



Nebraska Extension-Seward County

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# Seward County 4-H

July/Aug 2024 Newsletter

## Culinary Challenge!

Are you creative in the kitchen? The 4-H Culinary Challenge may be the contest for you! The 4-H Culinary Challenge is a contest that asks youth to demonstrate healthy decision making through nutrition, food preparation, menu planning and food safety. Every year there is a different Nebraska commodity that they are required to incorporate into their menu. The 2024 ingredient is soybean! Our contest will be held on July 20th. Please register by July 10th.

Click here to register by July 10!

[https://go.unl.edu/culinary\\_challenge24](https://go.unl.edu/culinary_challenge24)



## Fair Superintendent Meetings

If you are a Superintendent or a Jr. Superintendent, please join us for the Fair Supt. Meeting  
Thursday, July 25th at the Extension Office.  
Static Meeting - 6:30 PM  
Livestock & Small Animal - 7:30 PM

## Pre-Fair Online Enrollment Help

If you need help enrolling your 4-H'ers exhibits in the fair, please set up a time to meet with staff (either by zoom or at the office). We have computers available for you to register here if you would like some guidance.

## Family Packets

Family Packets will be available for pick up at Fair Clean Up Night on July 31st from 5:30-8:00. If you cannot pick up your packet at clean up, they will be available at the Extension Office, August 1st and 2nd during office hours.

What's included?

- Exhibitor tags
- Stall assignments
- Supporting information cards
- Back Tags
- Club Contest information

## Home Grown Classes

All Home grown livestock fair entries must complete a verification form to be eligible to compete at the Seward County Fair. Each entry must also complete a project record sheet which is due to the Fair 4-H Office after your animal is weighed and checked in at the fair. Rules and forms are available at the Extension Office.

4-H Family Handbooks are available at the Extension Office. Please make sure you have one for your family. Information on deadlines and procedures are included!

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## Food Stand Donations

It's that time of year where we are requesting 4H families to help supply the pop and gatorade for the 4H Food Stand at the county fair. You may select one of the options to purchase and bring to the extension office between now and August 2, 2024. Thank you for your assistance.



For pop and tea, we are requesting 6pk bottles of each in 16.9oz size. The number of each variety is listed in each type of pop.

For Gatorade, we are requesting 20 oz bottles. The frost flavors are the most popular

Please review the available slots below and click on the button to sign up. Thank you!

Sign up here: <https://go.unl.edu/foodstanddrinks>

Please sign up to bake cinnamon rolls, brownies or other types of bars for the 4-H Food Stand at the Seward County Fair. For cinnamon rolls we use the Rhoades frozen cinnamon roll dough. Bake a dozen and bring it on the day assigned. If you are bringing brownies or bars, please cut the bars at least 3"x3" and have them individually wrapped. Mark if they meet special diets such as "gluten free".



Please stop by the office or visit the link below to sign-up: <https://go.unl.edu/foodstanddonations>

Want to contribute to the food stand but don't have time to shop or bake? Monetary donations are also being accepted to help purchase food stand supplies. Contact Kristi Ideus at (402) 366-4929 to contribute!

## Food Stand Tab

We will be offering 4-H families the option of running a tab at the 4-H Food Stand. We will again be requesting that a signed check, made out to Seward County 4-H, be left with us when you start your tab. The signed checks will be kept in a locked box until the tab is ready to be paid. We thank you in advance for your cooperation

2024 Fair Book is Now Available at the Extension Office!

**HOW TO EXHIBIT OPEN HOUSE**  
STATIC EXHIBITORS

**Date:** Thursday, July 18  
**Time:** 6:00p.m. - 7:30p.m.  
**Where:** Extension Office

- FIND OUT WHAT INFORMATION NEEDS TO BE INCLUDED WITH YOUR 4-H EXHIBIT.
- SEE EXAMPLES OF PREPARED EXHIBITS.
- SELECT SUPPLIES WILL BE AVAILABLE FOR PURCHASE INCLUDING PHOTOGRAPHY MATTING MATERIALS, AND LARGE PLASTIC BAGS FOR FOODS EXHIBITS.

