

2023 4-H Presentations Contest

Sunday, April 30th, 2:00 pm
Gage County Extension Meeting Room
Registration due: April 21st
Minimum 5 participants

Award Sponsor: Gage County 4-H Council, Jeff & Krystal Hays Family

An Illustrated 4-H Presentation, given by one (1) individual or a team of two (2) individuals, is a live presentation with a formal talk where youth will use visual aids (such as props, posters, computer-based visuals, handouts, video, etc.) to show and tell others how to do something. Presentations are given on a stage/platform. Judge views the entire presentation and engages in a question and answer session following the presentation.

All 4-H Presentation topics should be related to what the 4-H youth is learning through 4-H education experiences focused on the priorities of career and college readiness, community development, entrepreneurship, food supply confidence, healthy living, leadership development and STEM (science, technology, engineering, math).

Presentations should include an introduction (the “why” portion of the topic), a body (the “show and tell” portion of the topic), and a conclusion/summary (the “what” portion of the topic). The information attached will help you prepare your presentation.

Participants must provide their own equipment. A refrigerator, microwave and stove are available. Participants should wear a 4-H shirt.

Register online at v2.4honline.com under the events tab. Individual presentation times will be assigned after the registration deadline and emailed out.

As of January 1:

Junior Division: ages 8-9

- *B153002 Inter-Generational Presentation- 4-H member and adult will take active part in presentation. Maximum 10 minutes.
- *B153003 Illustrated Presentation

Intermediate (10-13) & Senior Division: (14-18)

- B151113 Illustrated Presentation

Up to 5 contestants may be selected to compete in the Premier Communications event on June 23rd on East Campus in Lincoln, NE. Must receive a purple ribbon.



The Four P's of Planning A Presentation

A presentation is a method used to communicate an idea by showing and/or telling. It can be a demonstration or a talk that uses posters and other visual aids. A 4-H

Presentation helps you:

- Develop leadership skills
- Increase self-confidence and ability to present your ideas
- Expand skills for planning, preparation and performance

Pick a Topic

When preparing any good presentation, the first important step is to pick a topic you're comfortable with. If you're familiar with and excited about the topic, your presentation will be more interesting for the audience to listen to and for you to present. Other things to consider when selecting a topic:

- You want to share with others
 - You learned through your 4-H project
 - Is an idea that can be presented in a short time
 - A topic that can be easily broken down into steps that can be demonstrated
- Once you have selected a topic, decide on a title for your presentation. Select a title that:
- relates to the subject and is "catchy"
 - is original

- is short
- suggests the subject without telling the whole story

Prepare an Outline

There are three parts to a presentation: introduction—the "why" of it; the body or the "show and tell" portion; and summary, the "what" of it.

Begin researching your topic. Always find more information than you will use in the presentation. This will help you answer questions and make adjustments later. Create a logical outline for the sections of your presentation.

Introduction (The Why of It)

The introduction is your first impression and should creatively capture attention, focus interest on your topic and hook the audience into listening for more!! Begin your presentation with an "attention getter." This should introduce your general topic and theme. You could ask a question, tell a short story or give a quotation or statistic to peak their interest. Greet your audience and get their attention and interest. Tell what you will be presenting and explain why you are interested in the topic.



Extension is a Division of the Institute of Agriculture and Natural Resources at the University of Nebraska–Lincoln cooperating with the Counties and the United States Department of Agriculture.

The 4-H Youth Development program abides with the nondiscrimination policies of the University of Nebraska–Lincoln and the United States Department of Agriculture.

Body (The Show and Tell Part)

This is the main part of your presentation. You should show and explain all the points or steps of what you are doing in logical order. Explain what you are doing and why. Give facts or statistics or tell your story in more detail and perhaps compare it to similar experiences your audience may have had at some time. Show step by step procedures but it is not necessary for you to always complete the entire product. For example, only sew part of a seam, or only attach one rocket fin. Combine talking and doing; that is, always talk while you're working if possible. Fill in with extra information relating to your demonstration. Write a rough draft and create your visual aids. The visual aids should stand alone. This means that you could place them in a different order or just use one and it would not rely on another visual. Visual aids can provide an outline for your presentation. Refer to the 4-H Visual Aids resource for more information on how to prepare visual aids. Use personal examples and stories in your presentation to make it more interesting for the audience.

