

- **E415906 Four Page Folder (Scoresheet KC1)**
A folder containing description and photos of four cakes you have decorated during the current project year. One cake description and photograph per page.

CREATIVE DECORATING (open to all units) – A cake form or a real cake may be used. Decorations may include marshmallows, candy, cookies, crackers, chocolate chips, coconut, etc. Artificial decorations are allowed in all classes. (**Scoresheet KC2**)

- **E415907 Non-tube Decorated Cake** - cake made from no more than 1 mix. Bags and tips are not to be used.
- **E415908 One Cake** - utilizing originality in design **using Fondant Frosting/Icing.**
- **E415909 Cupcake Cake** - any recipe - multiple cupcakes arranged to form a desired shape.
- **E415910 Decorated Cupcakes** - any recipe - four on a paper plate.
- **E415911 Decorated Cookies** – any recipe – four on a paper plate.

PHYSICAL FITNESS

Entries per Individual - One entry per exhibitor per class. Limit of 4 entries per exhibitor per project.

YOUTH IN MOTION (Denotes NOT State Fair Eligible)**

PREMIUMS: Purple, \$4.00; Blue, \$3.00; Red, \$2.00; White \$1.00

- **E300901 YOUTH in Motion Poster, Scrapbook, or Photo Display (Scoresheet SF122)**
Exhibit about the 4-H'er or the 4-H'ers family involved in a physical activity or concept/lesson involving this project. This might contain pictures, captions, and/or reports about the physical activity the individual or family did as a result of taking this project. Posters must be constructed of commercial poster board at least 11 inches x 14 inches, but not larger than 22 inches x 28 inches.
- **E300902 Activity Bag (Scoresheet SF258)**
A duffle bag or backpack that the 4-H'er packs so that they are always prepared to be active and make healthy food choices. May include proper workout attire, a healthy beverage or snack, a notebook or goal sheet, etc. Make sure all items are clean, clearly labeled and an explanation of why it is included in the Activity Bag. DO NOT put valuable items (i.e., electronics) in Activity Bag, instead use a picture of the item or include in the listing of items.
- **E300904 Healthy Lifestyle Interview (Scoresheet SF130)**
Interview someone in your life that you admire that is physically active or has a healthy lifestyle. Why do they enjoy their exercise program or lifestyle choices? What are their goals? Why do you admire them? Maximum of two pages, one sided write-up of an interview with someone who has an active exercise program or has a healthy lifestyle. Consider creativity and neatness. Mount on colored paper or poster board or display in a binder. Include a picture of the person interviewed. (May be laminated to preserve exhibit). Overall size of mounted exhibit should be no larger than 9 inches x 12 inches.
- **E300905 Healthy Snack (Scoresheet SF125)**
See ideas for non-perishable snacks on page 36 of Youth In Motion manual. Four cookies, bars, muffins, etc. on a paper plate or at least 1 cup of mix. Examples might include: granola bars, homemade crackers or chips. Supporting information to include recipe and why this snack might be considered a healthy snack.

SAFETY

In this category 4-H'ers have the opportunity to create exhibits about all-terrain vehicles, fire, and tractor safety. In addition, participants can also create informational exhibits about basic safety strategies. Through involvement in this category, 4-H'ers will be better educated about personal safety and have the knowledge base to educate others about safety.

Entries per Individual - One entry per exhibitor per class. Limit of 4 entries per exhibitor per project.

All static exhibits must have received a purple ribbon at the county fair to advance to the State Fair.

Scoresheets and additional resources can be found at <https://go.unl.edu/ne4hsafety>

SAFETY CLASSES

PREMIUMS: Purple, \$4.00; Blue, \$3.00; Red, \$2.00; and White, \$1.00

E440001 First Aid Kit (Scoresheet SF110)

A first aid kit is a good way to organize supplies in an emergency. The kit should be assembled in a container appropriate for the kit's intended use. A description of where the kit will be stored and examples of specific emergencies for that situation should be included in the exhibit. The kit should include a written inventory and purpose statement for included items. Items should cover the following areas: airway and breathing, bleeding control, burn treatment, infectious disease protection, fracture care and miscellaneous supplies. Use Citizen Safety manual, 4-H 425, pages 6 & 7 for guidance.

Kits containing any of the following will be automatically disqualified:

- Prescription medications. (If the kit's purpose is to provide medication for someone with special needs, explain in the written description and inventory, but remove the medication.)
- Materials with expiration dates on or before the judging date. (This includes sterile items, non-prescription medications, ointments, salves, etc. Articles dated month and year only are considered expired on the last day of that month.)
- Any controlled substance.

