

Preparing for the 2024 4-H Fashion Show

Showcasing Constructed and Purchased Garments

Douglas-Sarpy Counties



March 2024

The Sarpy County Fair Fashion Show is a fun event that many 4-H members look forward to each year. The purpose of the 4-H Fashion Show is to:

- Build self-confidence and poise.
- Develop skills in planning, selecting, and making clothing for different occasions.
- Develop “fashion know how” by creating a total look with the garment, accessories, and hairstyle.
- Develop good posture and grooming habits.

Any 4-H member including Clover Kids exhibiting a Clothing, Beyond the Needle, Shopping In Style/Consumer Management, Fiber Arts or Quilt Quest/Wearable Art project may enter a garment in the 4-H Fashion Show.

- Clover Kids may participate if they have a wearable garment such as an Embellished Garment from the Beyond the Needle division or a clothing project from Sewing for Fun or Clothing Level 1. Pillows or other items not considered a wearable garment cannot be modeled.
- To enter the Fashion Show, complete the Fashion Show Entry Form. **The entry deadline is Wednesday, July 3, 2024.** The entry form is available at the end of this section or at the Douglas-Sarpy Extension office. There is no entry fee. Shopping in Style entries also need to submit the written report pages of the entry form.
- To receive your ribbon and premium for the Fashion Show, you must
 - **participate in the judging portion of the 4-H Fashion Show on Tuesday, July 16, 2024**
 - **exhibit your project at the Sarpy County Fair**
 - **and model in the Sarpy County Fair 4-H Fashion Show on Wednesday, July 31, at 6:00 pm.**
- Participants for the Fashion Show may model up to two projects on judging day, July 16, 2024.
- Each project requires a separate entry form.
- If a 4-H member is modeling two projects for the judges, each project must be in a **different class or a different division**. You must indicate on the entry form which project will be modeled during the Sarpy County Fair 4-H Fashion Show
- Garments must be age appropriate.
- Constructed or purchased accessories may be worn with the garment.
- Garments containing inappropriate language or images cannot be modeled.
- The judging portion of the 4-H Fashion Show will be held on Tuesday, July 16, 2024, from 2:00 to 7:00 pm at the Extension Office, 8015 West Center Road. There will be no judging during the fashion show at the Sarpy County Fair. Each participant will request an appointment time on the entry form for a judging time. Your appointment time will be confirmed through email. If you are not available for the 4-H Fashion Show judging, we **will not** be able to schedule another judging time.
- The **4-H Fashion Show** will be held at the Sarpy County Fair on Wednesday, July 31, 2024, at 6:00 pm.
- Models must be age 8 or older and receive a purple ribbon at the county fair to be considered to advance to the state fair competition.
- Models representing Douglas-Sarpy Counties for the Nebraska State Fair will be chosen at the conclusion of the Fashion Show judging. We will announce these candidates and those chosen for the Modeling Excellence Awards at the public fashion show. Also announced will be the recipient of the Excellence in Clothing Construction Award. This award is presented to a 4-H member who has exhibited an outstanding clothing construction project.
- The age requirement to be chosen for the Nebraska State Fair Fashion Show is 8 years and older.
- If a 4-H exhibitor who is chosen to represent Douglas-Sarpy at the Nebraska State Fair in both the 4-H Fashion Show and clothing construction for the SAME GARMENT, they must choose which of the two areas to participate in. Clothing on exhibit at the Nebraska State Fair CANNOT be removed for the state fair fashion show.

Writing a narrative for the Fashion Show

1. The lead sentences should introduce the model by name and describe the outfit in general. If you are a member of a club you can mention it if you would like.
2. Write. Get down all you want to say. Don't worry about the length -- yet.
3. Give the details of the garment following a logical sequence such as the top of the garment to the bottom, front to back, outside to inside.
4. Describe the garment by starting with the obvious, and then call the audience's attention to details such as accessories that relate directly to the garment.
5. Use action words as much as possible. (A belt circles the waistline, a flaring hem swings, etc.)
6. Tell about any original ideas that you have used, techniques, trims etc.
7. Tell about any special advantages or features of this particular garment. Such as where it will be worn or how to care for it.
8. Edit. Polish your narration, cut out repetitious phrases or ideas.
9. Read your narration aloud to a friend. Does your friend know what you are talking about? Practice modeling with your narration. Do you think of other things that you might say? Re-edit and re-read. Be sure to write in the third person. See sample fashion show narratives page.
10. Finally, cut the narration to 100 words or less.
11. Complete the entry form and submit it before the deadline to the Douglas-Sarpy Extension Office.

