



# 4-H Clover Kids Program

## 4-H Discovery Program for 5-7 Year Olds



### Clover Kid Program

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**CHARACTER COUNTS!** and the trustworthiness, respect, citizenship, are an important part of

Nebraska 4-H Programs. We encourage all 4-H youth and their families to make **CHARACTER COUNT!** by celebrating our differences, successes, and learning experiences in a positive and supporting environment.

six pillars of character, responsibility, fairness, caring and the Nemaha County Extension



# Nebraska Clover Kid 4-H Program Nemaha County Extension

The Clover Kid 4-H Program is designed for youth ages 5-7 (by Dec. 31 of the previous year) to become members of the Nebraska 4-H Program at the county level. These youth become eligible for the traditional 4-H Program (8-18 years) when they become 8 years of age as of December 31 of the previous year. Duplicating the “traditional” 4-H program is not the purpose of Clover Kids. Clover Kid programming will be designed with activities and learning opportunities that are safe and developmentally appropriate for this age group.

The Clover Kid program will be developmentally appropriate and involve the following components:

- ◆ Encourage involvement of parent or significant adult
- ◆ Focus on self-esteem and provide positive feedback
- ◆ Foster the development of life skills that are essential for the cognitive, social, emotional, and physical maturation of youth by providing a unique educational opportunity
- ◆ Share through cooperative learning
- ◆ Non-competitive-emphasizing fun and success of every child
- ◆ Programs are activity-focused and not project focused
- ◆ Recognize individuals for participation
- ◆ Present recognition and incentives without rank or placing

## 4-H Educational Philosophy:

The phrase “Learn by Doing” sums up the educational philosophy of the 4-H program. Young people learn best when they are involved in their learning.

## Objectives:

Youth participating in this program will:

1. Experience achievement and reinforcement through age appropriate experiential learning activities.
2. Develop a positive attitude toward self, family and community through positive cooperative environments rather than competitive learning environments.
3. Gain basic subject matter knowledge as well as knowledge in sciences, literature and the arts through available curriculum.
4. Have the opportunity for practicing problem solving and decision-making skills with adult guidance in safe situations.
5. Experience the joy of learning in environments that are supportive, creative, challenging and fun.



**CHARACTER COUNTS!** and the six respect, responsibility, fairness, caring the Nemaha County Extension and

all 4-H youth and their families to make **CHARACTER COUNT!** by celebrating our differences, successes, and learning experiences in a positive and supporting environment.

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## Life Skills

Life skills are defined as abilities, knowledge, attitudes and behavior that must be learned for success and happiness in life. Life skills enable people to adapt to and function effectively in a changing world. The most important life skills for the 5-7 year old group are:

1. Self-understanding: knowing what is unique or special about themselves, learning to be creative.
2. Communication: learning how to give and receive messages appropriately and develop positive social interaction through effective communication.
3. Decision-making: being able to solve problems, to see how their decisions affect others and to take responsibility for those decisions.
4. Learning to Learn: having curiosity about the world around them and the desire and ability to learn more about something that interests them. Learning to share and cooperatively learning together.
5. Mastering Physical Skills: learning to control fine motor skills (such as writing and cutting) and further refining large motor functions (such as jumping and climbing).
6. Value diversity in interaction with others and learning to respect and appreciate differences.
7. Develop a positive attitude toward living a healthy lifestyle by making positive choices in diet and exercise.
8. Learn good character traits and practice them in the family and club setting, developing an attitude and lifestyle that models good character by utilizing Character Counts materials.
9. Interact and respect others through mentoring and role modeling situations with adults and older youth.

## Animal Exhibits for Clover Kids (Nebraska 4-H Policy Handbook, 1/2017)

Animals and animal subject matter can contribute to Clover Kid objectives. However, for safety, liability, and competitive reasons often associated with livestock shows, some restrictions are necessary to maintain Clover Kids program objectives. The Clover Kids program will be developmentally appropriate and involve the following components:

- ◆ Encourage involvement of parent or significant adult
- ◆ Focus on self-esteem and provide positive feedback
- ◆ Foster the development of life skills that are essential for the cognitive, social, emotional and physical maturation of youth by providing a unique educational experience
- ◆ Share through cooperative learning
- ◆ Non-competitive: emphasizing fun and success of every child
- ◆ Programs are activity-focused and not project focused
- ◆ Recognize individuals for participation
- ◆ Present recognition and incentives without rank or placing.

