



4-H Family Newsletter

March 2022

Nebraska Extension in Madison County
1305 South 13th Street Norfolk, NE 68701
Phone: 402-370-4040

Website: www.madison.unl.edu
Like Us on Facebook: www.facebook.com/UNLMadisonCounty



125 days until fair

Enroll by April 1

v2.4honline.com

Each 4-H member and volunteer must enroll for the 2021-2022 year! Use the link above to join.

Dues for the current year are:

- \$5 for youth (age 5 to 18 as of January 1)
- \$1 for adults



Use your old email and password to sign in.

This year, online payment via credit card will be an option. You must either pay the Extension Office with cash or check or pay online with credit card. Enrollment will be accepted once payment is received.

Contact Sarah or Kristen for help enrolling! Call 402-370-4040 to make an appointment.

4-H Club Leader Meeting

Join us Tuesday, March 8 from 7 to 8 p.m. at the Extension Office or on Zoom for the latest news, updates, materials, and more!

One leader or representative from EACH club MUST attend. A zoom link will be provided if requested.

Contact Sarah at 402-370-4040 or spolacek2@unl.edu if unable to attend.

Join 4-H Today!

Recruit new members by sharing our new enrollment webpage complete with information about the 4-H program and how to enroll!

<https://extension.unl.edu/statewide/madison/join-4-h-today/>

Bake and Take Month



March is Bake and Take Month! During March, wheat organizations encourage people to bake a wheat good and give it to others. Bake a product made with wheat then share with a neighbor, friend, or relative!



4-H Garage Sale— April 18-23 Volunteer Opportunity

Manpower is needed from 4-H families and clubs to accept donations, set up and tear down, price items, and help during the event. Volunteer for any day at <https://forms.gle/JC6Kf5XNVZz7YSto6>

Bonus Coupon to shop at the garage sale will be given to volunteers and donors for



Quilt of Valor Nominations

We are very excited that the Quilts of Valor so many of you have helped with over the past two years are going to be awarded during the 2022 Madison County Fair and Rodeo!

More details about the award ceremony will come later, but right now nominations are being collected. Active servicemen and living veterans who received honorable discharge are eligible.

Nomination guidelines are included on the nomination form available at madison.unl.edu

Submit nominations to the Extension Office by Friday, April 1.

2022 Madison County Fair & Rodeo

Tickets go on sale **March 5** at etix.com

Three nights of rodeo!



Entertainment for
Saturday, July 9

Entertainment for
Sunday, July 10



Youth Horticulture ID Contest

The Northeast Nebraska Master Gardeners will be hosting a Youth Horticulture ID Contest at their annual Plant Fair & Market on Saturday, April 23. All youth ages 8-18 are encouraged to participate. Contestants will be required to sight ID horticultural plants to the accepted common name.

Contest is free but all participants must preregister by April 21. Contact the Extension Office at 402-370-4040.

Contest Details

Date: Saturday, April 23, 2022

Time: Competition begins 10:00 am

Awards Presented 11:15 am

Location: Chuck Pohlman Ag Complex, Northeast Community College, Norfolk

Prizes (awarded to each age bracket):

- 1st Place - \$25 cash AND \$25 gift certificate for the Master Gardener Plant Booths
- 2nd Place - \$10 cash AND \$15 gift certificate for the Master Gardener Plant Booths
- 3rd Place - \$10 gift certificate for the Master Gardener Plant Booths

Age Brackets:

- Junior – 8-11 years old
- Intermediate – 12-14 years old
- Senior – 15-18 years old

~~~~~

## Youth Volunteer Opportunity

The Northeast Nebraska Master Gardeners could use your help! Youth volunteers are needed at annual Plant Fair & Market at the Northeast Community College Chuck Pohlman Ag Complex in Norfolk. Help the patron take items to their vehicle; wagons will be available.

The plant fair is Friday, April 22 from 5 to 8 p.m. and Saturday, April 23 from 9 am to 3 pm.

Call the Extension Office at 402-370-4040 by April 15 to sign up for a time.



# 4-H AT HOME IN MADISON COUNTY

The featured project for March is....

## 4-H BAKE AND TAKE!

TAKE HOME KITS!

DEVELOP A NEW  
SKILL!

HANDS ON  
LEARNING

ONCE A MONTH!

LIMITED # OF KITS  
WILL BE  
AVAILABLE!

PICK UP THE WEEK OF  
MARCH 21



COST:  
\$10/KIT

Learn about wheat this month! Complete the science experiment to exhibit at the fair while making this simple HOMEMADE cake, one for you and one to share with a neighbor!

For more than 40 years, Bake and Take Month has been an opportunity to celebrate relationships with friends and family by baking and sharing treats. The purpose of Bake and Take Month is to encourage participants to bake a product made from wheat and take it to a neighbor, friend or relative.

~Cindy Falk, nutrition educator of Kansas Wheat & coordinator of Bake & Take Month

Open for ages 5 and up. *Limited kits available.*

Register at: <https://forms.gle/2Z5YpCKoSj15soUU8>

Project Area: Department E, Division 411 Cooking 301, Class 6: Shortened Cake  
or Department E, Division 350 General Foods, Class 1: Food Science Exploration

Nebraska Extension  
Madison County  
1305 S. 13th St.  
Norfolk, NE 68701  
402-370-4040  
[spolacek2@unl.edu](mailto:spolacek2@unl.edu)

CONTACT US:

To learn more, visit us  
[madison.unl.edu](http://madison.unl.edu)



# 4-H Speech and PSA Contest

Practice your public speaking skills at the Madison County Speech and PSA Contest **Monday, April 25 at 6:00 p.m.** at the Extension Office.

Registration is due Friday, April 15. Contact Kristen at [kgrant3@unl.edu](mailto:kgrant3@unl.edu) or 402-370-4040 to sign up for the contest.

PSAs must be submitted April 15 to be judged prior to the contest.

We would love to help you prepare a speech or practice! Contact Sarah or Kristen at 402-370-4040 to set up a time! Or find resources at <https://4h.unl.edu/public-speaking>

## PUBLIC SPEAKING CONTEST

Purple \$4.00 Blue \$3.50 Red \$3.00

NO costumes, props, visual aids, etc. will be allowed. Note cards are acceptable.

Select the purpose of the speech, whether to inform, entertain, persuade, or motivate the audience. Organization should include an introduction (capture attention and provide central thought of speech), the body (present main points through discussion and examples), and a conclusion (restate central thought and summarize points). Acknowledge the source of information used in the speech. For example, an article from a magazine may be used for reference and should be cited if directly quoted.

Contestants must qualify at the regional contest to compete in the state competition. Only senior division PSA and Speech Regional winners will advance to the state competition.

- Cloverbuds – Ages 5 to 7 (reading a poem, story or speech)
- Novice – Age 10 and under and has never given a speech before (under 3 minutes)
- Junior Division – Age 8 to 10 as of January 1; has given speech before (1 to 3 minutes)
- Intermediate Division – Age 11 to 13 as of January 1 (3 to 5 minutes)
- Senior Division – Age 14 to 18 as of January 1 (5 to 8 minutes)

## PUBLIC SERVICE ANNOUNCEMENT

*Did you know US92 will record your PSA and add sound effects? Or come to the Extension Office and we will help you write, record, and fine-tune your PSA!*

Purple \$4.00 Blue \$3.50 Red \$3.00

Public Service Announcement – must be 60 seconds. The state theme for 2022 is “Opportunity 4 All”.

