

# 4-H Achievement Application (4-H Record Books)

The 4-H Achievement Application is used each year to recognize 4-H'ers with 4-H awards for their accomplishments in 4-H. The applications are judged on growth in 4-H projects, leadership and citizenship in 4-H and community.

Please use the following format. There is not specific form as in the past years. It is more of an essay or 4-H story with the option of adding photos or infographics.

- Length limit to applications are 3 pages for Juniors (4-H age 8-14) and 4 pages for Seniors (4-H age 15 – 18).
- Use headings to separate your responses (**4-H Experiences, Leadership Experiences, Community Involvement/Service Learning Experiences, and Career Spark**). P
- Place 4-H Achievement Applications in **Green 4-H Record Book Covers**.
- Keep all past year's record books in green record book cover.
- Creativity is encouraged, use bullet lists, photos, infographics, etc. to help tell your 4-H story. *The items bulleted are suggestions of what might help us understand your involvement and learning.*

## 4-H EXPERIENCES

### Part 1

Describe your collective 4-H experience.

- Indicate the depth and breadth of your 4-H experience.
- Identify the number of years in the program.
- Identify program experiences in which you engaged including a list of 4-H Projects you completed.
- What skills have you learned as a result of being a part of the 4-H program?
- What have you learned about yourself as a result of being a part of 4-H?

### Part 2

Describe your 4-H experience within the last 4-H year.

- What was your level of involvement?
- Identify **2 program experiences for Juniors (8-14) and 3 program experiences for Seniors (15-18)** that you would consider a "highlight" of your year.
  - Describe these experiences. What did you do? What was involved? Who was a part of this experience? Why did you want to participate? What was accomplished through this experience? What was your favorite part of the experience? What did you learn?
- How will this past year influence your future (i.e., 4-H experience, classroom experience, career, etc.)?

## LEADERSHIP EXPERIENCES

### Part 1: 4-H Leadership Experiences

Describe your 4-H leadership experiences that have helped build your leadership skills.

- What type of leadership was it?
  - For example: Roles (Club President), Activities (4-H Lend a Hand Day), Experiences (Being a Junior Ambassador for my county).
- When did these experiences occur?
- Identify your part in the experiences:
  - Duties you completed
  - Responsibilities you fulfilled
  - Skills you utilized
- What did you learn about leadership through these experiences?



### *Part 2: Non 4-H Leadership Experiences*

Describe your Non 4-H leadership experiences that have helped build your leadership skills.

- What type of leadership was it?
  - For example: Roles (Youth Choir Jr. Director), Activities (Warrior Football Camp), and Experiences (Student Council Member).
- When did these experiences occur?
- Identify your part in the experiences:
  - Duties you completed
  - Responsibilities you fulfilled
  - Skills you utilized
- What did you learn about leadership through these experiences?

### **COMMUNITY INVOLVEMENT/SERVICE LEARNING EXPERIENCES**

Describe two times you were involved in volunteer service to others and/or the community through 4-H or other opportunities.

- List the type of involvement
- When did the experiences occur?
- What were duties, responsibilities, and skills you used to be successful?
- What did you learn in each of your experiences?

### **CAREER SPARK**

Describe how your 4-H experiences have sparked your interest in a future career field.

- At present, what has 4-H “sparked” in you that you are curious to explore (both academically and in extra-curricular activities) in middle school, junior high, high school, or beyond?
- How do you see yourself contributing professionally to your community in the future? How has 4-H influenced how you see yourself in this future role?
- Explain any experiences you have pursued in connection with your career spark. Some examples:
  - Has 4-H sparked your curiosity about what it would be like to work in a certain career and you have interviewed someone in that career?
  - Identify any influence your 4-H experience has had on your academic course selection.
  - Identify any junior leader/job shadow/internship/volunteer experience in which you engaged in an effort to explore your sparked interest.
  - Have you been a part of any formal or informal mentorships related to potential career interests?

### **ENTERING YOUR 4-H RECORD BOOK**

Please place your 4-H Record Book (Achievement Application) in the Green 4-H Record Book Cover along with the Nebraska 4-H Achievement Application Form and turn into the Extension Office by **September 15**. Application forms can be found at [sw3.unl.edu](http://sw3.unl.edu).

### **SENIOR ACHIEVEMENT APPLICATION**

Youth who are ages 15-18 may also apply to be part of the National 4-H Congress or National 4-H Conference. To learn more about that application process for these conferences please go to:

<https://4h.unl.edu/achievement-application>

### **VIDEO**

For a more in depth explanation of the new 4-H Achievement Application (4-H Record Book) go to:

<https://go.unl.edu/cqfj>



# NEBRASKA 4-H ACHIEVEMENT APPLICATION FORM

Please check the opportunities for which you are applying. You may check more than one:

	State Level Awards and Scholarships (15 -18 year olds only)
	National 4-H Conference (15-18 year olds only)
	National 4-H Congress (15-18 year olds only)
Please check all that apply	Agriculture -crops, range,
	STEM
	Leadership and Entrepreneurship
	Healthy Living
	College and Career Preparation for My Future

## ABOUT ME

Name: (First Middle Last)	
Present Address:	
City:	
State:	
Zip:	
County (enrolled in 4-H):	
Home Phone:	
Cell Phone:	
Email Address:	
Date of Birth: (MM/DD/YEAR)	
Current Age:	

### Certification Statement

***By inserting initials below, I certify that the information in this application is accurate and complete.***

Applicant's Signature (typed initials):

\_\_\_\_\_

Date:

\_\_\_\_\_

Parent/Guardian's Signature (typed initials):

\_\_\_\_\_

Date:

