

# 4-H Achievement Application

Otoe County and Nebraska Guidelines  
Sarah Purcell, Extension Educator  
September 8, 2020

# Agenda

- Welcome!
- Introduction to the Application
- 4-H Achievement Application Components
- Questions?
- Thank you for joining this evening!

# Nebraska 4-H Achievement Application

- Provide 4-H youth experiences in synthesizing information
- Consistent with the expectations of college admissions, scholarship applications, and future employers wanting concise, accurate information reflective of one's qualifications and achievements
- An evolving narrative as it demonstrates change and growth

# The 4-H Achievement Application

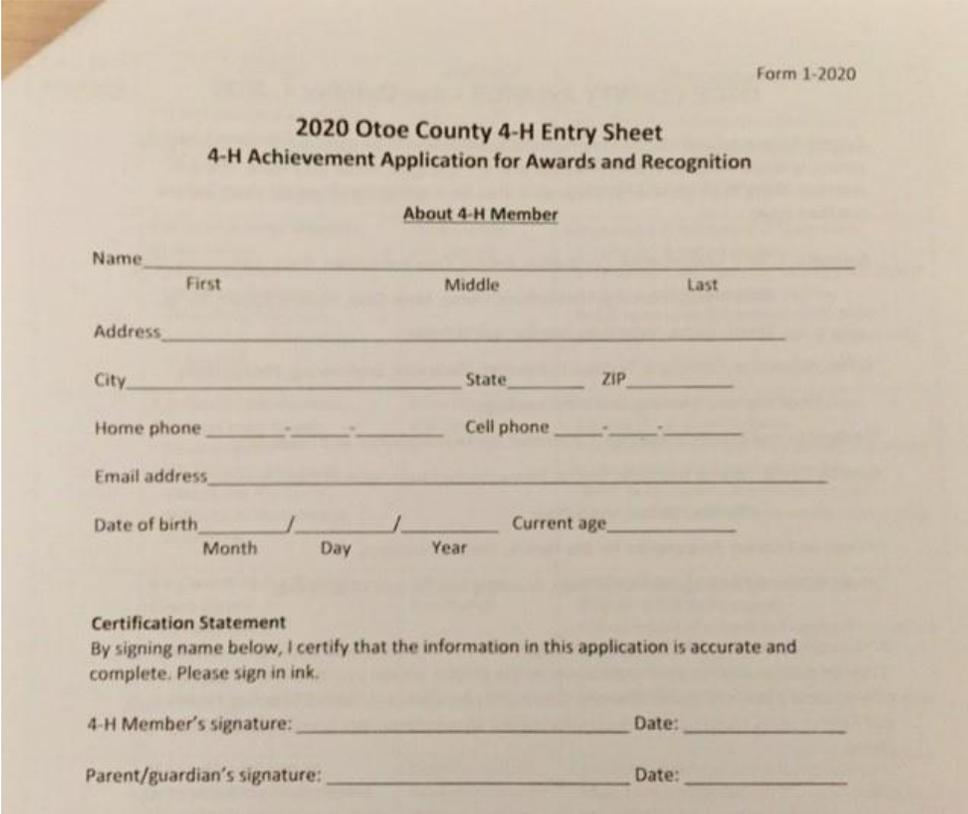
- Green 4-H Cover – available at the Extension Office for \$3.20, which includes tax



# The 4-H Achievement Application

- **Otoe County 4-H Entry Sheet - Form 1-2020**

- Fill in all information.
- Both 4-H member and a parent need to sign the entry form in ink.
- Found in the August 21, 2020 TIPS newsletter or at: [otoe.unl.edu](http://otoe.unl.edu).



Form 1-2020

2020 Otoe County 4-H Entry Sheet  
4-H Achievement Application for Awards and Recognition

About 4-H Member

Name \_\_\_\_\_  
First Middle Last

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Home phone \_\_\_\_\_ Cell phone \_\_\_\_\_

Email address \_\_\_\_\_

Date of birth \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Current age \_\_\_\_\_  
Month Day Year

**Certification Statement**  
By signing name below, I certify that the information in this application is accurate and complete. Please sign in ink.