Must promote 4-H and be general enough to be used anywhere in Nebraska any time of the year. Include the following tag line in the last 10 seconds of the PSA: “Learn more about the Nebraska Extension 4–H Youth Development Program at [4h.unl.edu](http://4h.unl.edu)”. Include the within the 60-second total time limit. Sound effects and public domain music may be used. Copyrighted material may not be used. Radio PSA’s will only be submitted to the regional and state competitions electronically as a .wav or mp3 format.

- Junior Division – Age 8 to 10 as of January 1
- Intermediate Division – Age 11 to 13 as of January 1
- Senior Division – Age 14 to 18 as of January 1



## Accepting Donations and Volunteers

Open to 4-H families only: donate clean, good-quality items. All proceeds from the sales will go toward the Madison County 4-H Program. Items not sold will be donated at the close of the event. Families and clubs volunteer here: <https://forms.gle/JC6Kf5XNVZz7YSto6>

### Donation times:

- Monday April 18, from 10 a.m. to 1 p.m.
- Wednesday April 20, from 4 to 6 p.m.
- Friday, April 22 from 9 a.m. to noon

All who donate will receive a coupon to use for shopping during the event!

**Please call the office at 402-370-4040 if you have questions regarding a donation.**

### Items to donate include:

- Clean clothing of all sizes (no animal hair or stains, etc.)
- Households items
- Small furniture (i.e. end tables, lamps, chairs, etc.)
- Lots of others stuff!

### The following will NOT be accepted:

- Electronics
- NO large furniture, mattresses, large appliances, building / plumbing materials, bean bag chairs, cribs, auto parts, firearms

Contact 402-370-4040 with questions  
or e-mail Sarah at [spolacek2@unl.edu](mailto:spolacek2@unl.edu) or Kristen at [kgrant3@unl.edu](mailto:kgrant3@unl.edu)

*Staff and volunteers have the right to deny select items.*

# 2022 4-H Fair Book Changes

The following changes will be reflected in the 2022 4-H Fair Book;

## New Classes

### Shooting Sports

- ◆ C347901: Fair Shoot (replaces Shooting Sports Scoresheets)

### Legos

- ◆ Nebraska 4-H Month Lego Challenge

### Outdoor Adventures

#### Level 1

- ◆ Map
- ◆ Collage
- ◆ Camping / Hiking Safety
- ◆ Camping / Hiking Gear

#### Level 2

- ◆ Poster
- ◆ Journal / Binder
- ◆ Camping / Hiking Safety
- ◆ Digital Media
- ◆ Other Camping Items

#### Level 3

- ◆ Poster
- ◆ Journal / Binder
- ◆ Expedition Safety
- ◆ Digital Media
- ◆ Other Expedition Items

### Entomology

- ◆ Special Entomology Project
- ◆ Special Entomology Project Display

### Forestry

- ◆ Forest Production Display
- ◆ Forest Health Display
- ◆ Wildlife Prevention Poster
- ◆ Sustainable Landscape Diorama
- ◆ Tree Planting Project Display

### Welding

- ◆ Welding Art

### Sheep

- ◆ Cloverbud Sheep

### New DEPARTMENT

Visual Arts will include Sketchbook Crossroads and Portfolio Pathways at the Nebraska State Fair. This does not change anything for the county fair level other than more entries at the State Fair.

## Deleted Classes

- ◆ Design Decisions: C257005 Community Service Activity
- ◆ Teaching Tradeshow: B152 entire division
- ◆ Digital FilmFest: B153: entire division
- ◆ Communications: B154 entire division
- ◆ Shooting Sports: C347902 Record Book
- ◆ Computers: H860007 3D Pen Creation
- ◆ Robotics: H861003 Robotics Video AND H861006 Build a Robot
- ◆ Woodworking: H911002 AND H911007 Woodworking Display
- ◆ M999948 and M999949: Pinterest and Failed Pinterest Project

## Changes

Make sure to double-check guidelines in the new book as you prepare your projects for fair! The following projects have changes:

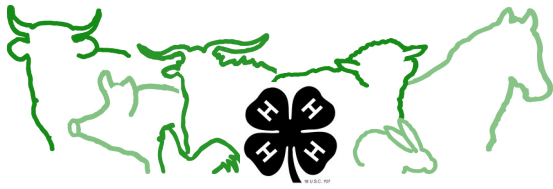
- ◆ Floriculture: Label cultivar / variety individually
- ◆ Wildlife and How They Live
- ◆ Harvesting Equipment
- ◆ Computers
- ◆ Fashion Show: Upcycled garments and nightwear / loungewear can now be modeled at the State Fair
- ◆ Caring Correspondence moved to miscellaneous division instead of communications

## Date / Time Changes

- ◆ Food and Horticulture Judging: Wednesday, July 6 from 9 a.m. to NOON
