

CONTESTS

4-H AMBASSADOR CONTEST

ENTRY DEADLINE:

Friday, June 23rd submitted <https://go.unl.edu/expoambassador>

4-H AMBASSADOR INTERVIEWS:

Thursday, June 29th at 6:00 pm / OR Tuesday, July 11th at noon at Dodge County Extension Office in Fremont.

4-H AMBASSADOR CONTEST CEREMONY:

Friday, July 14th at Noon /, Senior Center

4-H Ambassador Contest Guidelines

- A. For eligibility requirements, refer to the General Rules and Regulations / Eligibility Requirements
- B. Any boy or girl interested in becoming a Fremont 4-H Expo Ambassador Candidate is required to submit credentials to the Fremont 4-H Expo Board by the deadline.
- C. Former Candidates will be able to re-apply for the position of Fremont 4-H Ambassador as long as they did not previously receive the honor of being crowned King or Queen.
- D. Ambassador Candidates must be in attendance at the ceremony and the interview for consideration.
- E. Each Ambassador Candidate is required to work at a show and hand out ribbons. Candidates may choose the show they want to work at on a first come first serve basis.
- F. Each candidate that went through the interview process will be required to ride in the parade on Sunday, July 16.

4-H Ambassador Contest Credentials

The 4-H Ambassador Contest credentials will be based on the Fremont 4-H Expo Ambassador Application form and the Interview. Application forms can be found at your Extension office or the website.

- A. Letters with applications will be sent to all eligible 4-Her's in the nine participating counties by their Extension Office.
- B. ALL applications will be sent to the Fremont 4-H Expo Board by June 23, 2023.
- C. An email will be sent to each applicant by June 26 announcing the 4-H members that will move on to the second screening (interview).
- D. Second Screening: A committee will interview the remaining applicants. Interviews will take place on June 29 at 6:00 pm or on July 11 at 12:00 pm. Applicants will be able to choose the date of their interview.
- E. All candidates that are interviewed would receive a tumbler, ride in the parade, participate in the Grand Ambassador Selection ceremony and work at the Expo.
- F. Two Grand Ambassadors will be chosen during the Ambassador Ceremony and will receive college scholarships.
- G. The Fremont 4-H Expo Ambassadors will be announced at the Ambassador Ceremony.
- H. Application will be judged as follows:
 - 1/3 Experience in 4-H Projects and Activities
 - 1/3 Leadership Development
 - 1/3 Interview

DEPARTMENT B*

DIVISION 151* CULINARY CHALLENGE CONTEST

PRE-ENTRY:

July 1st by registering at <https://go.unl.edu/culinarychallengeexpo22>

CONTEST:

Thursday, July 13th starting at 5:30 p.m. by appointment / Multi-Purpose Building

Culinary Challenge Contest Guidelines

Culinary Challenge is a 4-H Contest that allows 4-H members to be creative. Contestants coordinate several aspects of the meal planning process. The contestants are evaluated on their ability to plan a nutritious menu that is appealing in its color, texture and flavor combinations. Consideration is given to the use of linens, centerpieces and table appointments to create an appetizing atmosphere for the meal. Finally, the serving of one food from the menu allows the 4-H member to demonstrate his or her food preparation skills.

A. Plan an entire menu and display the menu choices.

B. Prepare and display one of the foods from the menu and provide the recipe for that food item. The “favorite food” may be displayed as the whole product or one serving.

C. Contestants will be interviewed for about 5 minutes by a judge. The judge will sample and critique the displayed food item and table setting.

D. Contestants will provide a card table and set the table correctly for the selected menu on Thursday, July 13 beginning at 5:30 p.m. by appointment. The table setting (for one person) should be complete with linens and a centerpiece. (HINT: Contestants should give thought to the appropriate place setting for the meal. IE. A picnic menu is not appropriate for a china place setting.)

E. Culinary Challenge Contest displays (excluding perishable food items) will remain set up during the entire Expo. Take down will be Saturday, July 15 at 4:00 p.m. NOTE: Expo management is NOT responsible for stolen projects or projects picked up after 4:00 p.m. on Saturday, July 15.