Summary (The What)

Your summary should be similar to the introduction. It reviews the important points of the demonstration.

- Use your outline to remind the audience what they have learned. Briefly restate main points of presentation.
- Remember to cite your sources (4-H manuals, Web sites, books, 4-H activities, etc.)

- Questions-In most presentation formats, only the judges may ask questions. Speakers are expected to handle questions related to the presentation. The purpose of questions is to evaluate how well you know and understand the subject of your presentation. You should make sure that questions are heard by the entire audience by repeating the question, paraphrasing the question, or including the question in the answer. Repeating gives you the chance to make sure you understand the question. You have given an acceptable response when you admit you are unable to answer the question, but provide a resource for finding the answer. Never make up an answer.
- After questioning is finished, indicate to the audience that you are finished by making a final closing statement that brings back the theme of the presentation.
- Finally, thank your audience!
- Invite the audience and judge to sample and/or inspect the finished product.

Length of Presentation

The presentation can range in length from 6-10 minutes for an individual presentation and 10-15 minutes for a team presentation. The complexity of the topic, and the age of participants should dictate the appropriate length.

Practice – Practice – Practice

- Out loud, around six times
- With props
- In front of a mirror

Time your presentation so you will know if you need to remove or add words. This is where that extra information may come in handy. Remember that you should always be talking, so if it takes you longer to load or unload a tray than you have words to say, then you know you need to make some changes.

Present

- Dress neatly. You can even dress for the topic you are presenting. For example, if you are talking about building wood duck houses you could wear camouflage clothing.
- Be sure everything is in place before you begin.
- Work quickly and neatly.
- Look at the audience, not down at the demonstration table or your notes too often!
- Speak naturally in a clear loud voice so your audience can hear you.
- Smile at your audience, relax and enjoy what you are doing.
- Goofs do happen -- go right on with your presentation and explain what happened.
- Weave personal experience into your presentation.
- Keep notes available, but never read from them or rely on them too heavily.
- Be enthusiastic.

Take time to review your presentation. How well did it go? You might ask your leader or someone else to give you suggestions on what you did well and how you could improve.

Refer to *Evaluating a 4-H Presentation*, a communications resource available on the 4-H web page for information on how to evaluate a 4-H presentation.

Congratulations!! You have just experienced and worked hard on a series of skills that will assist you during the course of your life!!

These life skills include communication, social skills, planning/organizing, goal setting, decision making, critical thinking, problem solving, and many more!! You are building confidence in skills that will help you through school, job interviews and life!

Additional 4-H Communications resources include:

- The Versatile 4-H Presentation
- The Four P's of Planning A Presentation
- Getting Ready to Give a 4-H Presentation
- Presentation Visuals
- Using PowerPoint® in 4-H Presentations
- Evaluating a 4-H Presentation
- How to Prepare a Multimedia Presentation
- How to Prepare a 4-H Radio Public Service Announcement

Visit the Nebraska 4-H Web site for additional resources (<http://4h.unl.edu>).

Written by:
Sandra Stockall
4-H Youth Development Specialist
University of Nebraska–Lincoln Extension

Contributions from:
Mary Jacobson, Lincoln County 4-H Member
Kae Russell, Hamilton County 4-H Assistant

Presentation Planning Worksheet

1. Title:

Think of something catchy for your title.

2. Introduction:

a. Attention getter: Starting statement, story, poem, joke or question.

b. Tell your audience what you are going to cover in your presentation.

3. Body (Main Points):

Spend some time on each main point.

a.

b.

c.

d.

4. Conclusion:

a. Summary, briefly go over main points again.

b. Attention leaver; Close with an appeal for action, a humorous remark or a thoughtful question. Make the audience remember you.

c. Ask for questions.

d. Display finished product.