- ◆ Horse Events Wednesday, July 6: Breakaway Roping, Dally Steer Roping, Roping, Stationary Roping, Working Ranch, Goat Tying
- ◆ Presentation Contest Date and Time: Saturday, July 9 at 2:00 p.m. at the Fairgrounds

## Rule Addition

Rule 14. All Exhibits must be age-appropriate and contain content suitable for a 4-H member ages 5-18. Questionable content will be discussed for approval at the discretion of the superintendent and 4-H Council, if deemed necessary.



# 4-H Livestock News

## Virtual Companion Animal Challenge Contest

Love small animals? The Companion Animal Challenge offers a variety of contests that do not require live animals, including a Demonstration Contest, Essay Contest, Art Contest, and Photography Contest. Youth can display their companion animal knowledge through these contests both as individuals and as part of a team.



The 2022 4-H Companion Animal Challenge will be held virtually. Online entry forms are due by 5:00 p.m. on April 1.

Entry fees will be \$5 per contest. T-shirts are available for \$15 through the entry form.

More information can be found at: <https://4h.unl.edu/companion-animal/challenge>

Watch this video for tips and suggestions for the Virtual Companion Animal Challenge Contest: <https://www.youtube.com/watch?v=4yjQ7sNpyuo>

## Dog Club in Madison County

Anyone interested in learning more about showing dogs or forming a dog club in Madison county should contact Sarah at 402-370-4040 or [spolacek2@unl.edu](mailto:spolacek2@unl.edu)

For general dog show information, visit <https://4h.unl.edu/dog-show>



## 2022 District 4-H Horse Shows

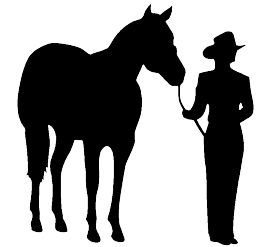
June 6: Chadron

June 7: Guide Rock

June 8: Albion

June 9: Raymond

June 10: Kearney



## 2022 State 4-H Horse Show

July 9-13 at Fonner Park in Grand Island

## Intro. to Basic Horse Knowledge & Management

This clinic is open to all who are interested in learning more about horses, their health, nutrition, body parts, and more! Expand on your horse knowledge and ask questions!

This introductory virtual horse clinic will be held each Monday during the month of March.

- Dates: March 7, 14, 21, & 28
- Time: 6:00 to 7:30 p.m.
- Cost: \$50

Deadline to sign up to receive kits by the start of the clinic is February 21. You may still sign up to participate all the way up to March 7 but cannot guarantee arrival of kit by clinic time.

Register at: <https://cvent.me/yGwxAl>

Provide a working email to receive Zoom links and additional information regarding the workshop. Each participant will receive an interactive kit.

Questions? Contact Grace Kim at [grace.kim@unl.edu](mailto:grace.kim@unl.edu)

## Livestock Quality Assurance 2022



The LearnGrow platform that is used to register for online and in-person YQCA classes will be changing on March 23.

Please **DO NOT** register for any upcoming classes. If you have completed your class for 2022 either in-person or online print your certificates and get them to Sarah at [spolacek2@unl.edu](mailto:spolacek2@unl.edu). You must print them prior to March 23 or they will not be accessible. All classes that are scheduled in-person for this year will remain the same.

All 4-H and FFA livestock exhibitors must complete this certification before being able to show at the county and / or state fair. \*\*Cloverbuds are not required to complete this training.

Quality Assurance will be offered through the program YQCA, Youth for the Quality Care of Animals again this year! The deadline for completion is June 1, 2021.

Registering for quality assurance will be online at <https://yqca.learn-grow.io> using the Family 4-H Online login information for active youth. If you are in both 4-H and FFA, please register through the 4-H login.

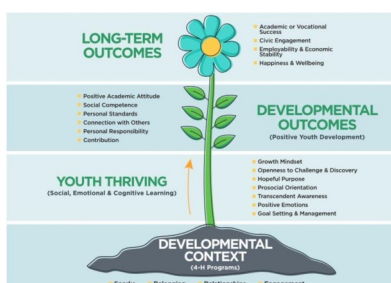
Face-to-face sessions (1 hr) cost \$3.00 and online sessions cost \$12. Whether you are completing online or face-to-face certification, all registrations and payments must be completed online prior to completion.