F. Two 4-H members may work as a team and enter one display. The 4-H'ers will be interviewed by the judge as a team and will each receive a ribbon.

G. Parents/Adults may assist in carrying items to the display site. However, 4-H members are required to set up their display on their own.

Senior Division (15-18 years old on Jan 1)

Senior Team Division (15-18 years old on Jan 1)

Intermediate Division (12-14 years old on Jan 1)

Intermediate Team Division (12-14 years old on Jan 1)

Junior Division (8-11 years old on Jan 1)

Junior Team Division (8-11 years old on Jan 1)

DEPARTMENT E*

DIVISION 970 / SHOOTING SPORTS CONTEST

PRE-ENTRY:

July 1st by registering at: <https://go.unl.edu/shootingsportsexpo22>

REGISTRATION/CHECK-IN:

Friday, July 14th First Check-in Time is 4:30 pm / Multi-purpose Building

CONTEST:

Friday, July 14th First Relay begins at 5:00 pm / Multi-purpose Building

Shooting Sports Contest Guidelines

GENERAL GUIDELINES:

- Participants **MUST** have completed safety training under a certified 4-H Shooting Sports leader and **MUST** have attended a minimum of **FOUR** training sessions during the year.
- The certified 4-H shooting sports leader is **REQUIRED** to sign the participant's pre-registration form.
- The 4-H Shooting Sports Contest will be conducted according to Nebraska Shooting Sports Club rules, NRA 5 meter BB Gun Rules and those established by the range officials in advance of the competition.
- Air rifles will use CMP Rules.
- **All participants will need your own equipment: rifles, BB & pellets. Shooting glasses are required for BB Gun.**
- **UNSAFE FIREARM HANDLING OR HORSEPLAY WILL BE IMMEDIATE GROUNDS FOR DISQUALIFICATION!**

DRESS CODE:

- Participants are required to wear a shooting sports club shirt, a County 4-H t-shirt or a white shirt with a 4-H chevron. All participants must wear long jeans during the competition. No obscene shirts, holey jeans, or shooting jackets allowed.
- Shoes are restricted to soft, low cut, athletic or street shoes that do not extend above the ankles. No boots are permitted.
- A shooting glove may be worn, but no shooting jackets are permitted.
- A pin or button may be used as a sling keeper in the prone or kneeling positions. Kneeling rolls are allowed but must fall within National 4-H and NRA guidelines.
- All shooters are required to wear safety glasses while participating.

DEFINITION OF BB GUNS:

- Any spring gun or air powered gun that shoots BBs. Multi-pump guns are allowed 3 pumps only.
- BB guns must be smooth bore, weigh 6 pounds or under, will be fired from 5 meters (16' 4 3/4") and may **NOT** be scoped.
- Participants are encouraged to use their own BB guns at the Expo.
- All BB guns brought to the Expo must be:
 1. In clean and good working condition.
 2. Meet the specific criteria mentioned in the definition above.
 3. A responsible adult must bring each BB gun in a case or box straight from the vehicle to the range, check in immediately after the competition.
 4. Each BB gun will be marked at check in with the member's name with tape on the stock.
 5. Safety glasses will be required of all shooters and spotters.
 6. BB guns may not be modified other than permitted under NRA rules which shall include stock length.

DEFINITION OF AIR RIFLES:

- Current National Standard Air Rifle Rules for sporter air rifles apply (see 4-H Rules). Rifles may not exceed 7.5

pounds. Only caliber .177 air rifles equipped with metallic sights are permitted. Sporter Air Rifles may not exceed a \$300.00 price limit.

TARGET:

- NRA AR 4/10 Bull 5 meter - BB Gun
- NRA AR 4.10 10 meter - Air Rifle
- All targets will be provided

COURSE OF FIRE:

- BB Gun FOUR positions - 10 min each of Prone, Standing, Sitting and Kneeling
- Air Rifle THREE positions - 20 min Prone, 20 min. Standing and 15 min. Kneeling
- Ten rounds per target at 5 meters (16.4 feet) BB Gun / 10 meters (32.8 feet) Air Rifle
- Slings will be allowed in the 3 down positions.
- Kneeling rolls may be used but must be the proper size.
- Ten minutes will be allowed for each target.