Specific reasons for being cautious with direct large animal involvement are as follow:

- ↗ Children eight and under often lack the mental and physical skills for controlling and understanding the strength of large animals (Livestock Conservation Institute, 1994);
- ↗ Young children may lack the strength, balance, and attention span to adequately manage large animals (American Medical Equestrian Association, 1993).

Because of these reasons, Clover Kids programs involving live animals and livestock species must adhere to the following guidelines:

- ◆ Exhibition includes discussions with youth based on their knowledge of the care and raising of the animal.
- ◆ Exhibitor's show in a non-competitive setting for participation only.
- ◆ Age, size, and temperament of animal projects must be appropriate for the exhibitor's age and size.

- ◆ Horse projects are not allowed or appropriate. Beef animals weighing more than 350 pounds at time of show are not allowed or appropriate for this age group either.
- ◆ Animals that are appropriate for this age group include bucket calf, sheep, swine, goat, dog, poultry, rabbit, cat, and companion animals.
- ◆ There will be one adult/teen volunteer present for every Clover Kid member that is handling or exhibiting animals. This applies to all animal projects.
- ◆ Allowable animals should be no more than six months of age and no more than 350 pounds at time of show.
- ◆ Exhibitors in this age group are not allowed to sell their animal through a livestock sale or premium auction.



## The Clover Kid 4-H Group or Club



1. A separate club for boys and girls in this age group may be organized. They must have a volunteer leader and all parents are strongly urged to become involved in the age appropriate activities of the group.
2. A group may be organized within an existing club, but they **MUST** meet separately with their own leadership team. These 5-7 years olds might possibly be younger brothers and sisters of 4-H members in that club. Parents are strongly urged to become involved in age appropriate activities of this group.
3. It is strongly recommended that Teen and Junior Leaders/Mentors help with activities of the Clover Kid 4-H'ers. This will allow Clover Kids to have positive role models and to be able to shadow an older youth as they progress into the traditional 4-H Program at age 8.
4. 4-H Leaders, Teen Leaders and Parents must always be aware of and take into consideration the philosophy of the Nebraska Clover Kid program to provide age appropriate programming for the 5-7 year olds. Scientifically accepted and documented stages of development and activities for this age level are exclusively to be considered when developing the Clover Kid program within the Nemaha County Unit.
5. Clover Kids are encouraged to participate in events/activities designed for Clover Kids.
6. Clover Kids may not exhibit the same animals or articles in Clover Kid and Open Class Shows.
7. Clover Kids must have their animals vaccinated and use ID's the same as all other 4-Hers. A sheet is included in this booklet for identifying animals. Due June 1 at the Extension Office.
8. Clover Kids need to fill out a pre-entry check sheet and provide a Fashion Show Registration Form and narration for the Clover Kid Fashion Show to the Extension Office. See Clover Kid Narration sheet included in this packet for due date.
9. Clover Kids participating in the Food Revue: Include this activity on the pre-entry check sheet and fill out a Food Revue Registration Form.
10. Clover Kids may fill out a simple record sheet if they choose. This is due September 16<sup>th</sup> in the Extension Office.
11. Every Clover Kid will receive a certificate and be recognized at the 4-H County Achievement Night in the Fall for their participation in the 4-H Program. Their 4-H years of participation will be 3 possible years in Clover Kids and 11 possible years in the traditional 4-H Program.
12. There will be a Clover Kid Committee to plan and facilitate the Clover Kid Day Camp held during the summer.
13. A Clover Kid may advance into the traditional 4-H Program when they turn 8 years of age by December 31 of the previous year.
14. Clover Kids may not participate in Shooting Sports, since it is inappropriate for their age and developmental level.



## 4-H Clover Kids Project Selection Guide/Curriculum

Clover Kids, Parents and Leaders may choose from the following projects chosen by the Clover Kid Coordinators.