4-H Member's signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/guardian's signature: \_\_\_\_\_ Date: \_\_\_\_\_

# 4-H Achievement Application

Form 1-2020 Continued – bottom of first page

Please check the opportunities for which you are applying. You may check more than one:

- County Awards (January 1, 2002 – December 31, 2011)
- State Level Awards (January 1, 2002 – December 31, 2006)
- State Level Scholarships (High School Senior or College Freshman)
- National 4-H Congress (turn age 15 to 19 during the calendar year in which the trip occurs to be considered)
- National 4-H Conference (turn age 15 to 19 during the calendar year in which the trip occurs to be considered)

# 4-H Achievement Application

Form 1-2020 Continued – page 2

## Project Medals:

- 4-H members can win a project medal only once
- 4-H member must be in the project area for a minimum of 2 years to be considered for the project medal
- Include experiences on project area(s) circled **throughout** application

**OTOE COUNTY AWARDS - due October 1, 2020**

**County Project Awards** - Circle the project(s) listed below to be considered for this county award, which is a medal. The 4-H member can win a project medal only once. The 4-H member needs to be enrolled in the project area for a minimum of two (2) years before can they apply.

**Agriculture:** Beef, Conservation, Companion Animal, Crop Production, Dairy, Dairy Goat, Dog, Entomology, Forestry, Horticulture, Horse, Meat Goat, Poultry, Rabbit, Range, Sheep, Swine, Veterinary Science, and Wildlife.

**STEM:** Aerospace, Clothing & Textiles, Computers, Electricity, Engineering, Photography, Small Engines, Welding, and Woodworking.

**Leadership and Entrepreneurship:** Citizenship, Entrepreneurship, and Leadership.

**Healthy Living:** Food & Nutrition, Health, Home Environment, Human Development, Physical Fitness, and Safety.

**College and Career Preparation for My Future:** Communications.

**Other:** Consumer Management, Heritage, Shooting Sports, and Theatre Arts.

When completing the 4-H Achievement Application - 4-H Experiences both Part 1 and Part 2, it is important to discuss your experiences in the project area(s) you have circled above. If it is relevant, your Leadership Experiences, Community Involvement/Service Learning Experiences, and Career Spark should also include information about the project area(s) you have circled above.

# 4-H Achievement Application

Form 1-2020 Continued

- Page 3 and 4 are possible Otoe County award areas to consider
- Everyone can check the first box for sure!

Check Here if Applying	AWARD	SPONSOR	APPLICATION PROCESS
	<b>4-H Achievement Application Completion Award</b> - \$20 Cash	Otoe County 4-H Foundation	Completed 4-H Achievement Application - Turn in a successfully completed 4-H Achievement Application. - Can win this award every year
	<b>4-H Council Junior Division Clover Award</b> - 6 awards given - \$50 Clover Dollars to be used at any 4-H Camp, conference, workshop(s), or event(s).	Otoe County 4-H Council	Completed 4-H Achievement Application - 6 Junior (11 & under) awards. - 4-H members who have not received this award in the past will be given first priority. - Needs to be used by September 30, 2021. - Clover Dollars to be used by award winner only.
	<b>4-H Council Intermediate Division Clover Award</b> - 5 awards given - \$75 Clover Dollars to be used at any 4-H Camp, conference, workshop(s), or event(s).	Otoe County 4-H Council	Completed 4-H Achievement Application - 6 Junior (11 & under) awards. - 4-H members who have not received this award in the past will be given first priority. - Needs to be used by September 30, 2021. - Clover Dollars to be used by award winner only.
	<b>4-H Council Senior Division Clover Award</b> - 4 awards given - \$100 Clover Dollars to be used at any 4-H Camp, conference, workshop(s), or event(s).	Otoe County 4-H Council	Completed 4-H Achievement Application - 4 Senior (12 & over) awards. - 4-H members who have not received this award in the past will be given first priority. - Needs to be used by September 30, 2021. - Clover Dollars to be used by award winner only.

# The 4-H Achievement Application

- **Otoe County 4-H Activities Sheet - Form 2-2020**

- Check the contest and activities you participated in during 2020. Keep this form in your book each year, so they can be compiled. If you completed the 4-H Achievement Application in 2019, keep your Form 2-2019 in the book. A fillable form is available online at: [otoe.unl.edu](http://otoe.unl.edu).