E440002 Disaster Kit (Emergency Preparedness) (Scoresheet SF111)

Disaster kits must contain the materials to prepare a person or family for emergency conditions caused by a natural or man-made incident. Selection of materials is left to the exhibitor. Family or group kits must have enough material or items for each person. A description of the kit's purpose, the number of people supported, and a list of contents is required. Youth are encouraged to test their kit by challenging their family to try to survive using only the included materials for the designated time. If tested, share that experience in kit documentation. Please include an explanation of drinking water needs for your disaster kit. Do not bring actual water to the fair in the kit.

E440003 Safety Scrapbook (Scoresheet SF292)

The scrapbook must contain 15 news articles from print and/or internet sources about various incident types. Mount each clipping on a separate page accompanied by a description of events leading to the incident and any measures that might have prevented it. The Scrapbook should be bound in a standard size hardcover binder or notebook for 8 ½ inches X 11 inches size paper. Correct sentence structure, readability and thorough explanations are an important part of judging.

E440004 Safety Experience (Scoresheet SF190)

The exhibit should share a learning experience the youth had related to safety. Examples could be participating in a first aid or first responder training, a farm safety day camp, babysitting workshop or similar event; scientific experiment related to safety; or the youth's response to an emergency situation. The exhibit should include a detailed description of the experience, the youth's role, some evidence of the youth's leadership in the situation and a summary of the learning that took place. Exhibits may be presented in a poster with supplemental documentation, a notebook including up to ten pages of narrative and pictures, or a multimedia presentation on a CD lasting up to five minutes.

E444005 Careers in Safety (Scoresheet SF191)

The exhibit should identify a specific career area in the safety field and include education and certification requirements for available positions, salary information, demand for the field and a summary of the youth's interest in the field. Examples of careers include firefighters, paramedics, emergency management personnel, some military assignments, law enforcement officers, emergency room medical personnel, fire investigator and more. It is recommended youth interview a professional in the field of their research. Additional research sources might include books, articles, career web sites, job-related government web sites or interviews with career placement or guidance counselors. Exhibits may be presented in a

poster with supplemental documentation, a notebook including up to ten pages of narrative and pictures, or a multimedia presentation on a CD lasting up to five minutes.

FIRE SAFETY CLASSES

PREMIUMS: Purple, \$4.00; Blue, \$3.00; Red, \$2.00; White, \$1.00

E450001 Fire Safety Poster (Scoresheet SF269)

This is a home floor plan drawn to scale showing primary and secondary escape routes and where fire extinguishers and smoke detectors are located. Draw every room, including all doors and windows. Use black or blue arrows showing **primary** escape routes from each room. Use red arrows showing **secondary** routes to use if the primary routes are blocked. Primary and secondary escape routes must lead outside to an assembly location. Documentation should include evidence the escape plan has been practiced at least four times. Posters must be constructed of commercial poster board at least 11 inches x 14 inches but not larger than 22 inches x 28 inches.

E450002 Fire Safety Scrapbook (Scoresheet SF270)

The scrapbook must contain 10 news articles from print and/or internet sources about fires to residential or commercial properties or landscapes. Mount each clipping on a separate page accompanied by a description of events leading to the incident and any measures that might have prevented it. The scrapbook should be bound in a standard size hardcover binder or notebook for 8 ½ inches x 11 inches size paper. Correct sentence structure, readability and thorough explanations are an important part of judging.

E450003 Fire Prevention Poster (Scoresheet SF268)

Posters should promote a fire prevention message and be appropriate to display during National Fire Prevention Week or to promote fire safety at specific times of the year (Halloween, 4th of July, etc.). Originality, clarity and artistic impression will all be judged. Do not include live fireworks, matches or other flammable/explosive/hazardous materials. Any entry containing this material will be disqualified. Posters must be constructed of commercial poster board at least 11 inches x 14 inches, but not larger than 22 inches x 28 inches.

ATV SAFETY CLASS (Denotes NOT State Fair Eligible)**

This project teaches you how to operate the All-Terrain-Vehicle safely and the parts of the vehicle. Some examples of an exhibit or poster are:

- Show some part or system of an ATV, worn or broken part, step-by-step repair procedure, etc. Include a brief description. Display on a board 24 inches high x 32 inches wide and ¼ inch thick.
- Educational notebook, display, collection of materials that relate to project. Include 8 ½ inches x 11 inches page describing exhibit and summary of learning.
- Poster 14 inches x 22 inches with photos of yourself demonstrating safety measures necessary for ATV operation.

