



# Platte County Clover Kid Curriculum Guide

Welcome to the 4-H Clover Kid project in Platte County!

## **Age Regulation:**

The first year of eligibility of participation in the 4-H Clover Kid program is the calendar year the youth turns 6 years old until the calendar year they turn 9 years old. At that time, they transition into a regular 4-H member.

## **Purpose:**

The goal of the program is to promote the positive development of youth to become competent, caring and contributing citizens. The learning experience is the primary reason for involvement in the program.

Clover Kids will have the opportunity to have their projects interview judged at the Platte County Fair, with all exhibiting receiving participation ribbons. Clover Kids are limited to six exhibits. For more information on the 4-H Clover Kid program, contact the Nebraska Extension – Platte County Office.



## **Projects**

### 1. **A Space for Me**

This is a project all about you and the special places in your home – your corner! You will learn how to take care of “your corner” and ways to have an attractive space. You will learn about color, texture, shape and how to use them in “your corner” and your home. You will also learn to express your creativity in the things you make for you in your home!

#### **Printed Materials**

“A Space for Me” (Copies of lessons/activities available at Extension Office or complete curriculum can be purchased on-line at <https://marketplace.unl.edu/ne4h/curriculum/clover-kids>)

#### **Fair Exhibits**

Shoe Box w/Photo Label: Youth will create a storage box to save space or use space wisely. (Activity 5, page 15)

Potato Chip Can Pencil Holder: Youth will create a storage to save space or use space wisely. (Activity 6, page 16)

Recycling Box: Youth will learn more about recycling and how to create a space convenient for recycling. (Activity 5, page 29)

Paint A Container: Youth will explore the different colors by decorating a container. (Activity 2, pages 34-35)

## 2. **Making Food for Me**

The “Making Food for Me” curriculum was developed to help youth learn about food and nutrition. Youth will need some guidance as they perform the activities. Youth will learn about safely preparing food, table setting and manners, common kitchen utensils, food groups, beverages and combination foods.

### **Printed Materials**

(Both are available at <http://marketplace.unl.edu/ne4h/curriculum/clover-kids>)

“Making Food for Me” Youth Manual

“Making Food for Me” Helper’s Guide CD

### **Fair Exhibits**

Making Food for Me Placemat: p.12-13. Remove from book, draw pictures or cut pictures from magazines as examples for each food group. Color or decorate the rest of the poster. The end project may be mounted on a larger piece of construction paper or laminated.

Healthy Snack: Be creative and come up with your own healthy snack! Exhibit in sealable plastic bag. No perishable items, snack must not be required to be refrigerated.

Dairy Tasting Party: p.17. Remove from book. Choose five dairy products and neatly record your reaction to the tastes. The end project may be mounted on a larger piece of construction paper or laminated.

Protein Collage: p. 21. Remove from book. Color and cut out all the food that is a protein. Glue onto construction paper of your choice. Title with “(Name’s) Protein Collage”.

## 3. **Horticulture**

The horticulture project will give Clover Kids the opportunity to plant, grow and care for vegetables, flowers and gardens.

### **Printed Materials** (Available at the Extension Office)

The World of Flowers

Everyone a Gardener

Selecting and Preparing Vegetables, Herbs & Fruits for Exhibit

How to Make a Cup Garden (Available on-line at

<https://extension.unl.edu/statewide/platte/Clover%20Kid%20Cup%20Gardening.pdf>)

### **Fair Exhibits**

Vegetables: Enter up to three plates of vegetables. Exhibit the number of chosen vegetable(s) as specified in the vegetable gardening division. i.e. red tomatoes (5), yellow onions (5). Exhibit on paper plates.

Flowers: Enter up to three vases of flowers. See specifications on cut flower exhibits in floriculture division.

Cup Garden: See lesson handout from Extension office. Enter one cup garden from



following instructions in lesson. Label the cup garden with Clover Kid member name and the kind of seed planted.

Veggie Art Print: See lesson handout from Extension office. Use cut veggies dipped in paint to create an 8 ½ x 11 print. Finished print can be mounted on construction paper.