STOP IN ANY TIME TO GET YOUR QUESTIONS ANSWERED IN THE AREAS BELOW

PHOTOGRAPHY - HORTICULTURE/FLORICULTURE - CLOTHING - HOME DESIGN - STEM - FOODS

*What time? Why? How much? Do you? How? Can you?*

**4-H CLUB CONTEST SCAVENGER HUNT**

Earn points by having your club complete missions throughout the 4-H pre-fair events and county fair.

- Prizes will be awarded
- Interactive Adventure

Pre-register by July 15, 2024

Registration link:  
[go.unl.edu/clubcontest24](https://go.unl.edu/clubcontest24)

Contest instructions will be sent to clubs who pre-register.

## 4-H LIVESTOCK FAMILY MEETING



Join 4-H Council, Extension Staff and Ag Society for a brief meeting prior to County Fair.



**JULY 31ST** (After Fair Clean-Up)  
**7:00 P.M.**

**WHERE: LIVESTOCK CENTER ARENA**



*We'll untangle the who's who and what's what, plus throw in some handy reminders.*

### Important Notice for 2024 Seward County Exhibitors!

If you are planning to exhibit at the 2024 Seward County Fair, please remember to pre-enter your entries (animals, exhibits, or contests) in advance. The deadline is July 10 by 11:59 p.m.

- All 4-H families should have received a packet with pre-registration information in the mail. To pre-enter your exhibits, please visit [seward.fairwire.com](http://seward.fairwire.com)
- For Horticulture, Floriculture, Poultry and Rabbit entries, you have a bit more time! These will be accepted online until July 31 at [seward.fairwire.com](http://seward.fairwire.com)

We look forward to seeing all of your amazing entries!

## Share your Feedback on Season 1 of The Good Life in Early Life Podcast



## 2024 4-H Food Stand Schedule

Monday, August 5	
11-1	Food Stand Volunteers
Tuesday, August 6	
11-1	Food Stand Volunteers

Wednesday, August 7	
5:00 – 7:00	Food Stand Volunteers

Thursday, August 8	
7:45-10:15	Twin Valley & Snover Family
10:15 –12:45	Lincoln Creek Livestock
12:45 - 3:00	Blue River Archers
3:00 – 5:00	Big Blue Clover Crew
5:00 – 7:00	Circle G Livestock
7:00 – 9:00	West Fork

Friday, August 9	
7:45 – 10:30	Shooting Stars
10:30- 1:00	River Bottom Shamrocks
1:00 – 3:00	10X
3:00 – 5:00	Green Acres
5:00 – 7:00	Middle Creek Mavericks
7:00 – 9:00	Dawn to Dusk

Saturday, August 10	
7:30-10:30	Junior Leaders
10:30 – 1:00	Independent Members
1:00 – 3:00	Kountry Kids
3:00 – 5:00	Seward Snappers
5:00 – 7:00	Staplehurst Livestock
7:00 – 9:15	The Green Team
Sunday, August 11	
11:00– 1:00	Families 4-Ever

### What 4-H Members Need to Know:

- Contact your 4-H leader to sign up to work. Independent members contact Brittney.
- Wear a 4-H t-shirt or club shirt.
- Wear clean clothes.
- Wear a hat, hair net or pull back hair.
- Smile!! Have fun! Show your 4-H Spirit!
- Do your best to serve the customer

### Why are 4-H Clubs Assigned to Work in the Food Stand?

All funding for Seward County 4-H comes from three fundraisers. This is one of them. The funds raised help us carry out the functions of 4-H, provide scholarships, and keep costs low. By helping out you are giving back to 4-H and serving the community.

