

## Suggested Packing List

### Items to Bring:

- Comfortable, broken in walking shoes
- Clothes appropriate for the season—layers are a great idea
- Pajamas
- Several plastic bags for soiled clothes and wet items
- Medication
- Toiletries (Toothbrush, toothpaste, deodorant, bath soap, etc.)
- Sunglasses
- Sunscreen
- Water bottle
- Watch
- Spending Money (Cash, ATM card, VISA Gift Card)
- Journal and pen or pencil
- Cell Phone
- Camera
- iPod
- Earphones/Earbuds
- Drawstring backpack or purse to carry while touring
- Light jacket
- An open mind and positive attitude!
- The National 4-H Youth Conference Center provides bedding and towels for you.

### Items NOT Permitted:

- Knives
- Firearms
- Fireworks
- Matches/Lighters
- Alcohol
- Drugs
- Tobacco products
- Vapor or E-Cigarettes
- A violation of this policy will earn you a trip back home at your expense**

### Luggage Allowed:

- 1 Carry on suitcase or duffle bag (approximately 22" x 14" x 9")-allowed on bus
- 1 Drawstring backpack or purse-allowed on bus
- 1 Suitcase any size with wheels (remember, you will have to carry all the luggage you have)-in luggage compartment

## Dress Code and Guidelines

### CWF Trip Dress Code:

- Casual:** T-Shirts, shorts of a respectable length, jeans, running pants/shorts, caps/hats (permitted while touring), swimming suits (when needed), and comfortable shoes (flip flops discouraged).
- Casual Attire NOT permitted:** Tank tops, bare midriff tops, tube tops/strapless tops, short shorts/cut offs, ripped jeans, clothing bearing offensive logos, caps/hats (in restaurants).
- Very Casual:** Clothes that may get wet and dirty; must follow the above requirements (needed for Derby).
- Business Casual:** Ladies: Skirts, dresses, slacks, nice capri pants, khaki slacks, nice shirts/tops. Dresses/skirts must be knee length or longer; Gentlemen: Dress pants, khaki slacks, polos or button-down shirts.
- Dressy:** Ladies: Skirts or dress slacks with nice dress shirts/tops, dresses, or suits, high heels permitted (remember, you will be walking); Gentlemen: Dress pants, khaki slacks, button shirts, and a tie and dress shoes. Jackets recommended.
- CWF:** Business casual with CWF delegate polo.

### Important Dress Code Information:

#### Pertains to ALL dress code categories –

- Shorts, skirts, and dresses must be a respectable length. Skirts and dresses should be knee length or longer.
- Tube top/strapless shirts will not be allowed during the CWF program.
- Cropped shirts and extreme low-rise pants are not allowed. Underwear should be covered.
- When visiting the National Cathedral shoulders must be covered.
- Ripped clothing, cut-off shorts, T-shirts with offensive slogans or messages that are in bad taste, muscle shirts, and similar items are not allowed.
- No hats to be worn in buildings
- Shoes and shirts must be worn at all times.

**Reminder:** You are a representative of yourself, your family, county, state and 4-H.

**Talent Show:** If you plan on participating in the Talent Show, bring appropriate dress, costumes, props, etc.