

Parents or guardians - **You're not alone.** Sometimes it's hard to tell what your child needs, what her behaviors mean and if you're doing right by him. Imagine what it might feel like if you could make sense of what your child is really asking from you.

Circle of Security [™] Parenting is an opportunity to join other parents just like you. For an 8-week class where you'll learn to:

- Strengthen your relationship with your child
- Be present with your child during the best and toughest of times
- Recognize your child's needs and make sense of his or her behavior
- Meet your child's needs by being bigger, stronger, wiser and kind

2016 Circle of Security [™] Parenting Classes

January 7th-February 25th Dorchester Public School

January 11th-February 29th Crete (Early Learning Center) (In Spanish)

February 4th-March 24th Fairbury
March 1st-April 18th Hebron

March 7th-April 11th Friend (Warren Memorial Hospital)

March16-April 27th Geneva Library
April 18th-May 30th Beatrice (In Spanish)

For more information regarding specific class dates and times or to register contact:

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Rooted in Relationships