Youth may be enrolled in Clover Kids for three years, ages 5-7 as of December 31, of the previous year. They are encouraged to build their projects and skills as they progress through the Clover Kid Program. Some of the projects are complete Curriculum packages with a number of lessons and activities. Local Project books may be used for several years and submitted to the fair only partially completed and may be used again the next year. Parents and Leaders should be careful to not overwhelm the 5-7 year olds with projects and expectations. Manuals that can be used as project books may be exhibited at the fair with other exhibits in that category.

**The curriculum shown below is available from the Nebraska 4-H Project Resource Central.**

- Aerospace - Aerospace 1
- Animal Caretaker
- Citizenship - Family Celebrations Around the World
- Foods & Nutrition – Making Foods For Me
- Home Environment – A Space For Me
- Outdoor Discovery - Just Outside Your Door
- Safety – Bicycle Adventures 1
- Theater – Theater Arts 1

**The curriculum shown below are county only materials developed especially for Clover Kids.**

- Exploring 4-H and Myself
- Exploring Character Counts
- Exploring Crafts
- Exploring Decorate Your Duds
- Exploring Fun With Foods
- Exploring Gardening
- Pet Care
- Exploring Photography
- Exploring Safety
- Exploring My Family and Heritage
- Exploring Theater Arts



## Clover Kid Activities

The activities below may be done by Clover Kids. Not all of these may be available each year. Clover Kids should only be encouraged to do those in which they feel comfortable. (These numbers are used by the Extension Office for reporting participation.)

**Public Speaking Activity** – Clover Kids may participate in the Public Speaking Activity. They may read a favorite book, tell a story, or recite a rhyme or poem. This is part of the Multi-County Communications Contest. **Registration form required.**

**Food Revue** – Clover Kids may participate in the Food Revue. See County **registration form** for details.

**Show & Tell Activity** – Clover Kids may participate in the Show and Tell Activity. They may bring something they have made or tell how to make or do something in which they are familiar. Presentations may be 1 to 3 minutes long, but not more than 5 minutes. The Show and Tell should try to include an opening, body and conclusion. Clover Kids may have an adult help them, but the Clover Kid should be the one talking and showing as much as possible. Mentors may be selected. This activity is part of the Multi-County Theater Arts Contest. **Registration form required.**

**Music Presentation** – Clover Kids may participate in a Music Presentation. Mentors may be selected. This activity is part of the Multi-County Music Contest. **Registration form required.**

**Clover Kid Fashion Show** – Clover Kids may participate in a Fashion Show Activity. Mentors may be selected. This activity is part of the Multi-County Fashion Show. Clover Kids need to provide a Fashion Show Registration Form and narration for the Clover Kid Fashion Show to the Extension Office. See Clover Kid Narration sheet included in this packet for due date.

**Clover Kid Pet Show** – A Clover Kid Pet Show will be held on a special date. A Clover Kid Committee and Superintendent will be named to plan and facilitate the Show at the Fair, with a Jr. Leader designated to interview Clover Kids at the Show. The Clover Kid Pet Show Entry Sheet is due in the Extension office by June 1<sup>st</sup>. (Vaccination forms will be required for dogs & cats shown in the pet show.)

**County Fair Exhibitor** – A Clover Kid Committee and Superintendent will be named to plan and display exhibits at the Fair, with Jr. Leaders designated to interview Clover Kids when they enter their projects on Entry Day. Clover Kids will receive a rainbow ribbon for their fair exhibits. They must be enrolled in the project (online) in which they plan to bring exhibits.

