

# Dawson County 4-H Annual Achievement Application Workshop

July 19, 2023

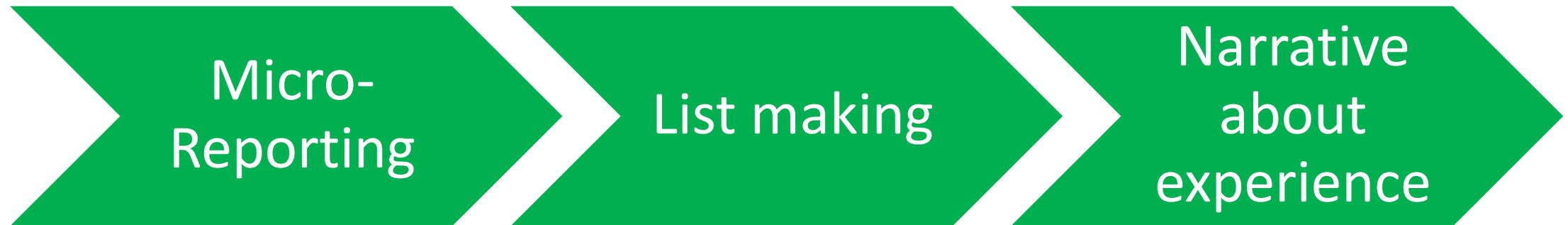
# Agenda

- Welcome!
- Background for change to the Achievement Application
- Moving Forward
- Introduction to the Application
- Dawson County Achievement Application Components
- Livestock Premiums
- Outstanding Junior Leader
- Judging
- Documents
  - <https://extension.unl.edu/statewide/dawson/dawson-county-4-h-annual-achievement-application/>

# Background

- 2018 State Recognition Committee
  - Create an experience that is accessible to all delivery modes  
(5 delivery modes: camping, after school, school enrichment, community club, special interest)
  - Create an experience that is applicable for future experiences
- Looked at what other states were doing in North Central Region
  - Iowa, North Dakota, Minnesota
- College Readiness
  - UNL Admission Personal Statement
  - Buffet Scholarship

# Shift in Assessing Project Achievement



# How will we move forward?

1.

Achievement Applications will be used to compete for county and state awards

2.

Two divisions of Dawson County competition: Junior (1/1/2010 to 12/31/2014) and Senior (1/1/2005 to 12/31/2009)

3.

Due date for county submission: October 2, 2023 before 5:00 p.m.

4.

All Incentives and Awards will use the Dawson County 4-H Annual Achievement Application

# Nebraska 4-H Achievement Application

- Experience synthesizing information
- Congruent with the expectations of college admissions, scholarship applications, and future employers
- Can be an evolving narrative as it demonstrates change and growth

# Dawson County 4-H Awards – Cover Letter



May 1, 2023



## DAWSON COUNTY 4-H AWARDS

**DUE: October 2, 2023 before 5:00 p.m.**

4-H Awards Workshop: Wednesday, July 19, 2023 7:00 p.m.  
Extension Meeting Room, Dawson County Extension Office  
to cover the 4-H Achievement Application guidelines

Dear 4-H'ers:

The 4-H Incentives and Awards Program begins with you as a 4-H youth doing your best and recording your accomplishments.

The Dawson County 4-H Council selects 4-H'ers for awards. In order to be considered by the 4-H Council, you must submit the **Dawson County 4-H Annual Achievement Application** to the Dawson County Extension Office by October 2, 2023. No matter how fantastic your 4-H year may be you are not considered unless you submit your 4-H Annual Achievement Application.

The following are the awards that are available. The results will be announced at the 4-H Achievement Barbecue on Sunday, October 22nd.

- a) "Keep Up the Good Work" ribbon to all who submit 4-H Annual Achievement Application by the deadline.
- b) "Good Start Trophy" - Four younger 4-H'ers recognized for being off to a good start; Birthdates: January 1, 2013 to December 31, 2014 (a 4-H'er can receive this trophy only once).
- c) "Great Job Trophy" - Four younger 4-H'ers recognized for continuing building a 4-H record; Birthdates: January 1, 2010 to December 31, 2012 (a 4-H'er can receive this trophy only once).
- d) "\$75 Dawson County 4-H Camp Scholarships" to all younger 4-H'ers who submit 4-H Achievement Application. Birthdate: January 1, 2010 to December 31, 2014.
- e) Nominees to state competition (National 4-H Congress); Birthdates: January 1, 2005 to December 31, 2009. Cash awards given/presented to the top 8 individuals competing for Congress. A 4-H'er cannot win more than one \$25 cash award per year. Must also complete the "Representing Nebraska 4-H" section.
- f) Project medals (ex. Clothing, Foods, Home Environment, Photography, Beef, Sheep, Horse, Swine, Public Speaking, Forestry, Wood Science, Aerospace). Birthdates: January 1, 2005 – December 31, 2009. To be eligible for a medal, 4-H'er needs to document those projects in the "My Experiences" section and **must be enrolled in the project the current year**.
- g) Trips to Nebraska 4-H Camps or Conferences (age 14-18), (all trips are tentative). Birthdates: January 1, 2005 – December 31, 2009.

