



Merrick County Fair Pre-Entry Form  
Healthy Lifestyles Education- 2018  
DUE JULY 10



First and Last Name of Exhibitor: \_\_\_\_\_

4-H Age (as of January 1): \_\_\_\_\_ 4-H Club \_\_\_\_\_ FFA Chapter: \_\_\_\_\_

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**Please check the appropriate box for classes.**

**General:**

- HL-900-01. Hard Luck

**SAFETY** - one entry per class number.

- E-440-001. First Aid Kit
- E-440-002. Disaster Kit
- E-440-003. Safety Scrapbook
- E-440-004. Safety Experience
- E-440-005. Careers in Safety

**FIRE SAFETY** - one entry per class number.

- E-450-001. Fire Safety Poster
- E-450-002. Fire Safety Scrapbook
- E-450-003. Fire Prevention Poster

**ATV** - one entry per class number.

- E-460-001. You Be the Teacher

**TRACTOR SAFETY** - one entry per class number.

- E-460-002. Tractor Safety Scrapbook
- E-460-003. Tractor Demonstration Display

**SPECIAL FOODS** - one entry per class number.

- E-400-001. Gift From the Kitchen in a Recycled Package
- E-400-002. Recipe Challenge, Muffins
- E-400-003. Family Food Exhibit
- E-400-004. You Be the Teacher
- E-400-005. Food Made with Amish Friendship Bread Starter
- E-400-006. Food Flop - Non-competitive

**DECORATED FOOD ITEMS**- one entry per class number.

Beginning Division:

- E-400-007. Graham Cracker Gingerbread House (first year)
- E-400-008. Decorated Gingerbread House
- E-400-009. Decorated Cake or Cupcake
- E-400-010. Decorated Box, Bowl, Block, etc.
- E-400-011. Any Other Decorated Food Item

Advanced Division

- E-400-012. Decorated Gingerbread House
- E-400-013. Decorated Cake or Cupcake
- E-400-014. Decorated Box, Bowl, Block, etc.
- E-400-015. Any Other Decorated Food Item

## Healthy Lifestyles Education– 2018 continued

### GENERAL FOODS

- E-350-001. Food Science Explorations
- E-350-002. Foods, and Nutrition - Poster, Scrapbook, or Photo Display
- E-350-003. Physical Activity and Health Poster, Scrapbook, or Photo Display

### COOKING 101 - one entry per class number.

- E-401-901. Cookies
- E-401-902. Muffins
- E-401-903. No Bake Cookies
- E-401-904. Cereal Bar Cookie
- E-401-905. Granola Bar
- E-401-906. Brownies
- E-401-907. Snack Mix

### COOKING 201 - one entry per class number.

- E-410-001. Loaf Quick Bread
- E-410-002. Creative Mixes
- E-410-003. Biscuits Or Scones
- E-410-004. Healthy Baked Product
- E-410-005. Coffeecake
- E-410-006. Baking With Whole Grains
- E-410-007. Non-Traditional Baked Product

### COOKING 301 - one entry per class number.

- E-411-001. White Bread
- E-411-002. Whole Wheat Or Mixed Grain Bread
- E-411-003. Specialty Rolls
- E-411-004. Dinner Rolls
- E-411-005. Specialty Bread
- E-411-006. Shortened Cake NOT FROM A CAKE MIX!

### COOKING 401- one entry per class number.

- E-412-001. Double Crust Fruit Pie
- E-412-002. Family Food Traditions
- E-412-003. Ethnic Food Exhibit
- E-412-004. Candy
- E-412-005. Foam Cake
- E-412-006. Specialty Pastry

### UNIT 1 FREEZING PROJECT MANUAL- one entry per class number.

- E-407-001. Baked Item Made With Frozen Produce

### UNIT 2 DRYING PROJECT MANUAL- one entry per class number.

- E-407-002. DRIED FRUITS
- E-407-003. FRUIT LEATHER
- E-407-004. VEGETABLE LEATHER
- E-407-005. DRIED VEGETABLES
- E-407-006. DRIED HERBS
- E-407-007. BAKED ITEM MADE WITH DRIED PRODUCE/HERBS

**UNIT 3 BOILING WATER CANNING MANUAL-** one entry per class number.

- E-407-008. 1 JAR FRUIT EXHIBIT
- E-407-009. 3 JAR FRUIT EXHIBIT
- E-407-010. 1 JAR TOMATO EXHIBIT
- E-407-011. 3 JAR TOMATO EXHIBIT
- E-407-012. 1 JAR PICKLED EXHIBIT
- E-407-013. 3 JAR PICKLED EXHIBIT
- E-407-014. 1 JAR JELLED EXHIBIT
- E-407-015. 3 JAR JELLED EXHIBIT

**UNIT 4 PRESSURE CANNING PROJECT MANUAL-** one entry per class number.

- E-407-016. JAR VEGETABLE OR MEAT EXHIBIT
- E-407-017. 3 JAR VEGETABLE EXHIBIT
- E-407-018. 3 JAR MEAT EXHIBIT.
- E-407-019. QUICK DINNER
- E-407-020. JAR TOMATO EXHIBIT
- E-407-021. 3 JAR TOMATO EXHIBIT