2020 Otoe County 4-H Activities Form 2-2020

Name: \_\_\_\_\_

Use this sheet to list individual participation in 4-H activities. Please put a check on the line next to the activity if you participated in it during 2020.

Club Meeting Attendance  
How many meetings? \_\_\_\_\_

List your completed 2020 4-H projects:  
1. \_\_\_\_\_  
2. \_\_\_\_\_  
3. \_\_\_\_\_  
4. \_\_\_\_\_  
5. \_\_\_\_\_  
6. \_\_\_\_\_  
7. \_\_\_\_\_  
8. \_\_\_\_\_  
9. \_\_\_\_\_  
10. \_\_\_\_\_

If you have completed more than ten projects, please list on back.

4-H Leadership  
Club Officer \_\_\_\_\_  
Club Committee Chair \_\_\_\_\_  
4-H Council Member \_\_\_\_\_  
Anything else \_\_\_\_\_

County Judging Contests  
Junior Life Challenge \_\_\_\_\_  
Livestock \_\_\_\_\_  
Horse \_\_\_\_\_

4-H workshops you attended:  
1. \_\_\_\_\_  
2. \_\_\_\_\_  
3. \_\_\_\_\_  
4. \_\_\_\_\_  
5. \_\_\_\_\_

Participated in Speech Contest at:  
County \_\_\_\_\_  
State \_\_\_\_\_

Participated in:  
Specialty Food Auction \_\_\_\_\_

Participated in contests:  
Favorite Foods Revue \_\_\_\_\_  
Culinary Challenge at State \_\_\_\_\_  
Interview Clothing judging \_\_\_\_\_  
Interview Food judging \_\_\_\_\_  
Interview Photography judging \_\_\_\_\_  
Interview Quilt Judging \_\_\_\_\_

Livestock Showmanship  
County Fair \_\_\_\_\_  
State Fair \_\_\_\_\_  
AKSARBEN \_\_\_\_\_

Livestock Herdsmanship  
Carcass Contest \_\_\_\_\_

Shooting Sports at:  
County \_\_\_\_\_  
State \_\_\_\_\_

4-H Camp  
Attended 4-H Camp \_\_\_\_\_  
Served as 4-H Camp Counselor \_\_\_\_\_

Attended State Level event(s):  
Any "UNL Big Red" camp \_\_\_\_\_  
Leadership Conference \_\_\_\_\_  
4-H Horse Stampede \_\_\_\_\_  
NAVY \_\_\_\_\_  
Any other State 4-H event \_\_\_\_\_

Citizenship Washington Focus  
Advisory Committee Member \_\_\_\_\_  
On list to attend \_\_\_\_\_  
Attended this year \_\_\_\_\_

Diamond Clover awards (achieved this year or worked on this year)  
Level 1 \_\_\_\_\_ Level 4 \_\_\_\_\_  
Level 2 \_\_\_\_\_ Level 5 \_\_\_\_\_  
Level 3 \_\_\_\_\_ Level 6 \_\_\_\_\_

Please list your Community Service projects that you worked on either as an individual or as a member of your \_\_\_\_\_

# Achievement Application Items for Response

## My Experiences

- 4-H Experiences (collective and within the last year)
- Leadership Experiences (4-H and non 4-H)
- Community Involvement/Service Learning Experiences
- Career Spark

For the 4-H Achievement Application, prompts are suggested to help organize your thoughts and to help youth respond to experiences as opposed to reporting to checklists. Be creative! Use pictures, bullet lists, tables to tell your story!

# 4-H Experiences

## Part 1

Describe your collective 4-H experiences.

- Indicate the depth and breadth of your 4-H experiences. Identify the number of years in the program.
- Identify program experiences in which you engaged.
- What skills have you learned as a result of being a part of the 4-H program?
- What have you learned about yourself as a result of being a part of 4-H?
- Change over time!

## Part 2

Describe your 4-H experiences within the last 4-H year.