UNIVERSITY OF  
**Nebraska**  
Lincoln

Nebraska Extension in Dawson County  
1002 Plum Creek Parkway | P.O. Box 757 | Lexington, NE 68850 | 308.324.5501 | FAX 308.324.5503  
dawson-county@unl.edu | www.dawson.unl.edu | www.facebook.com/DawsonCountyNebraska4H

- h) Special Awards (ex. Outstanding Junior Leader (must be enrolled in junior leader project and completed junior leader record sheets), I Dare You Award, Outstanding 4-H Member Service Award), age 14-18.
- i) National Conferences – 15-19 years, birth years must be 2005-2009. To be eligible must also complete the "Representing Nebraska 4-H" section.
- j) Dawson County Livestock Premiums funded by the Livestock Boosters

Awards offered are based on donor participation and may be changed at any time.

Enclosed is the 2023 Dawson County 4-H Annual Achievement Application Regulations and Directions; 4-H Entry Sheet Form 2 – 2023; and 4-H Activities Form 3 – 2023 for assembling the 4-H Award Application. The application is due October 2, 2023 before 5:00 p.m.

**4-H Awards Workshop: Wednesday, July 19, 2023, 7:00 p.m. Extension Meeting Room, Dawson County Extension Office.**

Sincerely,

Andrea Nisley  
UNL Extension Educator  
anisley1@unl.edu

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Enc. 4-H Annual Achievement Application  
Dawson County 4-H Entry Sheet Form 2 – 2023  
Dawson County 4-H Activities Form 3 – 2023

# Dawson County 4-H Achievement Application Directions

## DAWSON COUNTY 4-H ANNUAL ACHIEVEMENT APPLICATION REGULATIONS AND DIRECTIONS



2023

Due Date: October 2, 2023 before 5:00 p.m.  
4-H Awards Workshop: July 19, 7:00 p.m.



The 4-H Incentives and Awards Program begins with you as a 4-H youth doing your best and recording your accomplishments.

The 4-H Annual Achievement Application is an organized presentation of what has been learned and accomplished in 4-H. When accurately and carefully assembled, it is a useful tool for determining progress and personal growth. Careful planning and recording of facts and the selection of only the most important information is essential to preparing a neat, complete and organized application.

All 4-H youth must use the 4-H Annual Achievement Application available on the Dawson County website: [www.dawson.unl.edu](http://www.dawson.unl.edu).

The following materials are required in the County 4-H Annual Achievement Application, and should be assembled in the order listed. Include all materials in one application book. Note the penalizing criteria.

### 1. COVER

Use an Acco-type fastener (a stiff 8½ x 11 inch binder). These covers can be purchased from the Extension office (\$3.25 plus \$ .23 tax = \$3.48). DO NOT USE a loose-leaf ring binder.

### 2. DAWSON COUNTY 4-H ENTRY SHEET (Form 2-2023)

Fill in name, complete mailing address, phone numbers, email address and birthdate. Date and sign the entry form along with parents' signatures. Signatures certify that the information on this application is accurate and complete.

### 3. DAWSON COUNTY 4-H ACTIVITIES SHEET (Form 3-2023)

Fill in your name, birthdate, and competition area. Check the 4-H contest and activities you participated in during 2023. The 4-H Council selects 4-Hers for project medals, trips and Dawson County nominees for state competition.

### 4. NEBRASKA 4-H ANNUAL ACHIEVEMENT APPLICATION FOR AWARDS AND RECOGNITION

The Nebraska 4-H Achievement Application serves as an expansion of the 4-H Story from the Career Portfolio. It is a shift in assessing project achievements from micro reporting and exhaustive list making regarding participation to a higher order narrative about the experience and learning that took place as a result of participation. All Nebraska 4-H participants, age 8-18 are encouraged to complete this application for acknowledgement of your annual achievements in 4-H and to be eligible for any county and state level awards.

### My Experiences – All Applicants Complete this Section

Answer the following items within a maximum four pages, single-spaced, 12-point font. Please use headings (4-H Experiences, Leadership Experiences, Community Involvement/Service Learning Experiences, and Career Spark) to separate your responses. Creativity is encouraged, use bullet lists, infographics, etc. to help tell your 4-H story. The items bulleted are suggestions of what might help us understand your involvement and learning.

#### 4-H EXPERIENCES

##### Part 1

Describe your collective 4-H experience.

- Indicate the depth and breadth of your 4-H experience.
- Identify the number of years in the program.
- Identify program experiences in which you engaged.

1

- What skills have you learned as a result of being a part of the 4-H program?
- What have you learned about yourself as a result of being a part of 4-H?

##### Part 2

Describe your 4-H experience within the last 4-H year.

- What was your level of involvement?
- Identify program experiences that you would consider a "highlight" of your year.
  - Describe these experiences. What did you do? What was involved? Who was a part of this experience? Why did you want to participate? What was accomplished through this experience? What was your favorite part of the experience? What did you learn?
- How will this past year influence your future (i.e., 4-H experience, classroom experience, career, etc.)?

#### LEADERSHIP EXPERIENCES

##### Part 1: 4-H Leadership Experiences

Describe your 4-H leadership experiences that have helped build your leadership skills.

- What type of leadership was it? For example: Roles (Club President), Activities (4-H Lend a Hand Day), Experiences (Being a Junior Ambassador for my county).
- When did these experiences occur?
- Identify your part in the experiences:
  - Duties you completed
  - Responsibilities you fulfilled
  - Skills you utilized
- What did you learn about leadership through these experiences?

##### Part 2: Non 4-H Leadership Experiences

Describe your Non 4-H leadership experiences that have helped build your leadership skills.

- What type of leadership was it? For example: Roles (Youth Choir Jr. Director), Activities (Sports/Band Camp), and Experiences (Student Council Member).
- When did these experiences occur?
- Identify your part in the experiences:
  - Duties you completed
  - Responsibilities you fulfilled
  - Skills you utilized
- What did you learn about leadership through these experiences?