### What 4-H Leaders Need to Know:

Assign the following jobs from members/parents in your club.

Kitchen – minimum age – 10

- One adult who supervises during the entire shift.
- One adult cashier
- 2-3 adults or youth 13 or older at food stations
- One youth to get drinks
- A youth with a strong voice to get orders

Dining area:

- One adult or teen to oversee youth
- 2-4 youth to clear tables, sweep floors, empty garbage

Notes:

- Please do not switch members more frequently than one-hour intervals.
- Adult help is needed, especially for clubs that have primarily younger members.
- **If you have a large club, you may not need everyone in your club to work in the Food Stand.**

\*\* We may need additional volunteers at times. If you are unable to help your club during your assigned time, contact the Extension Office and we will see if another club needs help.

# 2024 Fair Clean-Up Night

Wednesday, July 31st beginning at 6:00PM

All 4-H'ers need to check-in at the 4-H Center before reporting to your designated areas where your attendance will be recorded. **Instructions will be given to your club leader.** Before leaving, please check-out with the contact person listed in each area to make sure everything is completed in your assigned area.

ONE STAFF MEMBER WILL BE APPOINTED AS YOUR POINT OF CONTACT. SPECIFIC DUTIES WILL BE MAILED TO CLUB LEADERS.

## CLEAN UP ASSIGNMENTS

Location:	Point of Contact:	4-H Club(s):	What to Bring:
Moving Office	Ann	West Fork	Moving the office down to the fairgrounds will take place <b>Friday, August 2nd at 3:00PM.</b> Contact office if this date/time does not work.
Landscaping	Ann	If you finish early	rakes, brooms, gloves, buckets, wheelbarrow
4-H Cottage	Brittney	Big Blue Clover Crew & Independent Members	wash rags, buckets, window cleaner, brooms, mops, and shopvacs
Reunion Center	Brittney	10X, Blue River Archers	wash rags, buckets, window cleaner, brooms, and shopvacs
Arena	Kylie	Kountry Kids & Families Forever	rakes, shovels, pruners, rags, buckets, clippers, bathroom cleaning supplies, rakes, leaf blower
Horse Barn	Kylie	Middle Creek Mavericks	rakes, shovels, hoses, wheel barrows, rags *Report to Horse Barn, then move to arena
Poultry & Rabbit Barn	Brittney	River Bottom Shamrocks, Twin Valley Livestock	wash rags, buckets, rakes, hand brushes, brooms, shovels
Livestock Center	Cindy	Lincoln Creek Livestock, Dawn to Dusk, Snover Family, Staplehurst Livestock, Circle G, The Green Team	rakes, shovels, hoses, wheelbarrows, rags, leaf blowers, brooms, buckets
4-H Center Step 1	Ann	Green Acres & Seward Snappers	wash rags, buckets, cleaner, brooms *Step 1 of the 4-H Center Set-Up will take place on <b>Monday, July 29th at 6:00PM.</b>
4-H Center Step 2	Ann	Shooting Stars	Phillips screwdrivers & other tools to assemble displays. Wash rags, buckets, cleaner, brooms

**Post Fair 4-H Center Clean Up – Sunday 8/11– 4:00 pm**

Seward County Jr. Leaders

Seward County 4-H Council

FFA Chapters

And all who could not be at county fair clean-up.



# Check-in of Static Exhibits During Fair Week

We are looking forward to seeing all of the exhibits that you have made, grown, baked, or created. Following is information about how to bring these exhibits to the fair!



- Entry Tag- Each exhibit you bring will have an entry tag with the exhibitor name and information. These will be printed in advance and available in your family packets.(See family packet article).
- Take the entry tags from your packet and attach them to your exhibit prior to coming to entry night. If you are bringing horticulture, you can fill out a tag on entry night.
- All exhibits (except for cake decorating) are entered on Monday, August 5 from 5:00 p.m. - 8:00 p.m. at the 4-H Center.

