

FOOD REVUE

GENERAL RULES –

- A. 4-H members are eligible to participate in all contests regardless of projects carried except for the Fashion Show and Shooting Sports Contests. Project enrollment is required for these contests.
- B. **REGISTRATION & PRE-ENTRY**
- **Registration Form is required for:** Communications Contest/Music Contest/Food Revue/Theater Arts Contest/Fashion Show (see deadline to register on each form)
 - **YELLOW Contest Entry Form:** Horticulture Judging Contest/Wildlife Judging Contest/Life Challenge/ATV & Tractor Driving Contest/Livestock, Dairy & Horse Judging Contests (by June 15th)
 - **BLUE Shooting Sports Contest Entry Form:** All Shooting Sports Contests (by June 15th)
- If contests are not pre-entered as required, 4-Her's may still participate but will lose premium for that event.
- C. **Participants in Activities & Contests are divided into age group divisions (senior, intermediate, and junior). These age divisions differ from contest to contest so pay careful attention when registering.**
- D. **RECOGNITION:** All 4-H members participating in these contests will be recognized as follows:
1. A premium and ribbon will be awarded to all participants.
 2. The top three contestants in each class will receive medallions: Gold - 1st place, Silver - 2nd place, Bronze - 3rd place.
- F. **DRESS CODE** – See Dress Code under GENERAL RULES (pg. 2)

DEPARTMENT B - DIVISION 170 - 4-H FOOD REVUE

Division 170 Classes 901-903

Pay Category C

FOOD REVUE CONTEST RULES:

1. Open to any 4-H member, regardless of 4-H projects carried.
2. Registration forms will be required. Watch the 4-H Newsletter for registration forms and deadlines.
3. The exhibit will consist of the following:
 - **The recipe** of the food item on a 4" x 6" card. The recipe does not have to come from a 4-H manual.
 - **A menu** showing the use of the food item, 4" x 6" in size, on your choice of medium (index card, ceramic tile, chalkboard, etc.), to share with the judge. Use the correct form for writing the menu. Ask for EC 9-43-77 "Writing a Menu."
 - **One place setting.**
 - **A centerpiece.**
 - **The prepared food**, comparable in skill difficulty to the age and experience of the exhibitor. The food should be different than shown in previous years. Food may be prepared at home and brought or can be prepared at the contest, if it will get done before your interview. NOTE ABOUT RAW EGGS – Raw eggs **cannot** be used in food exhibits like a frosting/glaze that is not cooked or baked. You can use powdered eggs or meringue powder in place of raw eggs. If the raw eggs are cooked or baked in a recipe, they **can** be used for exhibits in the Nemaha County Food Revue. After they are cooked/baked, they are no longer raw eggs. Please keep this in mind when preparing your food exhibits.
 - **The 4-H member is to bring their own card table and set up their display on the date of the contest.** He/she may want to choose to center their display around a special occasion, a holiday, a family outing, etc. and coordinate centerpiece, place settings (china, crystal, silver). Disposable place settings could also be used in a very creative way. The 4-H Food Revue will be judged by the interview method. 4-H members will not make a presentation in front of other participants. Rather, they will visit individually with the judge. 4-H members should be knowledgeable about their food product; its preparation, nutritional value, cost, etc.; as well as, their menu, table service, and planned occasion for serving. Participants should also dress appropriately for the contest.
4. Following judging, a sampling of foods shown will be an option available to exhibitors and audience. Plates and plastic utensils will be provided. A beverage will also be furnished.
5. If desired, 4-H members may want to make additional copies of their recipe to share with the audience and other participants.

C)CLASS 901 Senior Division - (14-18 years)

C)CLASS 902 Intermediate Division - (10-13 years)

C)CLASS 903 Junior Division - (8-9 years)

SEE CLOVER KID SECTION Clover Kids - (5-7 years)