#### COMMUNITY INVOLVEMENT/SERVICE LEARNING EXPERIENCES

Describe your involvement in volunteer service to others and/or the community through 4-H or other opportunities.

- List the type of involvement
- When did the experiences occur?
- What were duties, responsibilities, and skills you used to be successful?
- What did you learn in each of your experiences?

#### CAREER SPARK

Describe how your 4-H experiences have sparked your interest in a future career field.

- Spark equals interest and passion young people have that light a fire in their lives and express the essence of who they are and what they offer to the world (Search Institute). What has 4-H "sparked" in you that you are curious to explore? How do you see yourself contributing professionally to your community in the future? How has 4-H influenced how you see yourself in this future role? Explain any experiences you have pursued in connection with your career spark.

#### Representing Nebraska 4-H Section

4-Hers Applying for National Trips (National 4-H Congress & National 4-H Conference)  
Only Complete this Additional Section

To serve as a delegate for either National trip, youth must be 15-19 years of age during the calendar year in which the trip occurs. If you are interested in being considered as a delegate for these national experiences, you must complete the additional section titled "Representing Nebraska 4-H." These national trips will teach you how to grow your capacity as a leader in your community and for Nebraska 4-H.

In one additional page please respond to the items below. Your total application should not exceed five pages. Please use headings (**Representing Nebraska 4-H** and **As a Nebraska 4-H Youth Leader, When I Look at My State**) to separate your responses.

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#### REPRESENTING NEBRASKA 4-H

- Share why you would like to represent Nebraska 4-H as a delegate at this national leadership opportunity.
- If you are selected to attend one of these opportunities, how will you share the skills and knowledge you gain with others in your county and throughout Nebraska?
- How will you promote this leadership experience to other 4-H members, volunteers and decision makers?

#### As a Nebraska 4-H Youth Leader, When I Look at My State:

Please think carefully about Nebraska and write two to three sentences for each topic below that you would share with county, state and national decision makers if chosen for this leadership experience.

- I am proud of . . . .
- I am concerned about . . . .
- I want to start . . . . in Nebraska.

#### 5. 4-H PROJECT AND ACTIVITY PHOTOGRAPHS (One page maximum, done on 8.5 X 11 portrait page.)

Photographs may be used to illustrate the highlights of the project and activity. Photographs depicting special practices followed, progress, or leadership activities provide excellent documentation. (NOTE: one page of photos will be allowed.) "Action" photos provide more impressive documentation of 4-H activities. May also include honors and recognition received, if necessary to fill the page. Project and Activity Photographs is a composite of the current year.

Photos should be securely mounted on 8.5 X 11 inch paper, portrait, and one side only, with a brief caption explaining the photo. These should be descriptive captions. They might identify event, year, and/or your role. One page maximum per annual application. Digital and color photocopies of personal photos may be submitted in place of actual photos.

#### 6. JUNIOR LEADER PROJECT RECORD SHEETS

4-Hers enrolled in the Junior Leader Project must complete the Nebraska 4-H Junior Leader Project Record NE4H9040 to be eligible for the Outstanding Junior Leader Trophy. A handwritten or computer generated project sheet is acceptable. The current year's project sheet must be included to be eligible. Also include two past years' Junior Leader Record Sheets. Photographs are only added to the project record sheet when the record sheet asks for photographs.

