Table Toppers Workshop  
June 3, 2019  
6:30 p.m. – 7:30 p.m.

Do you like to cook and create meals? Do you like to bake and prepare delicious desserts or breads? Then this fun contest is for you! 4-H youth will be inspired while they learn to pick a theme, plan a nutritious menu and learn table setting skills. Come learn how to prepare for the 4-H Table Toppers Contest.

Registration due by May 31.  
Nebraska Extension Office, 8015 West Center Rd, Omaha  
Cost: None  
Age: 5 – 18

The Table Toppers Contest will be held on June 25 in the afternoon. Set up at 3 p.m.

Why participate in the Table Toppers Contest? It is a fun way learn how to:  
• properly set a table and plan nutritious meals using MyPlate, online at www.choosemyplate.gov  
• express originality and creativity in choosing a theme and present it to the judge  
• express knowledge of food, nutrition and food safety

Questions? Cathy Raneri at craneri2@unl.edu or 402-444-7804.

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2019 4-H Table Toppers Workshop – Registration Form

Name: ___________________________ Age: __________

Email: ________________________________  
Phone: ________________________________

Please return this portion of the form by May 31 to:  
Nebraska Extension Douglas-Sarpy Counties  
Attn: Cathy Raneri / Table Toppers Workshop  
8015 W. Center Road  
Omaha, NE 68124

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