

Know how. Know now.

Healthy Hearts

Listen To Your Heart Thump

Science Activity

Bring in a stethoscope. Let each child listen to their heart. Show them where they can feel their pulse.



A great video to watch on finding

your pulse can be found below. Please view the video before you show the children due to the advertisement before the video.

<u>http://www.youtube.com/watch?v=W5K_H</u> <u>R6hxMY&feature=youtu.be&t=3s</u>



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