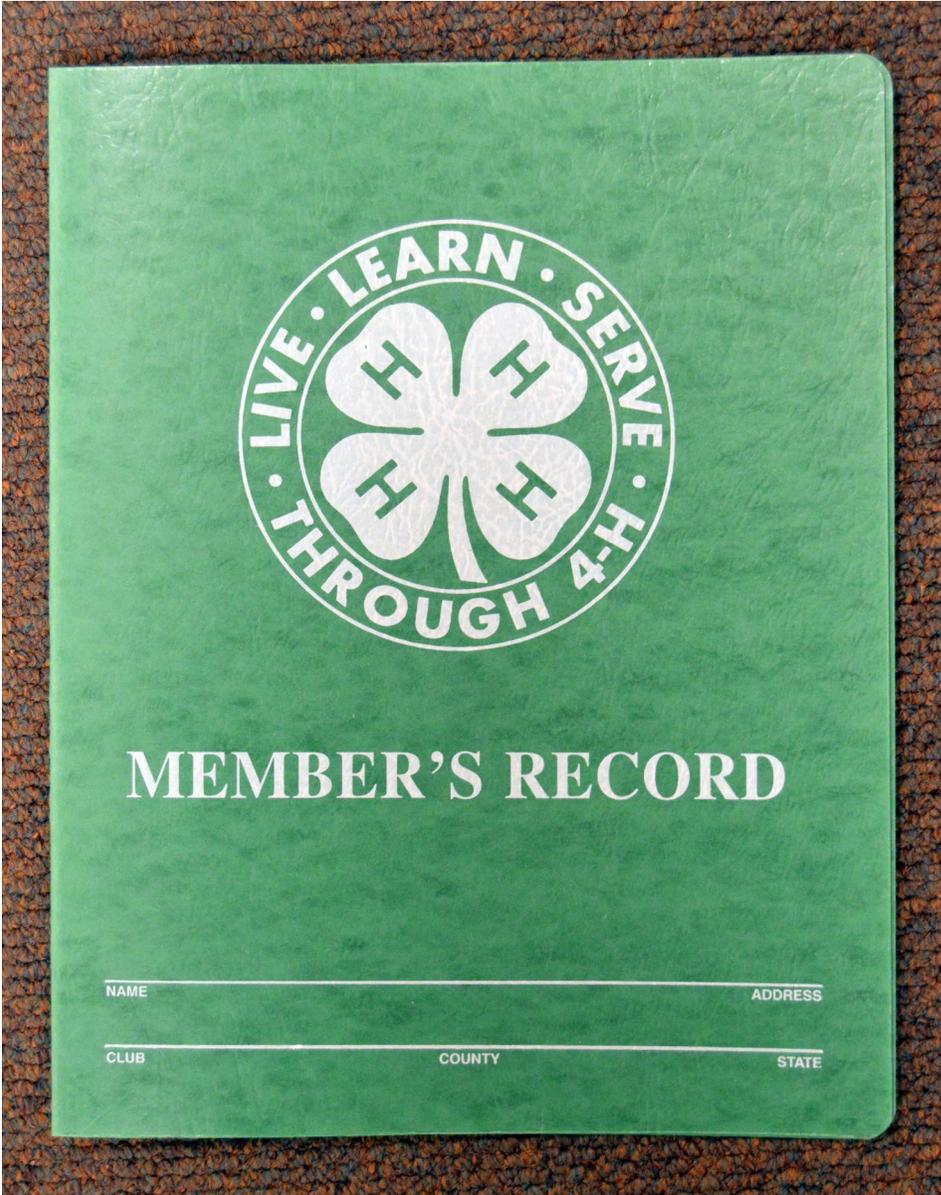
#### 7. PENALIZING CRITERIA FOR THE 4-H APPLICATION

The 4-H Council may not review 4-H applications submitted, if:

- a) 4-H Entry Sheet (Form 2-2023), with signatures of member and parent are not included.
- b) 4-H Activities Sheet (Form 3-2023) is not included
- c) Type size, format and pages do not comply with guidelines.
- d) Project/activity photographs exceed a total of one page.

2023 4AWARDS DIR.docx

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## Cover

- Use an Acco-type fastener
- Purchased from the Extension Office
- \$3.25 plus \$.23 tax = \$3.48



# Dawson County 4-H Activities Sheet – Form 3-2023

Form 3-2023

## 2023 Dawson County 4-H Activities

Name: \_\_\_\_\_ Birthdate \_\_\_\_\_

Junior 4-H Achievement Application Competition: January 1, 2010 to December 31, 2014

Senior 4-H Achievement Application Competition: January 1, 2005 to December 31, 2009

Use this sheet to list individual participation in 4-H activities. Please put a check on the line next to the activity if you participated in it during 2023.

List your completed 2023 4-H projects  
(not your fair exhibits):

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

Club Meeting Attendance  
How many meetings? \_\_\_\_\_

4-H Leadership  
Club Officer \_\_\_\_\_  
Club Committee Chair \_\_\_\_\_  
Anything else \_\_\_\_\_

County Judging Contests  
Life Challenge \_\_\_\_\_  
Livestock \_\_\_\_\_  
Horse \_\_\_\_\_  
Hippology \_\_\_\_\_  
Horticulture \_\_\_\_\_  
Meats \_\_\_\_\_  
Weed & Grass ID \_\_\_\_\_  
Photography \_\_\_\_\_

State Judging Contests  
Dog \_\_\_\_\_  
Entomology \_\_\_\_\_  
Hippology \_\_\_\_\_  
Horticulture \_\_\_\_\_  
Horse \_\_\_\_\_  
LifeSmarts Challenge \_\_\_\_\_  
Livestock \_\_\_\_\_  
Livestock Quiz Bowl \_\_\_\_\_  
Meats \_\_\_\_\_  
Poultry \_\_\_\_\_  
Weed & Grass ID \_\_\_\_\_

National Contests \_\_\_\_\_

Exhibited at:  
District Horse Show \_\_\_\_\_  
State Horse Show \_\_\_\_\_  
County Fair \_\_\_\_\_  
State Fair \_\_\_\_\_

4-H Workshops you attended:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

Participated in:  
Speech Contest at:  
County \_\_\_\_\_  
State \_\_\_\_\_

4-H Camp \_\_\_\_\_  
Served as 4-H Camp Counselor \_\_\_\_\_

Presentation Contest at:  
County \_\_\_\_\_  
State \_\_\_\_\_

Fashion Show at:  
County \_\_\_\_\_  
State \_\_\_\_\_

Shooting Sports at:  
County \_\_\_\_\_  
State \_\_\_\_\_

Favorite Foods Show \_\_\_\_\_  
Culinary Challenge \_\_\_\_\_  
Interview Clothing Judging \_\_\_\_\_  
4-H Sheep Lead \_\_\_\_\_

Livestock Showmanship  
County Fair \_\_\_\_\_  
State Fair \_\_\_\_\_  
AKSARBEN \_\_\_\_\_  
Livestock Herdsmanship \_\_\_\_\_  
Carcass Contest \_\_\_\_\_

County Promotion Event:  
Representing 4-H \_\_\_\_\_  
4-H Club Float \_\_\_\_\_  
4-H Club Booth/Table \_\_\_\_\_  
Fundraising Activities \_\_\_\_\_

Attended State Level event(s):  
Any "UNL Big Red" Camp \_\_\_\_\_  
Leadership Conference \_\_\_\_\_  
4-H Horse Stampede \_\_\_\_\_  
NAVY \_\_\_\_\_  
Any other State 4-H Event \_\_\_\_\_  
First Lego League member \_\_\_\_\_

Volunteered at:

