

# WORLD OF WORK

## What is SARE?

Funded by the USDA, the national Sustainable Agriculture Research and Education program supports and promotes sustainable farming and ranching. They offer competitive grants and educational opportunities for producers, scientists, educators, institutions, organizations and others exploring sustainable agriculture.

Visit <http://nesare.unl.edu/> for more information.

## September is National Preparedness Month

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Disasters and emergencies can happen anywhere. And anytime. Are you ready?

September is National Preparedness Month, and it's a good time to focus on ways you can prepare yourself, your family, and others for large-scale and smaller local events. This year's theme is "Don't wait. Communicate. Make your emergency plan today."

Participating in National Preparedness Month is easy, and anyone can do it. Weather-Ready Nation encourages people to know their risks, take action, and be an example. So what can you do?

### Know Your Risk

- Stay updated on severe weather by bookmarking a weather website or by downloading a weather or radar app on your smartphone.
- Consider your exit plan at home or work and figure out what is feasible. Communicate with those that share the space so they know what to do in the event of an emergency.
- Learn about Wireless Emergency Alerts. These messages are sent to your phone during a disastrous incident.

### Take Action

- Test smoke detectors and carbon monoxide detectors and replace the batteries. This should be done on an annual basis.
- Prepare a disaster kit with food and supplies that could last three days. If you have a disaster kit, this month is a good time to check on supplies and replace flashlight batteries, check food and medicine expiration dates, and winterize the kit to include blankets, gloves, and hats. Living outside city limits, you might not have access to city resources as easily if something happens.
- This year's National Preparedness Month theme is focused on making an emergency plan, so now's the time to develop your own. These plans can be tailored to adults or children. Make sure you include your emergency contact's information, meeting place(s), and other important details.

### Be an Example

- Practice your emergency plan. Put your plan into action and see if it needs to be adjusted. Just like schools prepare students for incidents with fire and tornado drills, individuals can prepare, too.
- Consider ways to get involved locally. Community Organizations Active in Disaster (COAD) and Community Emergency Response Teams meet in various locations across the state. Contact your local emergency management director for more information.
- Start a conversation about preparedness. Be sure to share what preparedness activities you're doing with family, friends, and neighbors.



If you use social media, be sure to find Nebraska Extension – Disasters for the latest information on National Preparedness Month.