



# *Kearney County 4-H* **Clover Kids Handbook**



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## The 4-H Motto

*"To Make the Best Better"*



## The 4-H Pledge

I pledge...

my **head** to clearer thinking,  
my **heart** to greater loyalty,  
my **hands** to larger service, and  
my **health** to better living for  
my **club**, my **community**,  
my **country**, and my **world**.



# Welcome to the Kearney County 4-H Clover Kids Program!

This handbook is designed to give you an overview of the Kearney County 4-H Clover Kids Program.

We invite you to stop by, email us, or call us with any questions you may have. We are located in the Kearney County Courthouse at 424 N Colorado, Minden NE 68959. Office hours are Monday through Friday, 8:30-5:00p.m. (Closed from 12:00-1:00p.m.) You can reach us by phone at 308-832-0645 or via email at [Kearney-County@unl.edu](mailto:Kearney-County@unl.edu).

Sincerely,

Rhonda Herrick  
Extension Educator  
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# CLOVER KIDS PROGRAM IN KEARNEY COUNTY

## NEBRASKA EXTENSION

Extension is the informal educational outreach program of the University of Nebraska—Lincoln, Kearney County, and the United States Department of Agriculture. The youth component of Extension is 4-H and Clover Kids.

## NEBRASKA 4-H MISSION STATEMENT

Nebraska 4-H, developing all youth to reach their fullest potential through:

- ◇ Utilizing the knowledge base of the land-grant university system
- ◇ Learning by doing
- ◇ Developing life skills

## PHILOSOPHY OF CLOVER KIDS

The philosophy of the Clover Kids program;

- ◇ Activity based
- ◇ Emphasizes immediate, positive feedback to the child
- ◇ Values cooperative, non-competitive learning as an effective strategy
- ◇ Is flexible, open, and accessible to all youth
- ◇ View youth in the context of family and community
- ◇ Depends upon parent involvement
- ◇ Is based on research in the areas of youth development, educational theory, and subject matter
- ◇ Provides training in child development, educational methods, and subject matter content for people who work with Clover Kids youth



## PURPOSE

The purpose of the Clover Kids program is to promote the positive development of youth to become competent, caring, contributing citizens. The learning experience is the primary reason for involvement in the program.

## MEMBERSHIP

Any child age 5-7 by January 1st of the current calendar year may enroll. A child may join an already existing 4-H club, form a new club of Clover Kids, or work independently with the help of parents. The manuals have educational lessons presented in a fun manner.

## COUNTY FAIR EXHIBITS/ENTRIES

Clover Kid members may take exhibits/entries to the Kearney County Fair. Clover kids can exhibit any non-perishable items they have made as part of a Clover Kid Project or at Clover Kid Camp. Exhibits are displayed in a special area and each entry/exhibit will be awarded a Clover Kid Ribbon and earn a one dollar premium.

# CLOVER KID PROJECTS

## AEROSPACE

### ***Aerospace 1: Pre-Flight Project***

**Objective:** To develop aerospace, science and life skills through doing an activity, reflecting on it and applying their new knowledge about aerospace.

## ANIMAL SCIENCE

### ***Animal Caretaker Project***

**Objective:** Learn about what pets need to be happy and healthy. Learn to care for a pet.

### ***Rabbits, Poultry & Small Animals Projects (No QA Required)***

**Objective:** Learn the parts of and how to care for and handle chickens, rabbits and small animals. Show a chicken, rabbit and/or small animal at the fair.

## CITIZENSHIP

### ***Family Celebrations Around the World Project***

**Objective:** To help children learn more about celebrations in our own and other cultures. The activities help children learn to respect and appreciate the great similarities and differences among people and learn about geography, foods, games and stories throughout the world.

## FOODS & NUTRITION

### ***Making Foods for Me Project***

**Objective:** To learn how to safely prepare food, properly set a table, and use appropriate manners. The youth will discover common kitchen utensils and how to use them properly. This project introduces the health benefits of each food group, beverages, and combination foods. Youth will create balanced meals using MyPlate.

### ***Road to Good Cooking Project***

**Objective:** Identify names and functions of kitchen utensils. Learn to measure ingredients properly. Read and follow recipes. Use food safety and cleanliness principles while preparing food. Set the table for family meals.

## HOME ENVIRONMENT

### *A Space for Me Project*

**Objective:** To learn ways to keep your space or room organized; to help the environment by a) reducing energy and water use and b) making recycling easier; and experiencing color through mixing and using colors to create items for their space.

## OUTDOOR DISCOVERY

### *Just Outside Your Door Project*

**Objective:** Children will explore the environment outside their door. They will explore weather, insects, fruits, seeds, water, and birds. The activities are based upon water, plants, other people, insects and appropriate clothing for outdoors.

## SAFETY

### *Bicycle Adventures Project*

**Objective:** To learn bicycle safety. The youth will practice fitting a helmet properly, safe riding practices and hand signals.

## THEATRE

### *Theatre Arts 1: Play the Role! Project*

**Objective:** Learn life skills including communicating with others, expressing yourself, making decisions, and solving problems through activities. The activities are based upon adventures with acting, puppets, and costumes.

*\*Club projects that are age appropriate or other projects approved by Extension Staff*