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Assigned Counties

- Burt
- Dodge
- Saunders
- Washington

What is the purpose of my job?

- To create community, school, and home environments that promote healthy lifestyles for children and youth
- To help individuals and families make healthier food choices and choose active lifestyles by acquiring the knowledge, skills, attitudes, and behavior change necessary to improve their health
- o To improve access to affordable, nutritious, and safe foods

Highlighted Activities & Programs

- Nutrition and physical activity education programming for youth, adults, and families
 - o In School
 - Curriculum meets national and state health standards as well as physical education and language standards
 - Out of School / After School
 - 4-H Summer Baking and Cooking Workshops
- Farm to School
- Community Donation Garden
- Food Safety
- Culinary Education
- o Go NAP SACC

Helping Nebraskans enhance their lives through research-based education.