Part of 4-H is learning to complete forms accurately and on time.

Helpful Words for Writing a Fashion Show Narrative

accent	gleaming	rare
design	appeal	closure
festive	elegant	sparkly
coordinate	modeling	flatter
embellish	fashionable	enhance
challenge	outfit	pastel
create	stitch	shimmering
sew	classic	modern
construct	unusual	trendy
accessorize	highlight	decorate
unique	stylish	adds to
one of a kind	flounce	casual

Sample Fashion Show Narratives

- Kelly Smith will make a splash the first day of school this fall in her new skort outfit. This is Kelly's second year in Clothing Level 1. The skort material she chose is 100% cotton and features a brightly colored floral print design. This was Kelly's first experience putting in an elastic waistband - a fun challenge. She has teamed her skorts up with a bright pink t-shirt, matching hair scrunchie and keds. Kelly is a member of the Blue Birds 4-H club and will be a 6th grader at Harrold Middle School this fall.

- Ready to walk the runway is Kelly Smith in her new cocktail dress. Kelly created this dress to wear to her freshman homecoming at Bellevue West High School. Her burnt orange satin dress features spaghetti straps and an A-line bodice. The biggest challenge on this project was working with the slickness of the satin fabric. Kelly has accessorized her look with taupe sandals and rhinestone jewelry. Her trendy creation is sure to be a hit at the dance. Have fun Kelly!
- In need of a competition dance costume Kelly Smith took to her creative skills to recreate a costume. Starting with a basic purchased aqua leotard, Kelly added various embellishments including over 100 faux rhinestones, a bubble skirt and feathered accents. Talk about a labor of love, the faux rhinestones alone took over 20 hours to apply! Kelly is a student at Boogie Woogie Dance Studio in Elkhorn and enjoys tap, jazz and ballet dance styles.
- Summer wouldn't be complete without a great sundress. Here comes Kelly Smith in a Simplicity Pattern simple sundress. The fabric she chose is 100% cotton with a yellow background and multicolor polka dot print. The sundress features a halter neckline and simple tie waist. What makes this project even better is Kelly managed to find the fabric and notions on a 50% sale so the entire cost of materials for this project was only \$23! To complete the look Kelly has added jelly shoes and matching spangle bracelets. Looks great Kelly!

Score Sheets

Sewing for Fun

Clothing 1

Clothing 2

Clothing 3

Upcycled Garment

Knitted or Crocheted Garment

Beyond the Needle

- Garment Constructed From Original Designed Fabric

- Textile Arts

- 70% of your total score will be based on modeling skills, creativity, and the proper selection of age appropriate style, fabric, color, and pattern
- 30% of your total score will be based on the construction and fit of the garment, and the coordination and use of your accessories

Shopping In Style

- 40% of the total score will be based on the written report. This report is included with the entry form.
- 60% will be based on the garments style, fit, fabric suitability on the individual, accessories and modeling skills.

- After you have modeled the garment please **be prepared** to discuss with the judge the purpose of the outfit, the cost considerations, and your selection process.

Beyond the Needle

– Embellished Garment - Applied to a Purchased or Constructed Garment

- 40% of the total score is based on modeling skills and accessories
- 30% for creativity
- 15% for fit
- 15% for overall impression

Clover Kids will receive a participation ribbon for displaying confidence, smiling, eye contact, modeling skills and accessories.

Score sheets are available at the Douglas-Sarpy Extension office, 8015 W Center Rd, Omaha, NE 68124, if you would like to see them.

State Fair Candidates

The following are eligible for State Fair:

CLASS 10	BEYOND THE NEEDLE - EMBELLISHED GARMENT(S) WITH AN <u>ORIGINAL</u> DESIGN
CLASS 15	BEYOND THE NEEDLE - GARMENT CONSTRUCTED FROM ORIGINAL DESIGNED FABRIC
CLASS 20	BEYOND THE NEEDLE - TEXTILE ARTS
CLASS 25	BEYOND THE NEEDLE –WEARABLE TECDNOLOGY GARMENT
CLASS 30	CLOTHING 2
CLASS 40	CLOTHING 3
CLASS 50	KNITTED OR CROCHETED CLOTHING (LEVEL 2 OR 3)
CLASS 60	SHOPPING IN STYLE PURCHASED OUTFIT