- Summer 4-H Workshops \_\_\_\_\_
- County Fair Setup \_\_\_\_\_
- County Fair Cleanup \_\_\_\_\_
- County Fair \_\_\_\_\_
- 4-H Café \_\_\_\_\_
- Exhibit Building Watcher \_\_\_\_\_
- State Fair \_\_\_\_\_

Please list your 4-H Community Service  
projects that you worked on either as an  
individual or as a member of your club:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

Dawson County 4-H Heritage Tour  
Planning Committee \_\_\_\_\_  
Committee \_\_\_\_\_  
Attended this year \_\_\_\_\_

Diamond Clover awards  
Level 1 \_\_\_\_\_ Level 4 \_\_\_\_\_  
Level 2 \_\_\_\_\_ Level 5 \_\_\_\_\_  
Level 3 \_\_\_\_\_ Level 6 \_\_\_\_\_

Attended 2022 4-H Achievement  
Barbecue \_\_\_\_\_

Other 4-H Contest or 4-H Activity not  
listed above  
1. \_\_\_\_\_  
2. \_\_\_\_\_  
3. \_\_\_\_\_

4-H Awards Application Activities Sheet Form 3-2023.docx

# Achievement Application Items for Response

## My Experiences – All Applicants Complete this Section

- 4-H Experiences
- Leadership Experiences
- Community Involvement/Service-Learning Experiences
- Career Spark

*Within the application, items are bulleted as suggestions of prompts that may help demonstrate achievement. These are not all required or mandated. They are suggestions to help organize thoughts and help youth on responding to experience as opposed to reporting to checklists.*

# 4-H Experiences

## Part 1

- Describe your collective 4-H experience.
  - Indicate the depth and breadth of your 4-H experience.
  - Identify the number of years in the program.
  - Identify program experiences in which you engaged.
  - What skills have you learned as a result of being a part of the 4-H program?
  - What have you learned about yourself as a result of being a part of 4-H?

## Part 2

- Describe your 4-H experience within the last 4-H year.
  - What was your level of involvement?
  - Identify program experiences that you would consider a “highlight” of your year.
    - Describe these experiences. What did you do? What was involved? Who was a part of this experience? Why did you want to participate? What was accomplished through this experience? What was your favorite part of the experience? What did you learn?
  - How will this past year influence your future (i.e., 4-H experience, classroom experience, career, etc.)?

# Example: 4-H Experiences, Part 1 & 2

Junior Division Example

2019 4-H ANNUAL ACHIEVEMENT APPLICATION  
Joel Soria

My name is Joel Uriel Soria but everyone calls me 'Joel'. We moved to Kearney because of my Dad's work but I wanted to be a Dawson County 4-H'er just like my sister and brother. I am 10 years old and this is my second year in 4-H. I am in the 5th grade at Central Elementary School. I enjoy soccer and basketball. I have one older sister, Arlene, one older brother, Benjamin, and one younger sister, Maya. My parents are Jose and Olga Soria. I wanted to be in 4-H so I could build a rocket just like my brother, Benjamin, did. I also wanted to make a pillow and pillowcase like Benjamin.

**4-H EXPERIENCES**

*4-H Career*

- Independent Dawson County 4-H member, 2018-present
- Aerospace Level 2 Project – 2 years
- Steam Clothing Level 1 Project – 2 years

*4-H Program Experiences*

The first year in the Aerospace Level 2 project, I built a 'Comet Chaser' model rocket. This year I built a 'Baby Bertha' model rocket with wooden fins. I learned how to prepare fins, assemble engine mounts, mark a tube, attach fins, attach a launch lug, install an engine mount, install a shock cord and prepare an engine. I also learned how to launch a rocket three times, spray paint a rocket, apply decals, construct and spray paint a base, and prepare a report. I received a purple ribbon at the county fair and was selected for State Fair and received a red ribbon.

My first experience in 4-H was participating in a Sewing For Fun Workshop to make a pillow for my Steam Clothing Level 1 Project. This year I made another pillow to improve my sewing skills and then had time to make a pillowcase. I learned how to use a sewing machine, sew straight seams, select fabric, make square corners, construct a pillow and make an envelope back opening and construct a pillowcase. I also learned how to press fabric. I entered my pillow and pillowcase in the Clothing Contest and talked with the construction judge. I received blue and purple ribbons.

- Sewing For Fun Workshops – 2 years
- Rocket Workshop – 2 years
- County Clothing Contest – 2 years
- County Fair Exhibits (5 exhibits) – 2 years
- State Fair Exhibit (1 exhibit) – 1 year

I have competed in the 4-H Life Challenge Contest, 4-H Horticulture ID and Judging Contest and 4-H Photography Contest. I have judged and placed classes and took quizzes over the project materials. I have learned how to give oral reasons, what to look for to identify different kinds of weeds, plants and vegetables. Also, I learned how to tell the quality of good photos.

This year with the help of my brother I wrote and delivered a speech on building a rocket titled "Blast Off". I received a blue ribbon at the 4-H Public Speaking Contest. I learned that giving a speech is like taking a spelling test because you have to learn to memorize them. I learned I needed to practice and then practiced some more. It's not easy giving a speech in front of an audience but I did it!

Senior Division Example

**4-H Experiences**  
Part 1

For more than seven years, I, 15-year-old Helene Keiser, have enjoyed many 4-H opportunities. I say more than seven years because I was born into a Dawson County, Nebraska,

**Animal Science**

- Market Beef-8 years; Feeder Calf-8 years; Swine-8 years; Breeding Beef, 6 years; Horse, 8 years.

**Communication & Expressive Arts**

- Photography-4 years; County Speech-7 years; Regional Speech-6 years; State Speech-1 year; County Presentation-7 years; State Presentation-5 years.