- What was your level of involvement?
- **Identify 2 (juniors) and 3 (seniors)** program experiences that you would consider a “highlight” of your year.
  - Describe these experiences. What did you do? What was involved? Who was a part of this experience? Why did you want to participate? What was accomplished through this experience? What was your favorite part of the experience? What did you learn?
- How will this past year influence your future (i.e., 4-H experience, classroom experience, career, etc.)?

# Example: 4-H Experiences

- I have been a part of 4-H since before I was even born! My parent's met at 4-H camp, so you can say 4-H is in my DNA. I have been an active member of Otoe County 4-H since I was 5 years old. I can still remember how excited I was to finally compete and earn purple ribbons at the Otoe County Fair!
- When I first started 4-H, I only wanted to try one project area: baking. I loved to mix ingredients and make yummy treats. I soon learned 4-H is filled with so many more ways I can grow and learn. I now participate in four county competitions and enter static exhibits in four different project areas.
- Here is a chart of all the ribbons I have earned in the contests in which I have competed:

Contest	Ribbon
Speech Contest	1 Red, 2 Blues, 1 Purple
PSA Contest	1 Red, 3 Purples
Presentation Contest	3 Blues, 3 Purples
Dog Show	2 Blues, 4 Purples,
Favorite Foods Revue	2 Blues

# Leadership Experiences

## Part 1: 4-H Leadership Experiences

Describe your 4-H leadership experiences that have helped build your leadership skills.

- What type of leadership was it? Examples:
  - Roles - Club President
  - Activities - Assisted at a 4-H workshop
  - Experiences - Taught younger 4-H members ....
- When did these experiences occur?
- Identify your part in the experiences:
  - Duties you completed
  - Responsibilities you fulfilled
  - Skills you utilized
- What did you learn about leadership through these experiences?

## Part 2: Non 4-H Leadership Experiences

Describe your non 4-H leadership experiences that have helped build your leadership skills.

- What type of leadership was it?
  - Roles - Student Council Member
  - Activities - Helped organize blood drive
  - Experiences - Read to younger students
- When did these experiences occur?
- Identify your part in the experiences:
  - Duties you completed
  - Responsibilities you fulfilled
  - Skills you utilized
- What did you learn about leadership through these experiences?

# Example: Leadership Experiences

Being a member of the Student Council has been an important part in the development of my leadership skills.

We organized the first ever school Red Cross blood drive, where I learned the following things about leadership:

- It's important to feel confident in stating your opinion.
- I asked my classmates for their opinions before I attended the meetings, so I could truly represent them.
- Public speaking and calling strangers on the telephone are important skills.



# Community Involvement/ Service Learning Experiences

- Describe two times you were involved in volunteer service to others and/or the community through 4-H or other opportunities.
- List the type of involvement.
- When did the experiences occur?
- What were duties, responsibilities, and skills you used to be successful?
- What did you learn in each of your experiences?

# Example: Community Involvement



My 4-H club cleaning up Highway 50!

Picking up trash may not seem like a fun way to spend Sunday afternoons, but the members of our 4-H club love getting together twice a year to pick up trash on Highway 50. Our club has been doing this for over a decade.

We compete to see what is the most unusual piece of trash we can find. I have learned to enjoy serving my community and that when we work together, jobs that may be boring become a lot more exciting. I have also learned that littering is the worst. I will never litter!

# Career Spark

- Describe how your 4-H experiences have “**sparked**” your interest in a future career field.
  - Spark = interests and passions young people have that light a fire in their lives and express the essence of who they are and what they offer to the world (Search Institute)
  - Has 4-H sparked your curiosity about what it would be like to work in a certain career?
  - Have your 4-H experiences had an influence on your academic course selection or your extra-curricular activities?
  - Have you visited with someone about their career?