SCORING:

- Per NRA rules-judges will plug targets they deem questionable.
- Protests in addition to scores only.

AMATEUR STATUS: In order to maintain NCAA intercollegiate eligibility of youth enrolled in 4-H Shooting Sports Contest, no cash prizes as Expo premiums will be awarded to the participants.

BB GUN

- Class 30 BB Gun / Senior (13-15 years old on Jan 1 of current year)
- Class 31 BB Gun / Intermediate (10-12 years old on Jan 1 of current year)
- Class 32 BB Gun / Junior (8-9 years old on Jan 1 of current year)

AIR RIFLE

- Class 33 Air Rifle / Senior (15-18 years old on Jan 1 of current year)
- Class 34 Air Rifle / Intermediate (11-14 years old on Jan 1 of current year)
- Class 35 Air Rifle / Junior (8-10 years old on Jan 1 of current year)

DEPARTMENT E*
DIVISION 980 / ARCHERY CONTEST

PRE-ENTRY:

July 1st by registering at: <https://go.unl.edu/archery4-hexpo>

REGISTRATION/CHECK-IN:

Thursday, July, 13th Check-in Time is 4:30 pm / Multi-purpose Building

CONTEST:

Thursday, July, 13th begins at 5:00 pm / Multi-purpose Building

Archery Contest Guidelines

GENERAL RULES:

1. All classes/styles will be divided by age and equipment not based on gender.
2. Archers with special needs should contact the archery committee early so they can determine what can be done to accommodate the archer.
3. Archers shooting in a concurrent or N.F.A.A. tournament should be advised that the age in these tournaments is your age at the time of the match.
4. Archers may shoot in only one class/style at any State 4-H shoot. Local shoots may be specified differently.
5. All archers in 4-H matches must be signed up in the 4-H Shooting Sports Archery project in their respective county.
6. Kisser buttons and/or peep sights must be permanently affixed and not moved during competition. Kisser

- buttons and /or peep sights are permitted in the Freestyle, Bow Hunter and Freestyle Limited Classes
7. Strings shall be made of one or more strands. The center serving on the string will be served one layer of any material suitable to use, but material will be of one consistent color and size. String and serving need not be the same color.
 8. Consult the N.F.A.A. Rule Book for additional rule and equipment clarification.
 9. Sights may be adjusted at any time during the tournament with the exception of the Bow Hunter class.
 10. No practicing will be allowed on ranges prior to the start of or immediately following any competition.
 11. Maximum draw weight is 60 pounds.

AGES:

- 8-11.....Junior
- 12-14.....Intermediate
- 15-18.....Senior

FREESTYLE: (FS)

Any sight or scopes, any stabilizer, any rest, and any release aid may be used provided it is hand-operated and supports the weight of the bow.

NOCKING POINTS:

1. Nocking Points shall be snap-on type, shrink tubing, thread or dental floss tied observed on serving.
2. The nocking point shall be held in place by one or two nock locators.
3. Nocking point locators shall not extend more than ½ inch above or below the arrow when at full draw.

ARROWS:

1. All arrows shall be identical in length, weight, diameter, and fletching with allowance for wear and tear.
2. Arrows shall have commercially manufactured points. These may be either screw-in or glued points. Only field points are allowed.
3. Maximum arrow size is 27/64.

