

## Narrative Report - January 2020

### Upcoming Events:

#### January

18 Beef Weigh-In, Geneva  
Vet Clinic, 8-10:30 am

20 Office Closed – Martin  
Luther King Day

27 Animal Science 101 –  
in Clay County, 5-6:30pm

29 4-H Council Meeting,  
Extension Office 7pm

#### February

3 Animal Science 101 –  
Extension Office 5-6:30pm

6 Clover Kid Workshop–  
Extension Office 5:30-7:30pm

17 Closed – Presidents’  
Day

24 Animal Science 101 –  
in Clay County, 5-6:30pm

**School Enrichment**-Fillmore Central High School Animal Science class participated in the embryology school enrichment lesson. This class learned about chicken and incubation terminology and needs of the embryo to grow, candling and dyeing embryos, and chicken digestion.

**4-H**- The Kamler family and I have been doing a lot of honey extraction from our hive at the Fillmore County Extension Office. We had a workshop with five youth that attended to help us extract the honey from the honey frames. We also had a large class from Sowing Seeds Academy to come to see how honey is processed. Total from the hive at the extension office we extracted 65.5 pounds of honey and bottled to sell, the profit will be returned to the honey project for other resources as we need them. We also processed the wax from the cappings on the frames and hope to have a bee wax workshop in the summer. We also had 4-H/FFA beef weight in that ran smoothly, and we were thankful for wonderful 4-H volunteers and good weather so we could accomplish this task.

#### Professional Development-

January 4-H In-service conference was held at UNL city campus. The theme was living the pledge, we developed our skills in teaching STEAM lesson, and setting goals for our career. I also learned more about youth mental health.

I continue to be involved in Extension Assistant Cohort, where we learn and grow together and help each other in programming ideas.

Also I work as part of a Leadership Circle with a few wonderful ladies and we work on ourselves and dig deeper into leadership skills.