**Consumer & Family Science**

- Sewing for Fun-1 year; Decorate Your Duds-2 years; Clothing Level 1-1 year; Clothing Level 2-1 year; Steam Clothing 2-2 years; Beyond the Needle-1 year; Quilt Quest-1 year; Shopping in Style-1 year; Design Decisions-6 years.

**Environmental Education & Earth Science**

- Shooting Sports-5 years.

**Healthy Lifestyles**

- Youth in Motion-8 years; Favorite Foods-1 year.

**Leadership & Citizenship**

- Diamond Clover-Level 1-5 Pins; Junior Leader-4 years.

**Science & Technology**

- Vet Science-1 year.

family rich with 4-H history starting with my great-grandparents more than 60 years ago. I even live on their fifth-generation farm northeast of Gothenburg with my family. Starting with Clover Kids, 4-H has given me learning experiences from livestock to sewing to baking to giving speeches and presentations as well as leadership roles and community service. I belong to the Tail Twister 4-H Club, started by my uncle, and I have found that 4-H allows me to



spend time with my family, develop relationships with others in agriculture, further educate myself about agriculture and its impact on the world and makes me want to share what 4-H has taught me with others. In fact, 4-H has helped me learn that by looking to extension staff, 4-H leaders and older 4-H members and peers, there is really nothing I cannot do. My 4-H experience has also helped me learn that I am passionate about animal agriculture and I plan to pursue an education in ruminant or equine nutrition.

**Part 2**

On a scale of 1-10, my 4-H involvement is a 9. When I am not at school or at a school-related activity whether during the school year or summer, you can find me working on a 4-H project, practicing for a 4-H event or working with my 4-H animals. The three experiences that were 2019 highlights were speech, my breeding heifer and my horses. 4-H speech is not an optional event in my family and I have participated in the county contest every year, advanced to regionals 6 of my 7 years and received a Top 4 medal five times. My mom has taught me to research, write and present my speeches about subjects that are important to me which have ranged from cats, to horses, to show cattle selection to this year's topic of volunteering to be the 4-H mascot Little Green at the 2018 Nebraska State Fair. I was one of very few 4-Hers who volunteered for this opportunity so my speech was intended to describe the opportunity and persuade others to volunteer. In my first year as a senior level speaker, I won the county contest, received a Top 4 medal at the regional contest and was one of two winners at the State 4-H

Skills Learned	Communication
	Leadership
	Responsibility
	Time Management
	Perseverance
	Clothing Design
	Animal Husbandry
	Animal Nutrition

# Leadership Experiences

## Part 1

- Describe your 4-H leadership experiences that have helped build your leadership skills.
- What type of leadership was it?
  - For example: Roles (Club President), Activities (4-H Lend a Hand Day), Experiences (Being a Junior Ambassador for my county).
- When did these experiences occur?
- Identify your part in the experiences:
  - Duties you completed
  - Responsibilities you fulfilled
  - Skills you utilized
- What did you learn about leadership through these experiences?

## Part 2

- Describe your Non 4-H leadership experiences that have helped build your leadership skills.
- What type of leadership was it?
  - For example: Roles (Youth Choir Jr. Director), Activities (Sports/Band Camp), and Experiences (Student Council Member).
- When did these experiences occur?
- Identify your part in the experiences:
  - Duties you completed
  - Responsibilities you fulfilled
  - Skills you utilized
- What did you learn about leadership through these experiences?

# Example: Non 4-H Leadership Experiences

One the most influential experiences that has helped me build my leadership skills has been being a part of the Worship Committee at my church.

As the only youth on the committee, I am responsible for sharing what music or scripture would be meaningful for youth to hear as they participate in worship. In order to be successful, I have really worked on developing my assertiveness and my listening skills. I meet monthly with the Worship Committee.

I have learned the following things about leadership:

- Not being afraid to say your opinion, even if you are the youngest in the room
- Asking my friends for their opinions before I attend meetings so I can represent them
- Public speaking skills as I read scripture and welcome people to church

## Leading worship services at my church



# Community Involvement/ Service-Learning Experiences

- Describe your involvement in volunteer service to others and/or the community through 4-H or other opportunities.
  - List the type of involvement
  - When did the experiences occur?
  - What were the duties, responsibilities, and skills you used to be successful?
  - What did you learn in each of your experiences?

# Example: Community Involvement



*My 4-H club cleaning up the Old Market*

Picking up trash may not seem like a fun way to spend Saturdays, but the members of my 4-H club love getting together every other month for trash clean up day in the Old Market. We have been doing this for the last year.

We compete to see who can fill up the most bags and what is the most unusual piece of trash we can find. I have learned to enjoy serving my community and that when we work together, jobs that may be boring become a lot more exciting. I have also learned that littering is the worst. If I ever did litter when I was younger, I never litter now!

# Career Spark

- Describe how your 4-H experiences have sparked your interest in a future career field.
  - Spark equals interests and passions young people have that light a fire in their lives and express the essence of who they are and what they offer to the world (Search Institute)
  - What has 4-H “sparked” in you that you are curious to explore?
  - How do you see yourself contributing professionally to your community in the future?
  - How has 4-H influenced how you see yourself in this future role professionally?
  - Explain any experiences you have pursued in connection with your career spark.

