DEPARTMENT SAFETY

In this category 4-H'ers have the opportunity to create exhibits about all-terrain vehicles, fire, and tractor safety. In addition, participants can also create informational exhibits about basic safety strategies. Through involvement in this category, 4-H'ers will be better educated about personal safety and have the knowledge base to educate others about safety.

GENERAL INFORMATION

4-H entries must be made according to the printed 2024 Custer County Fair Premium Book and entered online by 5:00 p.m. on June 28. Instructions for online entries will be emailed to 4-H families on approximately May 15. Exhibits will be interview judged on Wednesday, July 24, 10:00 a.m. - 4:00 p.m. at the 4-H Exhibit Hall. One entry per class.

Ribbons P. B. R. W. \$2.50 \$2.00 \$1.50 \$1.00

CITIZEN SAFETY

CLASS E440001 FIRST AID KIT - A first aid kit is a good way to organize supplies in an emergency. The kit should be assembled in a container appropriate for the kit's intended use. A description of where the kit will be stored and examples of specific emergencies for that situation should be included in the exhibit. The kit should include a written inventory and purpose statement for included items. Items should cover the following areas: airway and breathing, bleeding control, burn treatment, infectious disease protection, fracture care and miscellaneous supplies. Use Citizen Safety manual, 4-H 425, pages 6 & 7 for guidance.

Kits containing any of the following will receive an automatic white ribbon.

- 1. Prescription medications. (If the kit's purpose is to provide medication for someone with special needs, explain in the written description and inventory, but remove the medication.)
- 2. Materials with expiration dates on or before the judging date. (This includes sterile items, non-prescription medications, ointments, salves, etc. Articles dated month and year only are considered expired on the last day of that month.)
- 3. Any controlled substance.
- CLASS E440002 DISASTER KIT (Emergency Preparedness) Disaster kits must contain the materials to prepare a person or family for emergency conditions caused by a natural or man-made incident. Selection of materials is left to the exhibitor. Family or group kits must have enough material or items for each person. A description of the kit's purpose, the number of people supported and a list of contents is required. Youth are encouraged to test their kit by challenging their family to try to survive using only the included materials for the designated time. If tested, share that experience in kit documentation. Please include an explanation of drinking water needs for your disaster kit. Do not bring actual water to the fair in the kit.
- CLASS E440003 SAFETY SCRAPBOOK The scrapbook must contain 15 news articles from print and/or internet sources of various incident types. Mount each clipping on a separate page accompanied by a description of events leading to the incident and any measures that might have prevented it. The scrapbook should be bound in a standard size hardcover binder or notebook for 8½" x 11" size paper. Correct sentence structure, readability, and thorough explanations are an important part of judging.
- CLASS E440004 SAFETY EXPERIENCE The exhibit should share a learning experience the youth had related to safety. Examples could be participating in a first aid or first responder training, a farm safety day camp, babysitting workshop or similar event; scientific experiment related to safety; or the youth's response to an emergency situation. The exhibit should include a detailed description of the experience, the youth's role, some evidence of the youth's leadership in the situation and a summary of the learning that took place. Exhibits may be presented in a poster with supplemental documentation, a notebook including up to ten pages of narrative and pictures, or a multimedia presentation on a CD lasting up to five minutes. Equipment needed to show the judge the multimedia report on CD/DVD at the county fair must be provided by the 4-H member.
- CLASS E440005 CAREER IN SAFETY The exhibit should identify a specific career area in the safety field and include education and certification requirements for available positions, salary information, demand for the field and a summary of the youth's interest in the field. Examples of careers include firefighters, paramedics, emergency management personnel, some military assignments, law enforcement officers, emergency room medical personnel, fire investigator and more. It is recommended youth interview a professional in the field in their research. Additional research sources might include books, articles, career web sites, job-related government web sites, or interviews with career placement or guidance counselors. Exhibits may be presented in a poster with supplemental documentation, a notebook including up to ten pages of narrative and pictures, or a multimedia presentation on a CD lasting up to five minutes. Equipment needed to show the judge the multimedia report on CD/DVD at the county fair must be provided by the 4-H member.

