

Know how. Know now.

## **MAGNIFICENT MAGNETS**

RECIPE:

## **Trail Mix**

Mix raisin into a combination of other dried fruits, peanuts, chocolate chips, sunflower seeds, puffed cereals or popcorn.



(Placing raisins in the trail mix adds iron to the student's diet. Discuss with the students that iron is a metal that can be picked up by a magnet.)



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