State Fair Fashion Show

- The age requirement to be chosen for the **State Fair Fashion Show is 8 years** and older.
- Up to 2 models from the combination of Beyond the Needle, Knitted and Crocheted categories will be chosen to participate in the State Fair Fashion Show.
- Up to 5 models from the combination of Clothing 2 and 3 categories will be chosen to participate in the State Fair Fashion Show.
- State Fair Fashion Show representatives will be chosen based on highest overall scores, not by division.
- [One constructed entry and one purchased entry per individual](#)

Shopping In Style State Fair Fashion Show

- The age requirement to be chosen for the **Shopping In Style State Fair Fashion Show is 8 years** and older.
- Up to 2 representatives will be chosen to participate in the Shopping In Style State Fair Fashion Show.
- Shopping In Style Fashion Show representatives will be chosen based on highest overall score.

Models representing Douglas-Sarpy Counties for the Nebraska State Fair will be chosen at the conclusion of the Fashion Show judging. We will announce these candidates and those chosen for the Modeling Excellence Awards at the public fashion show. Also announced will be the recipient of the Excellence in Clothing Construction Award. This award is presented to a 4-H member who has exhibited an outstanding clothing construction project. Decisions of the judges are final.

Entry fees for the State Fair Fashion Shows are the responsibility of the participant. This fee is generally around \$5.00. Additional information regarding the State Fair Fashion Shows will be distributed to those chosen.

Young people become confident, mature adults ready for success in today's challenging world through 4-H. Thank you for making the Fashion Show a part of your 4-H experience.

If you have any questions, please contact Stephanie Thorson at stephanie.thorson@unl.edu or 402-444-7949.

Consumer and Family Science - Department C

Division 410 - Fashion Show

See the Clothing section of this fairbook for additional information on project criteria.

- CLASS 10** **MODELED "BEYOND THE NEEDLE" EMBELLISHED GARMENT(S) WITH AN ORIGINAL DESIGN** -(SF117) Garment is created using intermediate or advanced techniques as defined in the project manual. Designs are the original idea of the 4-H member using the elements and principles of design to make an original statement. The garment can be constructed or purchased.
- CLASS 15** **MODELED "BEYOND THE NEEDLE" GARMENT CONSTRUCTED FROM ORIGINAL DESIGNED FABRIC-** (SF117) Fabric yardage is designed first, and then a garment is constructed from that fabric. Other embellishments may be added.
- CLASS 20** **MODELED "BEYOND THE NEEDLE" TEXTILE ARTS GARMENT(S)** - (SF117) Garment is constructed using new unconventional materials. Example: rubber bands, plastic, duct tape.
- CLASS 25** **MODELED "BEYOND THE NEEDLE" WEARABLE TECHNOLOGY GARMENT** - (SF117)
Garment has integrated technology into its design.
- CLASS 30** **MODELED CONSTRUCTED CLOTHING LEVEL 2 GARMENT(S)** - (SF117) 4-H members who have enrolled in or who have completed Clothing 3 projects are not eligible to enter Clothing 2. Possible types of garments include:
- Dress
 - Romper or Jumpsuit
 - Two-Piece Outfit Combination
 - skirt with top, vest, or lined/unlined jacket;
 - jumper and top;
 - pants or shorts outfit (pants or shorts with top, vest, lined/unlined jacket). OR a purchased top can be worn to complete a vest or lined/unlined jacket outfit with a constructed bottom.
 - Upcycled Outfit Combination - must contain a complete constructed outfit (examples: if the top is upcycled, must include a constructed bottom, upcycled dress).

CLASS 40 MODELED CLOTHING LEVEL 3 GARMENT(S) - (SF117)

Possible types of garments include:

- Dress or formal
- Skirted Outfit Combination (skirt with top, vest, lined/unlined jacket OR jumper and shirt) A purchased top can be worn to complete a vest or jacket outfit with a skirt, pants or shorts.
- Pants or Shorts Outfit Combination (pants or shorts with top, vest, lined/unlined jacket) A purchased top can be worn to complete a vest or jacket outfit with a skirt, pants or shorts
- Romper or Jumpsuit
- Specialty Wear (swim wear, costumes, western wear-chaps, chinks, riding attire or hunting gear)
- Non-tailored Lined or Unlined Jacket or Coat, additional pieces with jacket or coat may either be constructed or purchased.
- Tailored Coat, Blazer, Suit Jacket, or Outerwear. Additional pieces with coat, blazer, jacket or outerwear may either be constructed or purchased.
- Upcycled Outfit Combination - must contain a complete constructed outfit (examples: if the top is upcycled, must include a constructed bottom, upcycled dress).