FIRE SAFETY EDUCATION

4-H entries must be made according to the printed 2024 Custer County Fair Premium Book and entered online by 5:00 p.m. on June 28. Instructions for online entries will be emailed to 4-H families on approximately May 15. Exhibits will be interview judged on Wednesday, July 24, 10:00 a.m. - 4:00 p.m. at the 4-H Exhibit Hall.

Ribbons P. B. R. W. \$1.25 \$1.00 \$.75 \$.50

CLASS E450001 FIRE SAFETY POSTER - This is a home floor plan drawn to scale showing primary and secondary escape routes and where fire extinguishers and smoke detectors are located. Draw every room, including all doors and windows. Use black or blue arrows showing primary escape routes from each room. Use red arrows showing secondary routes to use if the primary routes are blocked. Primary and secondary escape routes must lead outside to an assembly location. Documentation should include evidence the escape plan has been practiced at least four times. Posters must be constructed of commercial poster board at least 11" x 14" but not larger than 22" x 28".

- CLASS E450002 FIRE SAFETY SCRAPBOOK The scrapbook must contain 10 news articles from print and/or internet sources about fires to residential or commercial properties or landscapes. Mount each clipping on a separate page accompanied by a description of events leading to the incident and any measures that might have prevented it. The scrapbook should be bound in a standard size hardcover binder or notebook for 8½" x 11" size paper. Correct sentence structure, readability, and thorough explanations are an important part of judging.
- CLASS E450003 FIRE PREVENTION POSTER Posters should promote a fire prevention message and be appropriate to display during National Fire Prevention Week or to promote fire safety at specific times of the year (Halloween, 4th of July, etc.). Originality, clarity, and artistic impression will all be judged. Do not include live fireworks, matches or other flammable/explosive/hazardous materials. Any entry containing this material will be dropped one ribbon placing. Posters must be constructed of commercial poster board at least 11" x 14" but not larger than 22" x 28".

DEPARTMENT YOUTH IN MOTION

GENERAL INFORMATION

4-H entries must be made according to the printed 2024 Custer County Fair Premium Book and entered online by 5:00 p.m. on June 28. Instructions for online entries will be emailed to 4-H families on approximately May 15. All YOUth In Motion exhibits must be interview judged 10:00 a.m. - 4:00 p.m. on Wednesday, July 24, at the 4-H Building. One entry per class. Entries not eligible for State Fair.

Ribbons P. B. R. W. \$1.25 \$1.00 \$.75 \$.50

- **CLASS E901001** Activity Bag A duffle bag or backpack that the 4-H'er packs so that they are always prepared to be active and make healthy food choices. May include proper workout attire, a healthy beverage or snack, a notebook or goal sheet, etc. Make sure all items are clean, clearly labeled, and an explanation of why it is included in the Activity Bag. DO NOT put valuable items (i.e. electronics) in Activity Bag, instead use a picture of the item or include in the listing of items. Entries not eligible for State Fair.
- CLASS E901002 YOUTH in Motion Healthy Snack Recipe File Collection of 10 recipes from any source. Each recipe must accompany a complete snack menu in which the recipe is used following the idea that a healthy snack includes foods from at least two different food groups. An additional 10 recipes may be added each year 4-H'er is in project, with year clearly marked on recipes. Consider creativity and neatness. Display in recipe file, box, or in a binder. Be sure to include the number of servings or yield of each recipe. Entries not eligible for State Fair.
- **CLASS E901003 Healthy Lifestyle Interview -** Interview someone in your life that you admire that is physically active or has a healthy lifestyle. Why do they enjoy their exercise program or lifestyle choices? What are their goals? Why do you admire them? Maximum of two pages, one sided write up of an interview with someone who has an active exercise program or has a healthy lifestyle. Consider creativity and neatness. Mount on a 9" x 12" colored paper or poster board, or display in a binder. Include a picture of the person interviewed. (May be laminated to preserve exhibit.) Overall size of mounted exhibit should be no larger than 9" x 12". Entries not eligible for State Fair.