PREMIUMS: Purple, \$4.00; Blue, \$3.00; Red, \$2.00; White, \$1.00

****E451901 ATV Safety Poster or Exhibit (Scoresheet CF83 or SF223)**

BICYCLE SAFETY CLASSES (Denotes NOT State Fair Eligible)**

This project teaches you how to have safe fun with a bicycle. Things a 4-H member can do in this project are learn the rules of the road for safe bike riding; keep your bike in good running condition; and adjust your bike for best riding. Display with photos or actual parts on a board 24 inches x 32 inches and ¼ inch thick. Display one of the following:

1. Parts or system of a bicycle.
2. Worn out or broken parts and how to fix them.
3. Step-by-step procedure of how some repair or service job is performed.

PREMIUMS: Purple, \$4.00; Blue, \$3.00; Red, \$2.00; White, \$1.00

****E453901 Bicycle Safety Poster – 14 inches x 22 inches either vertical or horizontal arrangement. (Scoresheet CF83)**

****E453902 Bicycle Safety Display (Scoresheet CF223)**

TRACTOR SAFETY CLASS (Denotes NOT State Fair Eligible)**

This project provides a good base for instruction on safety awareness, understanding of controls and safety checks and safe tractor operation.

PREMIUMS: Purple, 4.00; Blue, \$3.00; Red, \$2.00; White, \$1.00

E457901 **Tractor Safety Poster or Display (Scoresheet CF83 or CF223) Poster - 14 inches x 22 inches either vertical or horizontal arrangement. Display - 24 inches x 32 inches board ¼ inch thick.

CITIZENSHIP

The purpose of these Citizenship exhibits is to foster civic responsibility and action within the diverse areas of citizenship including community service, service learning, government, and policy making.

RULES:

1. Exhibits are entered at 4-H'ers own risk. We will not be responsible for loss or damage to family heirloom items or any items in this division.
2. Displays should not be larger than 22 inches x 28 inches wide. If the size needs to be different size because the item is larger than 22 inches x 28 inches, please contact the extension office for approval. Display collections securely in an attractive container no larger than 22 inches x 28 inches.
3. **Supporting Material:** All entries must have a statement explaining:
 - The purpose of the exhibit.
 - Exhibitors are encouraged to show evidence of their personal experiences, study or observations that relate to their exhibit. This helps the judges understand what the 4-H'er did and learned in the process that led to the exhibit.
 - References - All exhibitors should reference material sources or supporting information used in exhibits (i.e., if questions from a game were taken from an outside source, they must be referenced).
 - Identification - All entries should be labeled with the exhibitor's name, club, and county.
4. **Project Materials:** The official reference for the citizenship projects is Citizenship Public Adventures Kit (MI7329) and Citizen Guide's Handbook (BU7330). Other helpful citizenship references include Citizenship Washington Focus guides, Character Counts! And Service Learning Information.

Entries per Individual - One entry per exhibitor per class. Limit of 4 entries per exhibitor per project.

All static exhibits must have received a purple ribbon at the county fair to advance to the State Fair.

Scoresheets and additional resources can be found at <https://go.unl.edu/ne4hCitizenship>

CITIZENSHIP CLASSES (Scoresheet SF182 for all classes)

PREMIUMS: Purple, \$4.00; Blue, \$3.00; Red, \$2.00; and White, \$1.00

- A120001 **Care Package Display** - This exhibit is a display about the PROCESS of creating and giving a care package, not the actual Care Package. You may use a poster, Power Point, or another multi-media program to tell about the PROCESS of developing and giving a Care Package to a service organization. Power Point should be saved to a USB/thumb drive. You need to answer the following questions in your exhibit.
- How did you select the organization?
 - What items did you include in your care package?
 - Why did you select those items?
 - How did it feel to present your care package to the organization?
 - What did you learn from this experience?
 - Other information that you feel is important about the care package or organization.
 - Some examples of care packages are: Backpack for school supplies, litter pan for animal shelter items, suitcase for abuse shelter or homeless shelter, etc.
- A120002 **Citizenship Game** - which could include but is not limited to symbol flash cards, question and answer board, or stimulation with props. Clear instructions on how to play the game and what the game hopes to accomplish must be included.
- A120003 **Patriotic or Cultural Fine Arts** - can be made of any art media but should tie in the relevance of the artwork to citizenship.
- A120004 **Public Adventure Scrapbook** - should describe your Public Adventure or Service Learning