



AREA: FOOD & NUTRITION

A. GENERAL RULES – FAVORITE FOODS REVUE

1. Open to any 4-H member, regardless of 4-H projects carried.
2. Official 4-H attire is not required, youth may dress to complement theme.
3. The Favorite Foods Revue combines food preparation, menu planning and table setting skills. 4-H'ers participating in this contest need to plan a menu suitable for an indoor or outdoor meal. One food the 4-H'er prepared should be brought along to the Revue with the selected 1) table service, 2) centerpiece, 3) menu card, 4) recipe card and 5) card table. The recipe for the food products does not have to come from a 4-H manual. Use the correct form for writing the menu card. Ask for EC 9-43-77 "Writing a Menu".
4. The prepared food should be comparable in skill difficulty to the age and experience of the exhibitor. The food should be different than shown in previous years.
5. The 4-H'er may want to choose to center his/her display around a special occasion, a holiday, a picnic, etc. Disposable place settings can also be used. The 4-H Food Revue will be judged by the interview method. 4-H members will not make a presentation in front of other participants. Rather, they will visit individually with the judge. 4-H members should be knowledgeable about their food product; its preparation, nutritional value, cost, etc.; as well as, their menu, table service and planned occasion for serving. Participants should dress appropriately for the contest.
6. Following judging, a sampling of foods shown will be an option available to exhibitors and audience. Plates and plastic utensils will be provided.

DEPARTMENT E – DIVISION 170 – FAVORITE FOODS REVUE

Division 170

All Classes Pay Category 1

- C) 900 Clover Kid Division – 5 to 7 years
- C) 901 Junior Division – 8 to 11 years
- C) 902 Intermediate Division – 12 to 13 years
- C) 903 Senior Division – 14 years and older