# Example: Career Spark



*My first summer mixing it up with baking!*

My love for baking began in the 5<sup>th</sup> grade as I was working on mastering different cookie making techniques with 4-H. I have continued to learn new skills in baking, and have taken 10 projects to the state fair, earning all purple ribbons. As a result, I want to become a professional baker. Here is a list of things I am doing to follow my spark:

- Enrolled in French at my school. I am learning the language because I want to study at Le Cordon Bleu in Paris, France after I earn a degree at UNL. Go Big Red!
- Volunteer as a teen leader for food science camp at Metro Community College.
- Plan on majoring in business at UNL because I want to be confident in my skills as an entrepreneur when I open my bakery.

# Representing Nebraska 4-H Section

- **Only complete this additional section if applying for National 4-H Congress and National 4-H Conference**
- Must be 15-19 years of age during the calendar year in which the trip occurs
- 1 additional page
- 2 Headings
  - **Representing Nebraska 4-H**
    - Share why you would like to represent Nebraska 4-H as a delegate at this national leadership opportunity.
    - If you are selected to attend one of these opportunities, how will you share the skills and knowledge you gain with others in your county and throughout Nebraska?
    - How will you promote this leadership experience to other 4-H members, volunteers and decision makers?
  - **As a Nebraska 4-H Youth Leader, When I Look at My State**
    - I am proud of . . . I am concerned about . . . I want to start . . . in Nebraska
- Applicants should
  - Write about their motivation for participating in a national opportunity
  - Write about how they will share their experiences
- This is about understanding the why of guiding the youth to apply for this opportunity
- Reflect the youth's experiences and voice

# Example: As a Nebraska 4-H youth leader, when I look at my state:

- I am proud of the way people in my state come together to help each other in hard times. I was so inspired to see how adults and youth were willing to step up and give all they had to help victims of the flood.
- I am concerned about the increased use of illegal drugs in my school. I am noticing more and more friends talking about illegal drugs as though they are no big deal and won't impact their future. I am concerned more and more friends will start using drugs recreationally.
- I want to start talking about how we can come together to decrease youth illegal drug use in Nebraska.

# 4-H Project and Activity Photographs

- Photographs may be used to illustrate the highlights of the project and activity.
- Photographs depicting special practices followed, progress, or leadership activities provide excellent documentation. "Action" photos provide more impressive documentation of 4-H activities. May also include honors and recognition received, if necessary to fill the page.
- Project and activity photographs are a composite of the current year.
- Photos should be securely mounted on 8.5 X 11 inch paper, portrait, and one side only, with a brief caption explaining the picture.
- These should be descriptive captions. They might identify the event, year, and/or your role.
- One page maximum per annual application. (NOTE: one page of photos will be allowed.)

# 4-H Project and Activity Photo Page Examples



2019 4-H Pillow Workshop

2019 4-H Pillow Workshop

2019 4-H Pillow Exhibit



2019 4-H Pillowcase Exhibit

2019 4-H Pillowcase Workshop

2019 4-H Pillowcase Workshop

2019 4-H Rocket Exhibit



2019 4-H Speech Contest

2019 4-H Rocket

2019 4-H Rocket

2019 4-H Rocket



2019 4-H Rocket



2019 Omaha Fashion Week Student Night - 4-H Collection

2019 State Fair Special Recognition Ribbon Coat & Pants Exhibit

2019 4-H Sheep Lead

2019 Wool Coat & Pants



2019 4-H County Fair Foods Judging Volunteer

2019 Wool Coat Construction

2019 Wool Pants Construction



2019 4-H Sheep Lead

2019 4-H Clothing Level 2 Fashion Show Purple Ribbon Winners

# Dawson County Livestock Premiums

- Funded by the Livestock Boosters
- In order to receive the premiums a completed Nebraska 4-H Annual Achievement Application must be turned into the Extension Office by October 2, 2023 before 5:00 p.m.
- Complete My Experiences Section
  - 4-H Experiences
  - Leadership Experiences
  - Community Involvement/Service-Learning Experiences
  - Career Spark
- 4 pages maximum

# Dawson County Livestock Premiums Information

This information found on page 12 of the Fair Premium and 2023 4-H Council Policy Book.

## 2023 DAWSON COUNTY FAIR PREMIUM BOOK

<https://extension.unl.edu/statewide/dawson/4-h-fair-premium/>

### CHAMPIONS & PREMIUMS (pages 12)

The Dawson County 4-H Council approved a plan to select champions and award additional premiums to 4-H'ers participating in the beef, sheep, swine and meat goat areas. All the money will be raised by the booster committee and paid out by the Lexington Foundation. A completed Nebraska 4-H Annual Achievement Application (4 pages maximum) must be turned in to the Extension Office by October 2, 2023 before 5:00 p.m. in order to receive the premiums.

The following will have a champion and reserve selected. Animals must have at least received a blue to be eligible for division rosettes and champion and reserve trophies. Rosettes and trophies are sponsored by the Dawson County 4-H Livestock Premium Fund. (Livestock Boosters)

Market Beef	Steer Division Bred & Fed Steer Division Heifer Division Market Beef Rate-of-Gain	Beef, Sheep, Swine & Goat Carcass Contests Market Sheep Breeding Sheep
Breeding Heifers	British Division Continental/Composite Div. Crossbred/Commercial Div.	Market Swine Barrow Division Gilt Division Breeding Swine
Senior Bred Heifer	All Breeds	
Feeder Calf	Steer Division Market Heifer Division Breeding Heifer Division	Dairy Cattle Dairy Goat Meat Goat Meat Goat Breeding Doe
Poultry		
Rabbit		

The actual amount paid to 4-H'ers will depend on the amount of money raised by the Livestock Booster Committee.