Upcoming face-to-face certification : April 18 from 2 p.m. to 3 p.m. at the Extension Office

## National 4-H Annual Index

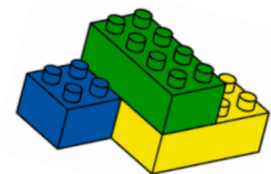
Nebraska 4-H is participating in the National 4-H Annual Index, a national 4-H study designed to help us evaluate the positive youth development experience and 4-H program impacts experienced by youth across the country. If your youth are in the target age range (13-18 years old) and were enrolled in 4-H in 2021, you will receive an e-mail invitation from Nebraska 4-H at the email address provided in your enrollment profile.

We encourage your participation in telling the 4-H story!



## LEGO CHALLENGE WINNERS

DOMINIC KASTL  
ANDREW KASTL  
LIAM MAROTZ  
ALI SCHMIDT  
JAYLINN SCHMIDT  
CALI WINTZ



## Governor's Ag Excellence Award Applications Due April 1

Sponsored by the Nebraska Investment Finance Authority, the purpose of the award is to recognize 4-H clubs for the work of the individuals in the club and the community service work of the entire club. Applications are due April 1.

Check [ne4hfoundation.org/governors-ag-excellence-award/](https://ne4hfoundation.org/governors-ag-excellence-award/) for more information.



H H H H H H H H H H

# Cloverbud Corner

**March:**  
 Making Food for Me  
 Department M  
 Division 999  
 Class 972

## Sugar and Spice Twists

Ingredients:

- 1 tablespoon sugar
- 1/4 teaspoon cinnamon
- 1 package (6) refrigerated breadsticks

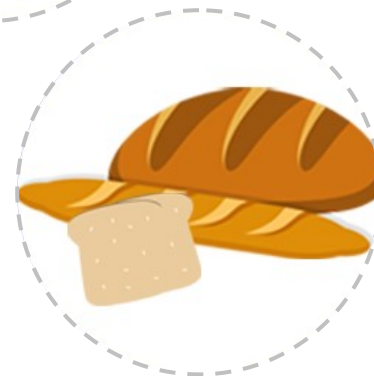
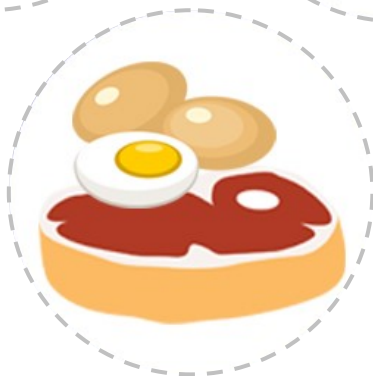


*Note: Twist into clover shapes and use green colored sugar!*

Directions:

1. With the help of an adult, preheat oven to 350 degrees Fahrenheit.
2. Lightly grease baking sheet or line with parchment paper.
3. Combine sugar and cinnamon in a shallow dish or plate.
4. Open package of breadsticks. Divide into 6 portions. Roll each portion into a 12-inch rope.
5. Roll in sugar mixture. Twist into pretzel shape or other fun shape. Place on baking sheet.
6. Bake 15-18 minutes or until lightly browned. Remove from oven.
7. Cool 5 minutes; serve warm.

## The Five Food Groups



Cut out and label these pictures to make a poster!

# 2022 Calendar

Subject to change. More activities and workshops will be added in the future!

## March

- 8—4-H Leader Meeting, Extension Office, 7-8 p.m.
- 15—Beginning Photography Workshop, Extension Office, 4-6 p.m.
- No 4-H Council

## April

- 1—**Enroll for 4-H by Friday, April 1!**
- 1—**Quilt of Valor Nomination Deadline**
- 18—YQCA Training, Extension Office, 2 to 3 p.m.
- 18—Horse Testing, Extension Office, 1 to 4 p.m.
- 18—Canning Workshop, Extension Office, 3:30 to 5 p.m. and 6 to 7:30 p.m.
- 22-23—4-H Council Rummage Sale, Madison County Fairgrounds, TBA
- 25—4-H Speech and PSA Contest, Extension Office, 6 p.m.
- 25—4-H Council Meeting, Extension Office, 7 p.m.

## May

- 6—**District and State Horse Entries Due**
- 30—Office Closed in Observance of Memorial Day

## June

- 1—**County Fair Deadline Day!**
- 13—4-H Council Meeting, Extension Office, 7 p.m.
- 17—**Fashion Show Entry Deadline**
- 22-23—Premier Animal Science Event (PASE), Lincoln
- 23—Insect and Tree ID Contest, Columbus, TBA
- 23—4-H Council Meeting, Madison County Fairgrounds, 5:30 p.m.
- 23—4-H Clean Up Night, Madison County Fairgrounds, 6 to 8 p.m.
- 24—State Public Speaking Contest, TBA
- 25—4-H Static Exhibit Judging Day, Madison County Fairgrounds, 8 a.m. to 12 p.m.
- 24—Public 4-H Fashion Show, Madison County Fairgrounds, 3 p.m.
- 27—**Bucket Calf Record Books Deadline**

## Save the Date

Make plans to attend the Haskell Ag Lab (HAL) Science & Ag Family Field Day on Wednesday, August 3, 2022. The event will run from 9 a.m. to 3 p.m.

This event will also celebrate 65 years of ag research and extension success at HAL. The Haskell Ag Lab is located 1 ½ miles east of Concord, NE. More information to come.



Wayne Ohnesorg  
Extension Educator



Sarah Polacek  
4-H Extension Educator



Kristen Sindelar  
4-H Staff Support