



## FAVORITE FOODS REVUE

The Favorite Foods Revue combines food preparation, menu planning, and table setting skills. 4-H members participating in the Favorite Foods Revue need to plan a menu suitable for an indoor or outdoor meal. The 4-H member should prepare one food item, which should be brought along to the Revue with the selected table service, centerpiece, menu card, recipe card, **and** card table/picnic blanket. 4-H members enrolled in *any* 4-H foods project are eligible to participate.

The Favorite Foods Revue will be **Thursday, July 12**, with set up beginning at 6:30 p.m. The Revue is at the Fair Center in Syracuse. Pre-register by Tuesday, July 11 by calling the Extension Office at 402-269-2301.

The agenda for the contest is:

- 6:30 p.m. - Set up
- 6:45 p.m. - Orientation for Favorite Foods Revue
- 6:50 p.m. - Favorite Foods Revue
- \*8:30 p.m. - Approximate time of Ribbon Presentation and Judge's Comments

### CONTEST GUIDELINES

- 1) Each 4-H member will bring his/her favorite food in/on the appropriate bowl/plate, etc. The judge will not taste the food prepared.
- 2) Each 4-H member will bring a card table/picnic blanket and all paper goods/linens, glasses, plates, and utensils for one place setting. A centerpiece should be a part of the exhibit. The 4-H member should exhibit proper table setting practices when setting up the exhibit.
- 3) Each 4-H member will bring the menu featuring the favorite food and the recipe for the favorite food. The menu and the recipe can be printed on individual cards or the same card.
- 4) Each 4-H member will visit with the judge for 2- 3 minutes. The 4-H member will share the following:
  - a. the 4-H food project the 4-H member is enrolled in;
  - b. a brief description of the chosen occasion;
  - c. an explanation of menu choices (nutrition, meal planning principles, etc.); and
  - d. an explanation of the table setting chosen (type, articles included, etc.).
- 5) Each 4-H'er will set his/her table and give a presentation without the assistance of parents, friends, or leaders. An adult can carry in and setup the card table.
- 6) The contestant's parents, friends, or leaders may observe the setup, presentation and judging of the contestant's exhibit from chairs, which will be provided.
- 7) Relax, have fun, and enjoy the contest!

**Please check out the other side of this flyer!**