

Healthy Food Fast

using your multi-cooker

Have you considered purchasing an Instant Pot or other brand of multi-cooker and are you curious about what they can do? Or, have you owned one for a while that you rarely use? This workshop is for you! Come learn foundation skills and techniques to use with your multi-cooker. The class is FUN and there will be samples!

November 6, 2019

6:00 to 7:30 p.m.

Valley County Ag Complex

at the Fairgrounds, 801 S Street in Ord, Nebraska

Register at the Nebraska Extension Office in person or call (308) 728-5071.

Cost: \$10 per person

Presenter: Kayla Hinrichs, Extension Educator

No registrations will be taken at the door due to the nature of having enough food and handouts. Registration and payment due by November 1, 2019.

Questions: call Kayla Hinrichs at 308.728.5071

