4-H Culinary Challenge Contest Scoresheet
Team Member Name $\qquad$

|  | Excellent | Satisfactory | Needs <br> Improvement | Score <br> Points |
| :--- | :--- | :--- | :---: | :---: |
| Food Preparation <br> Appropriate for age, ability, interest. Knows procedures <br> for preparing food. Understands principles of food <br> preparation for their age. Food has pleasing flavor, <br> texture, and quality. Food is appropriate for judging and <br> principles of food safety are considered with choosing the <br> food prepared. |  |  |  |  |
| Menu <br> Foods fit the meal/occasion and are fully explained in <br> their presentation. Variety in texture, flavor, color, shape, <br> temperature. Recipes and menu presented in the correct <br> format. Includes challenge ingredient in some way. |  |  |  |  |
| Nutrition <br> Knows nutritional contribution of food choices on their <br> menu. Understands how the meal fits MyPlate <br> recommendations. Is aware of ways to reduce fat, sugar, <br> salt, etc. in the meal, if needed. |  |  |  |  |
| Menu Management <br> Understands and incorporates the principles of time <br> management and food preparation into presentation. <br> Shows evidence that they know how to prepare items on <br> menu. Is aware of the cost of preparation of menu. |  |  |  |  |
| Theme/Table Setting <br> Overall effect coordinates with table setting. Centerpiece <br> and table covering appropriate for theme. Theme and <br> occasion obvious "at a glance". |  |  |  |  |
| Presentation/Interview <br> Presentation should (but is not limited to) include: <br> - Use of Technology or multi-media. Presentation <br> should include video, pictures, or other <br> appropriate form to convey message. |  |  |  |  |
| - Presentation: |  |  |  |  |
| - Ability to convey an accurate message |  |  |  |  |
| with confidence. |  |  |  |  |
| RIBBON PLACING: |  |  |  |  |

