



**EXTENSION**



# I AM MOVING I AM LEARNING

Presented by Leanne Manning, Extension Educator

**Tuesday, April 18, 2017**

**6:00 p.m. - 8:00 p.m.**

**Nebraska Extension in Fillmore County**

**1340 G Street - Geneva, NE**

## "Moving with the Brain in Mind"

The development of the brain in a child's first five years of life clearly shapes the learning capacity they have for the rest of their life. Learn how the brain structure and functioning can be enhanced through movement and physical activity.



## "Making the Most of Your Music"

Moving to music is a fun and healthy way to encourage movement and physical activity. This workshop helps participants understand how music helps with physical development.

**Cost is \$10.00**

**Includes a Small Supply Kit**

### Who Should Attend?

- \* Teachers
- \* Parents
- \* Childcare Providers
- \* Service Providers

Registration payment should be made payable to University of Nebraska-Lincoln and mailed by **Friday, March 31, 2017** to:

Nebraska Extension in Saline County  
P O Box 978, Wilber NE 68465

Please contact Leanne Manning, phone (402) 821-2151, e-mail [leanne.manning@unl.edu](mailto:leanne.manning@unl.edu), with any questions.



**I am *moving***  
**I am *learning***

A Proactive Approach for Addressing  
Childhood Obesity in Head Start Children



This Workshop is Sponsored by the  
Southeast Early Learning Connection  
and Nebraska Extension