



## Patchwork Pillow

Pattern from the 4-H Sewing for Fun Packet - 1989

### Sewing Skills You Will Learn

1. Measure and tear or cut fabric to size.
2. Stitch 1/2" seam allowances.
3. Backstitch
4. Match seams.
5. Press seams open.
6. Pivot at corners.
7. Trim seam.
8. Slip stitch/whip or overhand.

### Supplies Needed:

- 1/3 yd. of two contrasting woven fabrics 44-45" wide.
- Matching thread.
- 1 bag polyester fiberfill or a 16" pillow form.

Step 1. Prewash all fabric.

Step 2. Straighten crosswise grain of fabric.

Step 3. Cut 4 -9" squares from each piece of fabric. You have a total of 8 squares. Cut squares accurately so when joining them together they will be exact.

Step 4. Join 2 -9" contrasting squares together with a 1/2" seam allowance. Join the remaining two squares. Press seams open. Do the same for the remaining 4 pieces of fabric.

Step 5. Join 2 sections together with a 1/2" seam allowance to create the patch-work pillow top. Join other two sections for back of pillow. Be sure seams meet at center. Press seams open.

Step 6. If you are stuffing the pillow, pin front to back, right sides together. Be sure to match the seams. Beginning in the middle on one side, stitch a 1/2" seam allowance around the pillow, pivoting at corners. Leave a 4" opening for pillow stuffing. If you are using a pillow form, stitch on three sides of the pillow in a 1/2" seam allowance. The fourth side is left open for putting in the pillow form.

Step 7. Trim corners diagonally to reduce bulk. Press seams open. Turn pillow right side out. Use a point turner to push out corners.

Step 8. Stuff pillow or insert pillow form.

Step 9. Check out the video to learn 2 hand stitching techniques to close the pillow opening.