### MAXIMUM PREMIUM LEVELS

	PURPLE	BLUE	RED	WHITE
Market Beef	\$100	\$80	\$60	\$40
Breeding Heifers	\$50	\$40	\$30	\$20
Cow/Calf	\$50	\$40	\$30	\$20
Bucket Calf	\$35	\$25	\$15	\$5
Feeder Calf	\$35	\$25	\$15	\$5
Market Goats	\$35	\$25	\$15	\$5
Meat Goat Breeding Does	\$35	\$25	\$15	\$5
Dairy Cattle	\$35	\$25	\$15	\$5
Dairy Goats	\$35	\$25	\$15	\$5
Market Lambs	\$35	\$25	\$15	\$5
Breeding Ewes	\$35	\$25	\$15	\$5
Market Swine	\$35	\$25	\$15	\$5
Breeding Swine	\$35	\$25	\$15	\$5
Showmanship	\$15	\$10	\$5	\$3
Beef Carcass	\$100	\$80	\$60	\$40
Lamb Carcass	\$15	\$10	\$5	\$3
Swine Carcass	\$15	\$10	\$5	\$3
Goat Carcass	\$15	\$10	\$5	\$3

The purpose of these enhancements is to encourage projects related to large animal agriculture and to more fully reward participants for time and expense commitments. Livestock project members will be encouraged to participate in the many educational and life skill opportunities the 4-H program offers, such as 4-H livestock and meats judging, 4-H public speaking, 4-H presentations, animal science quiz bowl, Life Challenge, etc., in addition to livestock showing.

# Dawson County Outstanding Junior Leader Award

- 4-H'ers enrolled in the Junior Leader Project must complete the 'Nebraska 4-H Junior Leader Project Record NE4H9040' to be eligible for the Outstanding Junior Leader Trophy.
- A handwritten or computer-generated project sheet is acceptable.
- The current year's project sheet must be included to be eligible. Also include two past years' Junior Leader Record Sheets.
- Photographs are only added to the project record sheet when the record sheet asks for photographs.

# 4-H Junior Leader Project Record Sheet


NE4H9040

## Nebraska 4-H Junior Leader Project Record

Name \_\_\_\_\_ Age \_\_\_\_\_ Name of 4-H Club \_\_\_\_\_ Year \_\_\_\_\_

# Years Junior Leader Project \_\_\_\_\_ # Years Club Work Completed \_\_\_\_\_ # of Club Members \_\_\_\_\_ # of Other Junior Leaders in Club \_\_\_\_\_

**Project Guidelines:** To be a junior leader, you should be at least 12 years old by January 1 of the current year, completed at least two years as a member and enroll in one other project. 1) Select leadership jobs to do based on needs of the club. 2) Complete the selected leadership jobs following the procedure planned with the leader.

**Keeping The Record:** List the leadership tasks and the work planned at the beginning of the project year. Record accomplishments as you complete the various leadership tasks. Plan one of your junior leader jobs in detail. This job must be one in which you will take the major responsibility, although there may be others helping you. You would be in charge of planning, making arrangements, and conducting the program. You will have others helping – but you are the person in charge.

Calendar of Junior Leadership Activity		
Complete the Leadership Job and Work Planned sections at the beginning of the program year and record Work Accomplished as it is completed. (Attach additional sheet if necessary)		
Leadership Job	Work Planned	Work Accomplished
Example: Tutor new members in Forestry collection process	Construction of plant press, collection trip, using the press, identification hints	June 5 - Helped five members complete their plant press. June 10 - Took five members on collection trip, helped with tree identification

The 4-H Youth Development program abides with the non-discrimination policies of the University of Nebraska-Lincoln and the United States Department of Agriculture. Issued in furtherance of Cooperative Extension work, Acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, Elbert C. Dickey, Dean and Director of Cooperative Extension, University of Nebraska - Lincoln, Institute of Agriculture and Natural Resources.

Detailed Job Plan (Use this to plan one junior leader job in more detail.)		
<b>The Leadership Job You Are Planning:</b>		
Objective: _____		
<b>Steps In Conducting Tasks:</b> How and when will each be accomplished (how, when, resources needed, potential sources)		
1. _____	6. _____	
2. _____	7. _____	
3. _____	8. _____	
4. _____	9. _____	
5. _____	10. _____	
<b>Possible Roadblocks:</b> _____		
<b>Variations in Job Plan:</b> _____		
Evaluating Your Plan (To be completed after the job is finished)		
<b>List Tasks or Jobs Completed:</b> _____		
<b>What adjustments were made to your plan?</b> _____		
<b>What changes would you recommend if you were to do this job again?</b> _____		
Other 4-H Leadership Experiences		
Additional leadership or committee responsibilities on county, state or national level. (4-H events such as State Fair, Camps & Centers, Community Service, etc.)		
Event or Activity	Responsibility	Level of Involvement
Example: Camp	Camp Counselor, Music & Recreation	County

(You may add a page of photographs related to this project to follow this record).

Leader Signature \_\_\_\_\_ Member Signature \_\_\_\_\_  
NE4H9040

# Judging Matrix

## Judging (younger 4-H'ers)

- 4-H Experience 50 points
- Leadership Experiences 20 points
- Community Involvement/  
Service Learning 20 points
- Career Spark 5 points
- General 5 points

## Judging (15 -19 years of age)

- 4-H Experience 30 points
- Leadership Experiences 15 points
- Community Involvement/  
Service Learning 15 points
- Career Spark 15 points
- Representing NE 4-H 10 points
- As a NE 4-H Youth Leader,  
When I Look at My State 10 points
- General 5 points



# Questions

Please put your chair on the rack. Thanks!



**4-H GROWS HERE**