**County Workshops & Day Camps** – Specifically for Clover Kids. Exhibits may be entered in the fair.

### **Other activities:**

- County Fair Volunteer
- Record Sheet – Included in this packet and due in the Extension Office on September 16.
- Recognition Events – Achievement Night - Clover Kids will be included in Achievement Night and will receive recognition.
- Camp Participant Regional-Specifically for Clover Kids
- Family Events/Camps for the entire family

**Clover Kids may be included in the above activities, only if there is a specific program or a planned special part to the activity for their age and developmental level.**

# 2018-2019 CLOVER KID FAIR BOOK GUIDELINES

## DEPARTMENT Z - DIVISION 100 - CLOVER KIDS

Division 100 Classes 901-914, 920-925

Pay Category B

### GENERAL RULES

- A.** The Clover Kids 4-H Program is designed for youth ages 5-7 years (January 1 of the current year) to become members of the Nebraska 4-H Program at the local county level. All Clover Kids activities will be non-competitive with Clover Kids receiving Rainbow Ribbons for participation at the County Fair and County Fair activities especially scheduled for them.
- B.** Youth participating in this program will:
1. Experience achievement and reinforcement through age appropriate experiential learning activities.
  2. Develop a positive attitude toward self, family and community through positive cooperative rather than competitive learning environments.
  3. Gain basic subject matter knowledge as well as knowledge in sciences, literature and the arts through available curriculum.
  4. Have the opportunity for practicing problem solving and decision-making skills with adult and youth mentor guidance in safe situations.
  5. Experience the joy of learning in environments that are supportive, creative, challenging and fun.
- C. ENROLLMENT - Clover Kids must enroll in projects by June 1<sup>st</sup>.**
- D. PRE-ENTRY Deadlines**
1. Activities – Require registration forms. Deadlines are specific to each activity. See registration forms.
  2. Projects – Enroll in the Clover Kid Project in 4HOnline by June 1<sup>st</sup>.
  3. Clover Kid Pet Show – Turn in Animal ID & Entry Sheet by June 1<sup>st</sup>. Clover Kids must follow all other animal requirements according to the Animal ID sheet in the current year's Clover Kids Booklet.
- ~~Animal IDs, Activity Pre-Entry Sheets (found in the Clover Kids Booklet) must be in the Extension Office by June 1<sup>st</sup>. Clover Kids Pet Show animals must be properly identified on a separate Clover Kids ID Sheet and include date of animal's birth.~~
- E. ENTRY AND INTERVIEWS -** Clover Kids may enter County Fair exhibits from the project areas listed below. Exhibits will be brought at the same time as all other static exhibits. Clover Kids will have the opportunity to be interviewed about their projects when they come on entry day. If more than one (1) item is entered in a class, put the exhibits together in either a plastic zip-lock bag or a small box to keep them together. Clover Kids may exhibit in as many classes (from the following list) as they have completed projects.
- F. RECOGNITION -** Clover Kids will receive Participation (Rainbow) ribbons and a \$1.00 premium for each class they enter, including the Clover Kid Activities listed below. Animal projects are brought the day of the Clover Kid Pet Show and taken home after the show.
- G.** A summary of the new policy from the State 4-H Office on Clover Kids and Animal projects is included in the Clover Kids booklet. It states what the maximum participation level can be, with final decisions based on the 4-H Council for the 5-7 year olds.
- H.** Clover Kids are not eligible to judge in Judging Contests.
- I.** CHARACTER COUNTS! and the six pillars of character, trustworthiness, respect, responsibility, fairness, caring and citizenship, are an important part of the Nemaha County and Nebraska 4-H Programs. We encourage all 4-H youth and their families to make CHARACTER COUNT! by celebrating our differences, successes and learning experiences in positive and supporting environment.

### DEPARTMENT Z - DIVISION 100 - CLOVER KIDS PROJECTS

C)CLASS	901	Exploring 4-H & Myself
C)CLASS	902	Pet Care/Animal Caretaker (Animal Science)
C)CLASS	903	Exploring Safety/Bicycling Adventures I (Safety)
C)CLASS	904	Exploring Crafts/A Space For Me (Home Environment)
C)CLASS	905	Exploring Photography
C)CLASS	906	Clothing - Decorate Your Duds
C)CLASS	907	Fun With Food/Making Foods for Me (Food & Nutrition)
C)CLASS	908	Exploring Gardening
C)CLASS	909	Just Outside the Door (Outdoor Discover)
C)CLASS	910	Aerospace 1
C)CLASS	911	Exploring My Family and Heritage/Family Celebrations Around the World (Citizenship)
C)CLASS	912	Exploring Theater Arts/Theater Arts 1: Playing the Role
C)CLASS	913	Exploring Character Counts!
C)CLASS	914	Clover Kid Day Camp, Workshop, or Other Exhibit