4. **Be a Smart Consumer**

These activities are designed to explore the importance of good money management, understand the importance of saving and learn to make wise consumer choices.

**Printed Materials** (Available at Extension office)

Be a Smart Consumer: Needs vs. Wants

Be a Smart Consumer: Saving for a Rainy Day

**Fair Exhibits**

Needs vs. Wants Collage: Follow instructions on needs vs. wants lesson. Finished collage can be mounted on construction paper for a finished project.

Piggy Bank: Follow instructions on saving for a rainy day lesson. Piggy bank can be made from any recycled materials and decorated.



5. **Stitch It Up: An Introduction to 4-H Clothing**

These activities are designed to engage Clover Kids in learning the first steps to sewing, learn the basic parts of a sewing machine, develop hand sewing skills and use precision when measuring and cutting.

**Printed Materials** (Available at Extension office)

Stitch it Up: Yo-Yo Pin

Stitch it Up: Stitching a Straight Line

Stitch it Up: Getting to Know a Sewing Machine

**Fair Exhibits**

Yo-Yo Pin: Follow the instructions on the Yo-Yo Pin lesson.

Stitching a Straight Line: Follow the instructions in the Stitching a Straight Line.

Getting to Know a Sewing Machine: Label Sewing Machine diagram. Finished diagram can be mounted on construction paper for finished project.

Decorated T-Shirt: Decorate a t-shirt with an original design using age-appropriate techniques. Remember to model it in the 4-H Public Fashion show!

6. **Exploring Animals**

**Small Animals**

The small animal project will acquaint Clover Kids with small animals and the part they play in our lives.

**Printed Materials** (Some copies available at Extension Office or can be purchased on-line at <http://www.4-hmall.org/Category/animal-science.aspx>)

Poultry Level 1 & Poultry Helper's Guide

Pet Pals Level 1 & Pet Helper's Guide

Cat Level 1 & Cat Helper's Guide

Dog Level 1 & Guidelines for NE 4-H Dog Show



## Rabbit Level 1 & Rabbit Helper's Guide

### Fair Exhibits

Poultry Showmanship: May enter one bird into Clover Kid showmanship.

Small Animal Showmanship: May enter one small animal into Clover Kid showmanship.

Dog Showmanship: May enter one dog into Clover Kid showmanship.

Rabbits Showmanship: May enter one rabbit into Clover Kid showmanship.

### Livestock Animals

This project allows Clover Kids to care for their livestock and show in a non-competitive class.

### Fair Exhibits

Bucket Calf: May enter one calf. Calf must be ear tagged with official 4-H ear tag and ownership affidavit must be completed by deadline. Exhibitor is required to complete a "Clover Kid Livestock Animal Record Book". Exhibitor will participate in a modified obstacle course.

Dairy Calf: May enter one calf. Calf must be ear tagged with official 4-H ear tag and ownership affidavit must be completed by deadline. Exhibitor is required to complete a "Clover Kid Livestock Animal Record Book".

Lamb: May enter one lamb. Lamb must be ear tagged with scrapie tag and ownership affidavit must be completed by deadline. Exhibitor is required to complete a "Clover Kid Livestock Animal Record Book". Exhibitor will participate in a modified obstacle course.

Goat: May enter one goat. Goat must be ear tagged with scrapie tag and ownership affidavit must be completed by deadline. Exhibitor is required to complete a "Clover Kid Livestock Animal Record Book". Exhibitor will participate in a modified obstacle course.

Swine: May enter one pig. The pig must be ear tagged with official 4-H ear tag and ownership affidavit must be completed by deadline. Exhibitor is required to participate a "Clover Kid Livestock Animal Record Book".

\*See the current year fair book for more information and guidelines on exhibiting small animals and livestock animals as a 4-H Clover Kid at the Platte County Fair. Visit our website at <https://platte.unl.edu>, under Platte County 4-H tab for all livestock forms, record books and obstacle courses.

### Ask about these other activities 4-H Clover Kids can participate in!

4-H Speech and Presentation Contest (April) - 4-H Talent Contest (County Fair)

Bicycle Rodeo (County Fair) - Show and Tell (County Fair)

Public Fashion Show (County Fair)

October 2023