# Example: Career Spark



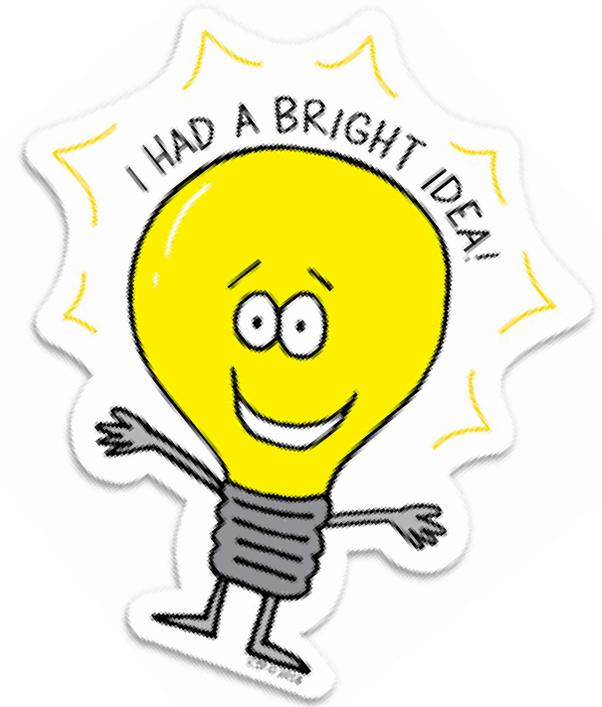
My first summer mixing it up with baking!

My love for baking began in the 5<sup>th</sup> grade as I was working on mastering different cookie making techniques with 4-H. I have continued to learn new skills in baking, and have taken 10 projects to the Nebraska State Fair, earning all purple ribbons. As a result, I want to become a professional baker. Here is a list of things I am doing to follow my spark:

- Enrolled in a French course online. I am starting to learn the language because I want to study at Le Cordon Bleu in Paris, after I earn a degree at UNL. Go Big Red!
- Volunteered as a helper for 4-H Food Science Camp.
- Plan on majoring in business at UNL because I want to be confident in my skills as an entrepreneur when I open my own bakery.

# Ideas on How to Complete

- The follow slides are suggestions for how to approach completing the 4-H Achievement Application.
- They are NOT the ONLY way to do so, but may help you in this process!



## 4-H Experiences

**Begin with:** What experiences have you had in 4-H that were influential/significant?

- Create a list of your experiences. Form 2-2020 can help.
- Every 4-H member nationwide has had an unusual, crazy 2020 year in 4-H. You are not alone!
- Use these references to look for patterns of involvement and help you determine what you have learned up to this point.

# Patterns of Involvement

- **Examples of patterns**

1. Mainly involved in Animal Science projects
2. Variety of projects
3. Just started in 4-H and did everything you could in project
4. Competed in one competition for 8 years and have always earned purples

- **What do these patterns tell you?** Corresponds to above patterns.

1. Very focused
2. Have had diverse experiences
3. Jumped right in and loved it
4. Competing and getting purples tells me I have a real talent at that skill and/or I have learned to apply a great work ethic

# 4-H Experiences Within the Last Year

- Look at your list
- Identify the biggest highlights of the year
- What did you learn, enjoy, and accomplish?

2020 County Speech (Purple)

County PSA (Purple)

State Speech (Purple)

State PSA (Blue)

County Presentation Contest (Purple)

Favorite Foods Revue (Blue)

Club President

## Fair Entries

Healthy Baked Product (Purple)

Scones (Blue)

Whole Wheat Bread (Purple)

4-H Member Scrapbook (Blue)

# 4-H Achievement Application Items

	Junior Achievement Application - 8 to 13	Senior Achievement Application – 14 to 18
Total Number of Pages Allotted for My Experience	3 pages	4 pages
4-H Experiences Part 2: Identify program experiences that were highlights	2 program experiences	3 program experiences
State Wide Awards	None	National 4-H Congress National 4-H Conference Nebraska 4-H Foundation Scholarships
Deadline	October 1	County Deadline = October 1 submitted in hard copy State Deadline = January 15 submitted via email

# State Awards

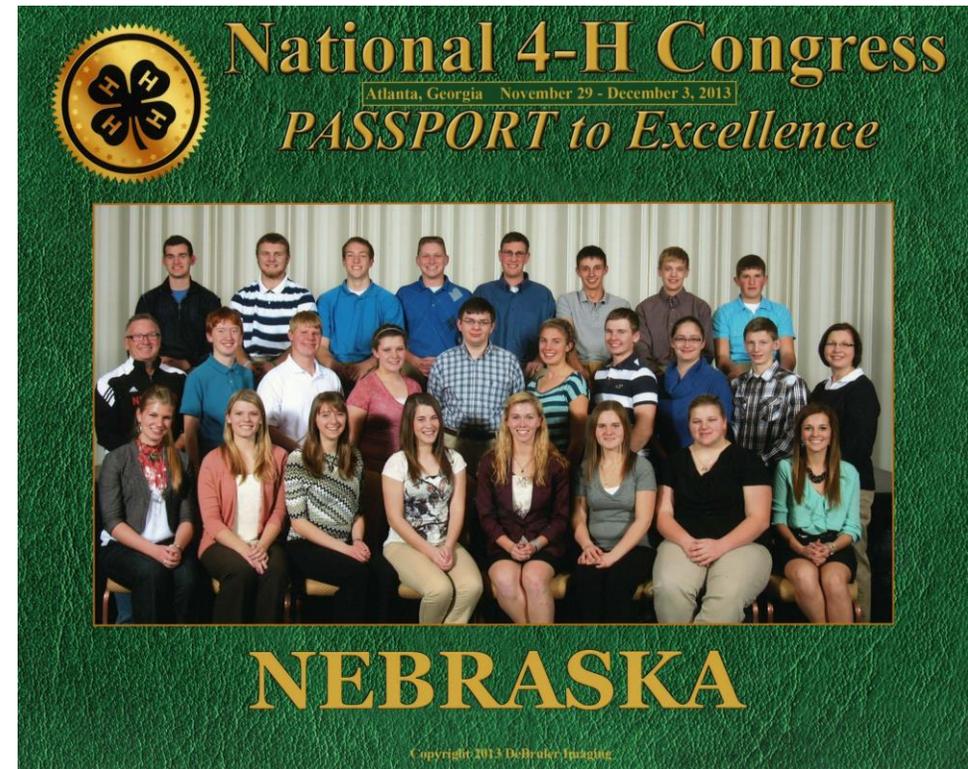
- 4-H members ages 14 to 18 wanting to compete for State Awards will submit their application by **October 1** to the Nebraska Extension in Otoe County Office.
- The State Application is due **online January 15**.
- Five possible areas: 1) Agriculture, 2) STEM, 3) Leadership and Entrepreneurship, 4) Healthy Living, and 5) College and Career Preparation for my future.
- Contact the Nebraska Extension in Otoe County office for assistance.

# What does it mean to be a National 4-H Delegate?

## National 4-H Conference



## National 4-H Congress



# Seniors: Representing Nebraska 4-H Section

- This section is **ONLY** for those 4-H members applying for National Congress and/or National Conference.
- It should be one page
- Two headings should be used for this section:
  - Representing Nebraska 4-H
  - As a Nebraska 4-H Youth Leader, When I Look at My State

# Seniors: Representing Nebraska 4-H

This is the first header for applying for National 4-H events.

- Share why you would like to represent Nebraska 4-H at a national event.
- 4-H members should:
  - Write about their motivation for participating in a national opportunity.
  - Write about how they will share their experiences.
- This is about understanding “**why**” you are applying for this opportunity.
- This should reflect your own experiences and voice.

# Seniors: As a Nebraska 4-H youth leader, when I look at my state:

This is the second header for the applying for National 4-H events.

- Complete the following prompts:
- As a Nebraska 4-H youth leader, when I look at my state, I am proud of....
- As a Nebraska 4-H youth leader, when I look at my state, I am concerned about...
- As a Nebraska 4-H youth leader, when I look at my state, I want to start... in Nebraska.

# Example: As a Nebraska 4-H youth leader, when I look at my state:

- I am proud of the way people in my state come together to help each other in hard times. I was so inspired to see how adults and youth were willing to step up and give all they had to help victims of the flood.
- I am concerned about the increased use of illegal drugs in my school. I am noticing more and more friends talking about illegal drugs as though they are no big deal and won't impact their future. I am concerned more and more friends will start using drugs recreationally.
- I want to start talking about how we can come together to decrease youth illegal drug use in Nebraska.

# Review Sheets

- Comments are intended to encourage our 4-H youth and help them improve their 4-H Achievement Application.
- Juniors/Intermediates – 8 to 13
- Seniors – 14 to 18



**4-H GROWS HERE**



# Questions

Thank you!