**DEPARTMENT Z - DIVISION 100 - CLOVER KID ACTIVITIES**

**Clover Kids may also participate in the following activities:**

- C)CLASS 920 Public Speaking Activity (See Communications Contest)** - May read a favorite book, tell a story, recite a rhyme, poem, 4-H Pledge, or Pledge of Allegiance. Time limit under 3 minutes.
- C)CLASS 921 Show and Tell Activity (Held at Presentations Contest)** May bring a pet, something they have made or tell how to make or do something in which they are familiar. Presentations may be one to three minutes long but not more than 5 minutes. The presentation should try to include an opening, body and conclusion. Clover Kids may have an adult to help them, but the Clover Kids member should be the one talking and showing as much as possible.
- C)CLASS 922 Clover Kid Pet Show**
- C)CLASS 923 Fashion Show**
- C)CLASS 924 Music**
- C)CLASS 925 Food Revue**



# CLOVER KID CHECKLIST



**ENROLLMENT DEADLINE:** In order to exhibit at the County Fair, Clover Kids must be enrolled in 4-H Online by June 1<sup>st</sup> and in the projects they wish to participate in.

Projects are in **bold**.

**General Clover Kids Program** This project includes:

- Exploring 4-H & Myself
- Pet Care
- Exploring Safety
- Exploring Crafts
- Exploring Photography
- Exploring Decorate Your Duds (Clothing)
- Exploring Fun With Food
- Exploring Gardening
- Exploring My Family & Heritage
- Exploring Theater Arts
- Exploring Character Counts!

**Animal Caretaker**

**Bicycle Adventures 1**

**A Space for Me**

**Making Foods for Me**

**Just Outside My Door (Outdoor Discover)**

**Aerospace 1**

**Family Celebrations Around the World**

**Theater Arts 1: Playing the Role**

**CLOVER KID PET SHOW:** In order to participate in the Clover Kid Pet Show held during the County Fair, Clover Kids must turn in the **Clover Kid Animal ID & Entry Sheet** included in this packet by **June 1<sup>st</sup>**. This also includes vaccination forms for cats & dogs.

**CLOVER KID ACTIVITIES:** In order to participate in Clover Kid Contests, Clover Kids must complete the registration form for each contest by the deadline on each form. Contests include:

- Clover Kid Public Speaking Activity (Communications Contest-May)
- Clover Kid Show & Tell Activity (Presentations Contest-May)
- Clover Kid Music Presentation (Music Contest-June)
- Clover Kid Food Revue (Food Revue-June)
- Clover Kid Fashion Show (Fashion Show-August) (along with registration form you need the narration sheet included in this packet)

**CLOVER KID DAY CAMP:** Clover Kid Day Camp registrations are due June 3<sup>rd</sup>. Clover Kids who are enrolled in 4-H and attend Clover Kid Day Camp are encouraged to bring their projects from camp to be exhibited at the Fair. (Div 100 Class 914)

**CLOVER KID EXHIBITS AT THE FAIR:** Clover Kids will bring their exhibits (including horticulture) to the 4-H Building on the Monday prior to the beginning of County Fair. Clover Kids will be interviewed by Jr. Leaders. The office would like to print Exhibit Tags for these exhibits. It would be helpful to fill out the Static Exhibit Entry Form on the next page and turn it in by June 28<sup>th</sup>.









# 4-H Clover Kid Record Sheet

A 4-H Discovery Program for 5-7 year olds

**Due by September 16<sup>th</sup> to the Extension Office**

My Name Is \_\_\_\_\_

My Address Is \_\_\_\_\_

I belong to the \_\_\_\_\_ 4-H Club.

This is my \_\_\_\_\_ year in 4-H Clover Kids.

I am in the \_\_\_\_\_ grade in school.

The 4-H projects I worked on this year were \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

The 4-H activities I did this year were

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Draw a picture of your favorite part of being a Clover Kid.



# 4-H CLOVER KIDS ARE AWESOME!

Here are some pictures of me in 4-H Clover Kids!