grade quilting machine. After quilting, the 4-H Member must finish the quilt by "squaring it up," put binding on the edge, and placing a label on the quilt which provides details about the quilt making process for historical purposes.
- All entry cards and support information must be attached using a safety pin. No straight pins.
- For all classes, 4-H Members can choose fabrics for the quilt by selecting fabric from fabric bolts. 4-H Members may also use "fabric collections offered by manufacturers in a particular designer or fabric line. Examples of fabric collections include:
 - **Jelly Rolls** are made of up to 40 different strips of 2 ½" wide