

Foods Exhibit Tips for County and State Fair

- ▶ Recipes are required for all canned products & need to be from an approved source, following safe processing methods, not “Famous Aunt Ida’s No Fail Green Beans.” This includes University Extension publications, the USDA Canning Guide or the Ball Blue Book, 1994 Editions & beyond.
- ▶ Standard canning jars must be used.
- ▶ Jams, preserves & marmalades, fruit, tomatoes & pickled vegetables MUST be processed in a boiling water bath.
- ▶ Tomatoes may be processed by a boiling water bath or pressure canner.
- ▶ Tomatoes must be canned with lemon juice, 5% acidity vinegar or food grade citric acid; otherwise, it should not be considered a qualified canned food product.
- ▶ All non-acid vegetables & meats must be processed in a pressure canner.
- ▶ Pecan & walnut pies are acceptable if made from a traditional recipe using eggs, sugars & NO added water or milk. There is not enough moisture in this type of pie to support microbial growth.
- ▶ Icing & frostings made with RAW eggs are not acceptable; however, egg white rinses brushed on prior to baking are fine.
- ▶ Cream cheese frostings are only acceptable if the recipe has a ratio of 4 cups sugar per 8 ounces of cream cheese.
- ▶ Whipped cream cheese frostings without powdered sugar are NOT acceptable.
- ▶ Frostings made with meringue powder; or powdered sugar, milk & flavorings; caramel rolls & pineapple upside down cake are acceptable. The high sugar content of the toppings will not support bacterial growth.
- ▶ Cream cheese fillings or melted cheese toppings may result in an unsafe food product by judging time due to heat & humidity and will be disqualified.

Do not bring the following items to the fair:

- ▶ Breads containing ingredients that are normally refrigerated.
- ▶ Cake or brownies baked in a jar.
- ▶ Caramel corn or pies baked in a bag.
- ▶ Canned or preserved products from a questionable source.
- ▶ Custard or cream filled pies.
- ▶ Flavored vegetable oils.
- ▶ Fresh salsa.
- ▶ Homemade egg noodles
- ▶ Jerky of any kind.
- ▶ Meat filled pastries.
- ▶ Raw egg in any uncooked product.
- ▶ Sourdough or friendship bread products.
- ▶ Sweet rolls with cottage cheese or egg toppings.
- ▶ Homemade marinates.