INDOOR

1. Indoor competition will consist of 60 arrows shot in 12 ends of five arrows each from a distance of 10 yards for Juniors (Cubs) and 20 yards for intermediate(youth) and Senior (Young Adult). Archers have 4 minutes to shoot their 5 arrows. Basic bow Youth will shoot at 10 yards.
2. Scoring will be on an N.F.A.A. single or five spot (archer's choice) 40 cm. target. Scoring shall be X, 5, 4, 3, 2, 1, from center out. Lines must be touched to count the next higher score.
3. Arrows will be scored with one of the 4 archers calling the score of each arrow from the highest to the lowest. Two other archers will write the called scores on the scorecard in the order called. The 4th archer will verify the calls made by the caller and help as needed. If help is needed in making a call or a call is in dispute the range officer will be asked to make the call. His word is final. The two scorers should frequently check with each other to make sure their cards match.
4. No one is allowed to touch the arrows before they have been scored
5. Witnessed bounce-outs or arrows passing through the target will be re-shot.
6. Perfect score for an indoor tournament is 300 with 60 X's. X's serve as tiebreakers.
7. Arrows that go past the shot arrow line will count as one of your shot arrows. An Arrow that does not cross the line (dropped, falls off string) may be shot with a sixth arrow.
8. If an archer shoots too many arrows, they will be penalized by pulling and not scoring their highest scoring arrow, plus they will be penalized one point for every extra arrow shot.
9. Any arrow shot into the target of another archer is to receive no score but counts as a shot arrow.
10. At the completion of the match the scorers will check their scores. If they are not the same they will double check their cards and in addition to make them correct. Each scorer will sign the cards he/she scored and return to the shooters who will double check the scores and sign the cards and turn them into the tournament director.
11. In case of a breakdown the archer has 15 minutes to repair the problem. Missed arrows will be shot at the end of the competition.
12. Scoring will X, 10, 9, 8, 7, 6, 5, 4, 3, 2, 1 scored from the center out. Lines must be touched to score the next

higher score. X counts as a 10.

13. Perfect score is 600 with 60 X's. Tie scores will be settled in a shoot off of 1 arrow winner is closest to the middle. Discretion of host club and situation.
14. Scoring will be accomplished in the same way as in the indoor competition.(Rules 3, 4, 5)
15. Any arrow that cannot be touched or pulled back using the bow is considered a shot arrow and counts as one of the arrows for that end.
16. In case of a breakdown the shooter has 45 minutes to repair or replace equipment. Make up arrows will be shot at the end of that game at the proper distance.
17. Any person shooting Basic Bow will shoot distances one class lower from their age. Ex. BB YA – Shoot Youth distance, BB Y – Shoot Cub distance, BB C –Shoot Cub distance.
18. Rules 8, 9, 10 from the indoor also apply for the outdoor.
19. Check N.F.A.A. Rule Book for more clarification.

DRESS CODE:

All archers in 4-H matches are to wear appropriate attire. A shirt with any 4-H emblem, a 4-H shooting club shirt, or shirts with attached 4-H emblem or sleeve patch are allowed. No vulgar or distasteful shirts, jeans, or shorts will be acceptable. For outdoor shoots open toed shoes, sandals, flip flops, etc are not legal.

DISQUALIFICATIONS:

1. A shooter will be disqualified if not currently enrolled in 4-H and the 4-H Shooting Sports Archery Project.
2. Any shooter acting in an unsafe manner will be disqualified.
3. Unsportsmanlike actions such as intentionally bothering another shooter by noise or actions or bothering the shooter's equipment shall be grounds for disqualification.
4. Inappropriate acts of intimacy will not be accepted.
5. Persons accompanying the archer, acting in an inappropriate manner, may get the archer disqualified.
6. Disqualifications shall be at the discretion of the Archery Committee Members present. ALL complaints must be filed with committee members before the completion of the day's events. The ruling of committee members is final.

COURTESY:

1. Do not turn and leave the line when the person on either side of you is drawing or at full draw. Wait until both have shot and are knocking another arrow.
2. When stepping off the line, make sure your bow, stabilizer, or other equipment does not contact the archer on either side of you. Side step back one or two steps to give you more room.
3. Make sure your equipment bow, quiver, or arrows does not contact another archer when on the line.
4. Do not talk, hum, sing, or swear while on the line. Others do not want to hear you.
5. DO NOT bend over to pick up a dropped arrow. It is dangerous and distracting. Shoot your extra arrow that you should carry. Pick up the arrow when all shooters on your line have completed shooting.
6. Be courteous to other shooters when behind the line by controlling noise and activities to not create a distraction