CLASS 50 MODELED KNITTED OR CROCHETED CLOTHING (LEVEL 2 OR 3) -- (SF117)

- Knitted garment using pattern stitches such as diamond, block, twist or seed/moss stitches or advanced knitting stitches such as pass slip stitch over, double-pointed needle knitting, cable, Turkish, tamerna, plait, Germaine, feather and fan or knitting with one or more patterns such as Aran or Fair Isle.
- Crocheted garment using pattern stitches such as texture, shell, cluster or mesh stitches or advance crochet stitches such as afghan, broomstick, hairpin lace, design motifs or pattern stitches.
- Garment can be a sweater, cardigan, dress, coat, a top and bottom, or a two- piece ensemble.

CLASS 60 MODELED SHOPPING IN STYLE PURCHASED OUTFIT AND WRITTEN REPORT - (SF184)

Participants must be enrolled in the Shopping In Style 4-H Project to enter. The curriculum is developed and designed for youth ages 9 and older to help them strengthen their consumer skills when purchasing clothing. Participants must model a complete outfit. All pieces of the garment must be purchased.

*** The following classes are not eligible for State Fair consideration***

***CLASS 901 SEWING FOR FUN**

Simple clothing article (no pattern)

***CLASS 902 CLOTHING LEVEL 1**

A purchased garment may be worn with a constructed garment to create a complete wearable outfit. If the 4-H'er wears two constructed garments, such as skirt and top, the member must indicate on the entry form which garment is to be judged for the fashion show.

***CLASS 903 BEYOND THE NEEDLE - EMBELLISHED GARMENT**

Embellishment applied to a purchased or constructed garment. Patterns or predetermined designs can be used. Commercial iron-on appliques will not be accepted.

***CLASS 904 UPCYCLED GARMENT**

Article of clothing made from another garment(s).

***CLASS 905 WEARABLE ART - QUILTED CONSTRUCTED CLOTHING**

***CLASS 906 WOVEN GARMENT**

***CLASS 999 CLOVER KIDS (ages 5 -7 before January 1)**

Clover Kids may enter age-appropriate projects such as Sewing for Fun or Embellished Garment.

**Not eligible for State Fair consideration*



4-H FASHION SHOW ENTRY 2024

Dept. C Division 410

Use one form for each entry. **Entry form is due Wednesday, July 3, 2024.**

Forms can be completed online at <https://go.unl.edu/4hfashion2024> OR you can complete the form below and submit via email or mail:

Email: Stephanie at stephanie.thorson@unl.edu

Mail: Attn Stephanie Thorson, 8015 W Center Rd, Omaha, NE 68124

The 4-H Fashion Show **judging** will be held on **Tuesday, July 16, 2024**, at the Extension Office, 8015 West Center Road from 2:00 pm - 7:00 pm

Name: _____ Age **before** January 1, 2024 _____

Phonetic Pronunciation of Name: _____

Address: _____ Zip: _____

E-mail Address (Parent/Guardian) _____

Phone _____

Preference of judging time _____ You will be notified of your judging time by email.

If modeling more than one project for the Fashion Show judges, please indicate which project will be modeled at the Sarpy County Fair Fashion Show.

Attach fabric sample(s) here for constructed sewing project

CHECK PROJECT AREA:

- Class 10 _____ Beyond the Needle - Embellished Garment(s) With an **Original Design**
- Class 15 _____ Beyond the Needle - Garment Constructed from Original Designed Fabric
- Class 20 _____ Beyond the Needle – Textile Arts
- Class 25 _____ Beyond the Needle – Wearable Technology Garment
- Class 30 _____ Clothing Level 2
- Class 40 _____ Clothing Level 3
- Class 50 _____ Knitted or Crocheted Clothing (Level 2 or 3)
- Class 60 _____ Shopping In Style Purchased Outfit (**Include attached Written Report**)

*** These classes are not eligible for State Fair 4-H Fashion Show consideration.**

*Class 999 _____ Clover Kids (ages 5 – 7 before Jan.1, 2024)

*Class 901 _____ Sewing for Fun

*Class 902 _____ Clothing Level 1

*Class 903 _____ Beyond the Needle - Embellished Garment: Patterns or predetermined designs can be applied to a purchased or constructed garment. Commercial iron on appliques will not be accepted.

*Class 904 _____ Upcycled Garment - Article of clothing made from another garment(s).

