



October 9, 2023

Dear Presenter,

Thank you for agreeing to present a *Career or Breakout Session* at the Northeast Nebraska Career Day for sophomore high school students to be held on the Wayne State College campus on **Tuesday, October 17, 2023**. This year we have 1140 students from 41 schools registered to explore future career opportunities. It will be an exciting and eye opening experience for these youths.

Students will participate in three different career sessions of their choice. There are four 30 minute sessions offered beginning at 10:00, 10:45, 11:30 and 12:15. Breakouts are also 30 minute sessions and are at 1:00 and 1:40. Students have 15 minutes between career sessions and 10 between breakout sessions. Please arrive at least 20 minutes prior to your first session. Your presentation times, student numbers and room location are on the attachments. If you do not receive this information, please call or email Mary Jarvi at (402) 584-3828 (W); 402-369-2861 Cell or [mary.jarvi@unl.edu](mailto:mary.jarvi@unl.edu).

To help you prepare for your thirty (30) minute Career Session, here are some things to consider covering:

- A *typical* day on the job
- Education and training needed to obtain and maintain your job
- Characteristics and skills needed to be successful in this career
- The advantages/disadvantages of career area
- Beginning salary and opportunities for advancement, in both salary and position
- Suggested classes to take in high school
- Suggested volunteer/activities to help prepare them for the career area
- Special advice for those interested in your career area
- Provide or demonstrate a “hands on” activity typically done in your work. The activity could be something youth do together, individually, or for youth to observe
- Question and answer time

Keep in mind you will be talking to sophomore students age 15-16. They tend to be rather quiet around peers they don't know. Here are a few tips about teaching this age group.

Grades 9-12 *Characteristics* → *Teaching Tips*

- Personal philosophy begins to emerge. → Use activities where youth search for experiences that will allow them to identify their own philosophies.
- They enjoy discussing the world situations, as well as personal activities. → Encourage discussion of events and feelings.
- Abstract thinking and problem solving reach a higher level. → Put youth into real-life, problem-solving situations.
- Strong desire for status in peer group. → Develop a climate in which youth are encouraged and supported by peers.
- High interest in social activity. → Encourage youth to plan and carry out own social activities.
- Need freedom from parental control to make decisions. → Help youth think through the decision making process.
- Widespread feelings of inferiority and inadequacy. → Encourage and help youth see their positive worth.

*Source: Theater Arts Adventures, 4-H Cooperative Curriculum System, 1997*

Included on the web page (<http://hal.unl.edu/careerday>) are maps, parking permits and other information. If you have a need for special AV equipment or other needs for your presentation please complete the Presenter Request Form and return it as soon as possible via email ([mary.jarvi@unl.edu](mailto:mary.jarvi@unl.edu)) or fax (402-584-3859) or you may call Mary Jarvi (402) 584-3828 with your request.

Thanks again for agreeing to participate in Career Day. Please call one of us if you have any questions or would like to brainstorm ideas for the day.

Sincerely,

Julie Schultz  
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