## CHECK-IN LOCATIONS AT THE 4-H CENTER:



North Doors - Clover Kids will check-in ALL of their exhibits (including food and horticulture) through the North doors of the 4-H Center.

**They also get to talk to a Clover Kid judge on Monday night.**

East Doors - Technology, Home Environment & Miscellaneous, Foods, Clothing

South Doors - Photography, Horticulture, Environmental Education

Technology	Clothing	Home Environment	Miscellaneous	Foods	Photography	Horticulture	Environmental Ed
Aerospace Computers Robotics GIS Electricity Science Welding	STEAM 1 STEAM 2 STEAM 3  Beyond the Needle	Design My Place Design Decisions  Sketchbook Crossroads  Portfolio Pathways  Quilt Quest	Human Development Clover Colleges Club Projects Citizenship Heritage  My Financial Future  Shopping in Style  Leadership  Safety	Cooking 101 Cooking 201 Cooking 301 Cooking 401 Food Preservation	Photography for Fun Level 1 Level 2 Level 3	Horticulture Floriculture  Special Garden Projects  Houseplants	Agronomy Weed Science Wildlife/Cons. Outdoor Adventures Shooting Sports Entomology Forestry  Vet & Animal Science
East Door	East Door	East Door	East Door	EastDoor	South Door	South Door	South Door

# Code of Conduct

## THE 4-H CODE OF CONDUCT EXPECTATIONS FOR ALL PARENTS/VOLUNTEERS/YOUTH

Parents, guardians, volunteers & participants are all a part of 4-H. All are expected to follow the 4-H Code of Conduct (that was signed when you enrolled in 4-H.) As a 4-H Participant/Parent/Guardian I will:



### RESPECT

Treat all people and property with respect, courtesy, consideration and compassion. Avoid and prevent putdowns, insults, name calling, swearing and other language or nonverbal conduct likely to offend, hurt or set a bad example.



### KEEP INFORMED

Keep informed about 4-H program policies and projects and read materials pertaining to the county.

### KINDNESS & COMPASSION



Teach and model kindness and compassion for others. Recognize that all people have skills and talents which can be used to help others and improve the community. Teach and foster teamwork and discourage selfishness.



### FAIR-MINDEDNESS

Practice fair-mindedness by being open to ideas, suggestions, and opinions of others. I will make all reasonable efforts to assure equal access to participation for all youth and adults regardless of race, creed, color, sex, national origin or disability. Decisions will be made fairly and treat all individuals and families with impartiality.



### GOOD CITIZENSHIP

Obey laws and rules as an obligation of being a good citizen. I accept responsibility for the proper treatment and care for other youth and adults, the program facilities and/or equipment.



### GOOD STEWARDS ETHICAL TREATMENT

Demonstrate the responsible treatment of animals and stewardship of the environment.



### RESPONSIBILITY/SAFETY

Not use alcohol or illegal substances (or be under the influence) while working with or participating in any part of the 4-H Program.



Provide a safe environment for all parties involved in 4-H. I will protect those involved from sexual harassment, physical force, verbal or mental abuse, neglect, or other harmful behaviors.

## Nebraska 4-H Participant Code of Conduct



## Extension Staff

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**Jill Payne**, Administrative Assistant

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### Important 4-H Club Information

**Volunteer Enrollment:** All 4-H volunteers need to re-enroll in 4honline every year. Please make sure that your club organizational leaders, as well as anyone who helps in any way with your club, is enrolled. Go to <https://ne.4honline.com/>

**Leadership Changes?** Let us know if your club will be changing organizational leaders as soon as possible, so we can update our address lists. Thank you to all of the 4-H club leaders who do the important work of positive youth development.

**Resources for Club Leaders:** Looking for ideas? Check out Nebraska 4-H's Resources for Club Leaders for leader, officer, meeting, and teaching resources. <https://4h.unl.edu/resources/club-leaders>