



Questions 4-H Fashion Show Judges Might Ask:

- Where do you plan to wear this outfit?
- What is one thing you learned?
- What sewing experiences have you had?
- What was a new technique for you in sewing this garment?
- Where did you purchase the fabric?
- What alterations if any did you have to make to the pattern?
(Some alterations are advanced level.)
- What have you sewn before?
- What surprised you about making this?
- Which technique did you find the easiest?
- Which technique did you find the most difficult?
- Why do you sew? Fit? Originality? Cost?
- How do you think your constructed garment compares with purchased garments?
(Answers may go back to the three criteria listed immediately above in bullet 11)
- What is your next sewing project?



4-H Fashion Show Modeling

When your sewing project is finished, you are ready to show others what you have made. If you have good posture, poise, and confidence, you'll do a better job of showing others your finished projects.

Good posture is the first step in effective modeling. Standing with good posture, you should be able to "see" an imaginary straight line from the bottom of your ear down to your ankle. It's important to stand tall with your head erect, chest and rib cage high, stomach flat and knees relaxed. Keep your weight balanced on both feet. Relax your arms at your sides.

Modeling for the Judges

Walk

- ✓ Your walk reveals shyness or confidence.
- ✓ Practice with the shoes that you will wear for the Fashion Show.
- ✓ Walk with poise. Reach with your front foot; push with your back foot.

Arms

- ✓ Keep arms loose and easy, hanging close to the body.
- ✓ To give an uncluttered view of the garment, keep your hands away from the front and back of your body.

Smile

- ✓ Smile! A warm, happy smile can make you feel better and can be a personal greeting to the people you meet.

Pivot – a turn models use when walking the runway to show all sides of the garment
"T" POSITION



Back Foot Forward Foot

Half Pivot – begin with your feet in a "T" position, lift heels slightly, pivot in the direction of the back foot. Pause. Pivot back to the original position. Toes never leave the floor.

Full Pivot – begin with feet in the "T" position. (1) Lead with the forward foot, and take a small step placing one foot in front of the other and lifting heels slightly; (2) pivot around on the balls of the feet in the direction of the back foot; (3) pull the heel of the front foot into the other foot, resuming your stance. (4) Pause.



REMEMBER TO . . .

- ✓ Double check that you have everything you need before coming to the modeling event –
 - Your garment, clean and pressed,
 - Shoes that are cleaned and polished,
 - If you are wearing tights or hose - two pairs, just in case,
 - Accessories:
 - Jewelry – a necklace and/or bracelet as appropriate,
 - Scarf – needs to add to outfit, not distract,
 - Purse – skip the purse when modeling for both the judge and the public,
 - Curling iron for touch ups,
 - Hairspray, and
 - Deodorant.
- ✓ Shampoo and brush your hair. Style your hair appropriately for outfit.
- ✓ Brush your teeth.
- ✓ Apply makeup appropriate for age and outfit; sometimes only lip gloss is perfect.
- ✓ Have your hands clean, and fingernails clean or polished.
- ✓ Spit out any gum before you model before the judge.
- ✓ Keep standing - once you have your garment on, do not sit down! You want your clothes to stay wrinkle free!
- ✓ Have FUN!