**Grow a Garden**

‘Grow a Garden’, taught by Food, Nutrition & Health educator Cindy Brison, RD, is reaching area schools. The standards based curriculum for this K-6 school enrichment program is part of the USDA Team Nutrition initiative to teach children to prepare food, eat more produce and learn how foods are grown.

**Extension Advice Goes Mobile**

Cindy Brison, RD, Food, Nutrition & Health educator joined with University of Missouri Extension to develop a free mobile app to promote local food resources. ‘Seasonal and Simple’ is available for Android and OS.

**NEP Budget-Friendly Blog**

Food, Nutrition & Health educators Carrie Schneider-Miller RD, Lisa Larkin, Laura DeWitt RD, are regular contributors to UNL’s new NEP “Budget Friendly Blog”, designed to help families make better nutritional decisions on a budget.

**Providing Research-Based Environmental & Natural Resource Information**

**Omaha Fashion Week Showcases 4-H Design Collection**

Aubrey Grasz and Theresa Bracht are among a select group of 4-H members from across the state who were selected for this special honor. The designs will be worn by their creators on the runway during the Student Night event to be held on March 15.

**Imagine Science Program Reaches 2529 Youth in 2015, Continues Growth in 2016**

Under 4-H & Youth Development Team Leader Maria Walker’s guidance, the national Imagine Science program in Omaha has exceeded outreach benchmarks and continues to grow in 2016.

**Youth Development and 4-H Special Programming**

**4-H Team Places Third in Nation**

A group of Douglas-Sarpy Counties 4-H members competed at the National Western Stock Show on January 8-11, 2016. The team of Catherine Jones, Mariah Moore, Garret Long, Kristen Tina Hall and Coach Taylor Barnes placed 3rd in Livestock Quiz Bowl in Denver, CO.

**TEACHING PROFESSIONAL HORTICULTURALISTS & MASTER GARDENERS**

Each year, our Community Environment team, John Fech, Kathleen Cue, Scott Evans and Jonathan Larson develop, administer, and participate as educators for the ProHort & Master Gardener training. The intensive 8-day training session, which starts in February, provides the latest essential industry information from experts in the field.

359 ProHorts & MGs Attended Feb. Trainings
Interested in learning more about Nebraska Extension in Douglas-Sarpy Counties?

- Sign Up for Nebraska Extension Douglas-Sarpy Counties' Weekly E-newsletter
- “Like” us on Facebook and get updates on 4-H and Youth Development, Food, Nutrition & Health, Community Environment and more: Nebraska Extension in Douglas-Sarpy Counties
- Extension Publications (Nebguides) can be found at: Extensionpubs.unl.edu

This impact summary is provided by:
Deanna Vansickel-Staudt, PhD
Nebraska Extension Unit Leader | Douglas-Sarpy Counties Extension Director
8015 West Center Road
Omaha, NE 68124
402-444-7804 | deanna.vansickel@unl.edu