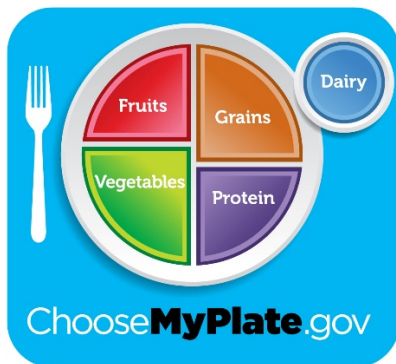


What are School Enrichment Kits?

- A unique tool that provides evidence-based nutrition curriculum to classrooms designed to administer an interactive educational experience for students.
- Pre-planned lessons and activities that engages students with fun ways to learn about healthy habits and nutrition while aligning with STEM educational standards and Nebraska state standards for math and science
- Perfect for grades Kindergarten through 5th grade!



“The **Nutrition Education Program** (NEP) helps families on a limited budget make healthier food choices and choose physically active lifestyles by acquiring the knowledge, skills, attitudes, and behavior changes necessary to improve their health. NEP is free to all participants who meet income guidelines”

How can you have a School Enrichment Kit in the classroom?!

- This **FREE** program is available to elementary schools where **50% or more** of students participate in the free or reduced lunch program due to a special grant funding
- If located in Dodge, Washington, or Saunders Counties and would like a kit, please contact
 - o Robyn Varney, NEP Extension Assistant
 - o Via email: rvarney2@unl.edu or via phone: 402-727-2775