*Class 905 _____ Wearable Art - Quilted Constructed Clothing

*Class 906 _____ Woven Garment

Participants are required to model at the **Sarpy County Fair Fashion Show on Wed. July 31, 2024, at 6:00 pm** and to enter their project as an exhibit to receive their fashion show ribbon and premium award.

NARRATIVE FOR THE FASHION SHOW

In 100 words or less describe your outfit and one new experience you had while selecting, constructing or modeling your outfit. Accessories may be included. This narrative will be read when you model for the judges and at the Sarpy County Fair 4-H Fashion Show. **Please print clearly or type narrative on a separate sheet of paper and attach.**

To be completed ONLY for Class 60 - Shopping in Style Fashion Show Form

(This written report is worth 40 percent toward the Fashion Show scoring.)

Your *SHOPPING IN STYLE* entry must be a complete outfit. All parts of the outfit must be purchased the current project year. Accessories already owned can be used to complement/finish the outfit.

Name: _____ **County You Represent:** _____

Address: _____ **Phone:** _____ **Age (January 1):** _____

City/State: _____ **Zip:** _____ **E-mail address:** _____

What are your wardrobe needs? How does this outfit meet those needs? _____

For what type of activities will this outfit be worn? _____

Describe the garment(s) you purchased for your *Shopping in Style* project. Include details about style, color and fabric. _____

Describe your figure type. _____

How does this outfit complement your figure type? _____

Describe personal coloring (skin, hair, eyes). How does this outfit enhance your personal coloring? _____

Describe the workmanship. What makes your garment a good quality? _____

List fiber content and care instructions for each purchased item. Explain why the care is acceptable to you.

Cost per wearing (outfit, e.g., shirt/blouse, pants/skirt, jacket, dress, coat, etc.)

Figure cost per wearing for entire outfit or for each individual piece if parts will be worn individually. Estimate how many times in one year each purchased garment will be worn. (Think about whether you would really wear an item once a week for 52 weeks, for example.) Divide the item cost by the number of wearings for an estimate of the cost per wearing to help decide if the purchase was really a good buy for the purpose.

1. \$ ÷ = \$
 Item Cost of item Estimated times item will be worn in one year Cost of item per wearing

2. \$ ÷ = \$
 Item Cost of item Estimated times item will be worn in one year Cost of item per wearing

3. \$ ÷ = \$
 Item Cost of item Estimated times item will be worn in one year Cost of item per wearing

4. \$ ÷ = \$
 Item Cost of item Estimated times item will be worn in one year Cost of item per wearing

What is the total cost of your outfit? Identify garments and include cost with sales tax for items purchased for this year's *Shopping in Style* project.

<u>Individual Item</u>	<u>Cost</u>	<u>Individual Item</u>	<u>Cost</u>
<u> </u>	\$ <u> </u>	<u> </u>	\$ <u> </u>
<u> </u>	\$ <u> </u>	<u> </u>	\$ <u> </u>
Total Cost of Outfit (Items purchased for this project)			\$ <u> </u>

What accessories (shoes, jewelry, etc.) will be worn to give a total finished look to your outfit? Were accessories an additional cost? _____

What makes each purchased garment a good addition to your wardrobe? _____

Purchase Justification Summary - Explain in several sentences why the purchase(s) were a good choice in relation to: 1) fit, 2) quality, 3) cost, 4) care and 5) garment use.

SHOPPING IN STYLE FASHION SHOW NARRATION & PHOTO INFORMATION

County: _____

Name: _____

Phonetic Pronunciation of Name:

Address: _____

City/State: _____

Zip: _____

Phone: _____

E-mail Address: _____

PHOTO

Please attach a photo of you wearing the outfit.
(print, digital, or photocopy is acceptable)

Narration: In 60 words or less, write a script about you and your outfit to aid the scriptwriter. Please emphasize fashion trends, not a detailed description of your outfit. Following are two examples of the kind of script envisioned:

After inventorying her wardrobe, Jane Smith, of Joy County, decided khaki pants and a fashionable top would be good additions to her closet. Jane purchased her khaki pants on sale, for a \$15 savings. The navy top was reduced to 50% off the original price. Both pieces will add zest to Jane's school time wardrobe.

Paul Prince of Palace County couldn't pass up this navy suit he discovered on sale for 40% off. This sophisticated navy suit is made of 100% wool. The tailored fit is perfect for this high school senior, who will be a starter on his basketball team in November.
