



4-H Clover Kid Activity: Veggie Art Print

Objectives:

- To teach youth that vegetables can be used for more than a healthy part of our diet.
- To encourage use of colors, patterns and textures.

Materials: tempera paint (variety of colors), spoons, Styrofoam plates, paint shirts, paper, newspaper and cup up vegetables such as carrots, celery, peppers, onions, white card stock

What To Do:

1. Show the children how to dip the vegetables in paint.
2. Scrap off the excess on the side of the tray.
3. Print on the card stock with the veggies.
4. Encourage them to experiment with repeating patterns and colors.
5. Let finished painting dry.
6. Mount on construction paper for a finished project.

Application:

- Why did you choose the pattern you did?
- What textures did you see in the veggie print you painted?
- Look for other examples of how food is often used as a subject for works of art or a centerpiece. Look at restaurants, grocery stores, homes, library and more.

(Source: The Big Book of 4-H Cloverbud Activities, Ohio State University)