



4-H FAVORITE FOODS REVUE

April 1, 2024, 7:00 PM (Set up 6:30 PM)
United Methodist Church - 402 Summit Drive, Allen, NE

Form due to the Extension Office by March 21, 2024
One entry per form. Feel free to make additional copies.

This is a "County Only" contest.

Name of 4-H'er: _____ Age as of January 1, 2024 _____

Club Name _____



* Keep for the lower portion for reference *

1. All 4-Hers are eligible to participate. DO NOT need to be enrolled in a Foods Project.
2. Select and prepare a favorite recipe.
3. Plan a menu that includes the Favorite Food. (Tell for what kind of meal: For example, family supper, Sunday dinner, children's party, Thanksgiving dinner, etc.).
4. Write Favorite Food recipe on a 4" x 6" card - may be handwritten or typewritten or computer generated but should reflect the work of the 4-Her.
5. Prepare a centerpiece and place setting for one person on a card table, using placemats or a tablecloth. You must supply your own card table.

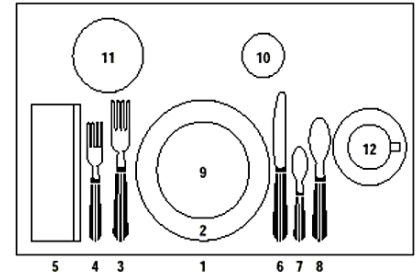
You do not have to use your best china.

Settings may be plastic, glass, etc. The emphasis is placed on how well it goes together and how appropriate for the occasion of the meal. See the image for the proper table setting.

The following rules for setting a table correspond to the numbers seen in the table setting illustration below.

1. The flatware, plate, and napkin should be one inch from the edge of the table.
2. The plate is always in the center of the place setting.
3. The dinner fork is placed at the left of the plate.
4. If a salad fork is used, it is placed to the left of the dinner fork.
5. The napkin is placed to the left of the fork, with the fold on the left (unless a decorative/creative fold is used). The napkin may also go under a fork or on top of the plate.
6. The knife is placed to the right of the plate with the sharp blade facing in towards the plate.
7. The teaspoon is placed to the right of the knife.
8. If a soup spoon is needed, it is placed to the right of the teaspoon.
9. The soup bowl may be placed on the dinner plate.
10. The drinking glass is placed at the tip of the knife.
11. If salad, bread and/or dessert plate(s) — or bowl(s) — is used, place at the top of the fork(s).
12. The cup or mug is placed to the top right of the spoons.

Note: Only the utensils needed are placed on the table.



Source: Purdue University Indiana 4-H

6. Have your display in place 15 minutes prior to the start of the contest, so that judging may begin promptly.
7. Parents and leaders may assist in carrying articles for display, but 4-Hers are to set up the display themselves.
8. The favorite food may be displayed as the whole product or as one serving. A microwave may be available to heat your food depending on the location of the contest, so plan accordingly.
9. Contest is divided into Senior, Intermediate, Junior, and Novice Divisions, however, this is subject to change based on the number of youth entering the contest.
10. Each contestant will be interviewed by the judge for about five minutes. Questions will be asked about the favorite food, menu, centerpiece, and place setting.
11. Participants are asked to bring their entries for display at the Dixon County Fair. A photo of the entry from All-Contest Day will be displayed with your table during Fair and in the All-Contest Day recording.

A more detailed description of Procedures and Guidelines is available at
<https://extension.unl.edu/statewide/cedar/favoritefoodproceduresguidelines.pdf>