



Views from VanDeWalle

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September 27, 2023

Youth to Celebrate National 4-H Week: October 1-7

4-H is America's largest youth development organization—empowering nearly six million young people with the skills to lead for a lifetime. Every year, National 4-H Week sees millions of youth, parents, volunteers and alumni come together to celebrate the many positive youth development opportunities offered by 4-H. The theme for the 2023 National 4-H Week is “I love 4-H”. National 4-H week runs from October 1-7, 2023.

With so many children struggling to reach their full potential, 4-H believes that young people, in partnership with adults, can play a key role in creating a more promising and equitable future for youth, families and communities across the country. In 4-H, we believe every child should have an equal opportunity to succeed. We believe every child should have the skills they need to make a difference in the world.

Fillmore and Clay County 4-H will observe National 4-H Week this year by highlighting some of the inspirational 4-H youth in our community who are working tirelessly to support each other and their communities. Check out activities being done on the Fillmore County 4-H Facebook page at (<https://www.facebook.com/fillmorecounty4h>) or Clay County Extension Facebook page at (<https://www.facebook.com/UNLClayCounty>).

In both Clay and Fillmore Counties one out of two, age-eligible 4-H youth from the community are involved in 4-H. One of the most anticipated events announced during National 4-H Week every year is the 4-H STEM Challenge, formerly known as National Youth Science Day. Developed by 4-H educators from Cornell University, University of Illinois, Utah State University and West Virginia University, Power Protectors is a collection of three activities that teach kids how to address real-world issues and explore careers in energy. The STEM Challenge kit is perfect for youth ages 8-14.

To learn more about how you can get involved, visit <http://www.4-h.org/>.

About 4-H

4-H is delivered by Cooperative Extension—a community of more than 100 public universities across the nation that provides experiences where young people learn by doing. For more than 100 years, 4-H has welcomed young people of all beliefs and backgrounds, giving kids a voice to express who they are and how they make their lives and communities better. Through life-changing 4-H programs, nearly six million kids and teens have taken on critical societal issues, such as addressing community health inequities, engaging in civil discourse, and advocating for equity and inclusion for all.

In 4-H programs, kids, and teens complete hands-on projects in areas like health, science, agriculture, and civic engagement in a positive environment where they receive guidance from adult mentors and are encouraged to take on proactive leadership roles. Kids experience 4-H in every county and



parish in the country through in-school and after-school programs, school, and community clubs and 4-H camps.

4-H's reach and depth are unmatched, reaching kids in every corner of America – from urban neighborhoods to suburban schoolyards to rural farming communities. Our network of 500,000 volunteers and 3,500 4-H professionals provide caring and supportive mentoring to all 6 million 4-H'ers, helping them grow into true leaders today and in life.

Learn more about 4-H at www.4-H.org, find us on Facebook at www.facebook.com/4-H and on Twitter at <https://twitter.com/4H>.