Get your speeches and PSAs ready!!! Individuals may participate in both the speech and PSA divisions of the public speaking contest. PSAs must be electronically submitted (emailed) to the office for the county contest.

The top three contestants in each of the junior, intermediate and senior divisions of both speech and PSA categories will be eligible to represent Cedar County at the District Public Speaking Contest on Friday, May 31st, at WSC in Wayne. Guidelines are listed on the chart below for events eligible at the Cedar County level. Note: 4-H age is based on your age before January 1st. Visual aids and props are NOT allowed in Junior, Intermediate, and Senior Division Speeches.

<table>
<thead>
<tr>
<th>Division</th>
<th>4-H Age Guidelines before January 1st</th>
<th>Time Guideline</th>
<th>Special Guidelines</th>
<th>Rewards at Cedar County Contest</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clover Kids</td>
<td></td>
<td>under 3 minutes</td>
<td>May recite a poem, chant, read or tell a story.</td>
<td>Cedar County event only. Clover Kid Ribbon &amp; Certificate given to each participant.</td>
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<tr>
<td>Novice Speech</td>
<td>8 - 11 First Time</td>
<td>under 3 minutes</td>
<td>Never competed in a contest before (except for Clover Kid). May recite a poem, chant, read or tell a story, at the Cedar County Public Speaking Contest, only.</td>
<td>Cedar County event only. Ribbon &amp; Certificate given to each participant. Top individual receives a medal.</td>
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<tr>
<td>Junior Speech</td>
<td>❖ 8 - 10</td>
<td>1 to 3 minutes</td>
<td>Original Speech with 4-H as the major component.</td>
<td>Ribbon &amp; Certificate given to each participant. Top individual receives a medal. Top 3 eligible for Regional competition.</td>
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<tr>
<td>Intermediate Speech</td>
<td>❖ 11 - 13</td>
<td>3 to 5 minutes</td>
<td>Original Speech with 4-H as the major component.</td>
<td>Ribbon &amp; Certificate given to each participant. Top individual receives a medal. Top 3 eligible for Regional competition.</td>
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<tr>
<td>Senior Speech</td>
<td>❖ 14 - 18</td>
<td>5 to 8 minutes</td>
<td>Original Speech with 4-H as the major component.</td>
<td>Ribbon &amp; Certificate given to each participant. Top individual receives a medal. Top 3 eligible for Regional competition.</td>
</tr>
<tr>
<td>Junior Radio PSA</td>
<td>❖ 8 - 10</td>
<td>60 seconds</td>
<td>Original PSA must promote 4-H (Theme - “Inspire Kids to Do”), include tag line, and be general enough to be used anywhere in Nebraska. The PSA’s must be submitted electronically using.wav or .mp3 audio formats. May use sound effects.</td>
<td>Ribbon &amp; Certificate given to each participant. Overall top individual of Junior, Intermediate, and Senior divisions combined receives a medal. Top 3 eligible for Regional competition.</td>
</tr>
<tr>
<td>Intermediate Radio PSA</td>
<td>❖ 11 - 13</td>
<td>60 seconds</td>
<td>Original PSA must promote 4-H (Theme - “Inspire Kids to Do”), include tag line, and be general enough to be used anywhere in Nebraska. The PSA’s must be submitted electronically using.wav or .mp3 audio formats. May use sound effects.</td>
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</tr>
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</table>

Divisions in which participants may qualify for the District Public Speaking Contest

Return registration form or email this information to the Extension Office by April 22nd at 9:00 a.m.

4-H Public Speaking Contest Registration

Monday, April 22nd, at 6:30 p.m. in the Cedar County Extension Office/Annex Meeting Room
(Location subject to change based on number of participants)

<table>
<thead>
<tr>
<th>Name</th>
<th>Division</th>
<th>Topic/Title</th>
<th>Speech or PSA</th>
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<tbody>
<tr>
<td></td>
<td>(Clover Kid, Novice, Jr., Int., Sr.)</td>
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Parents give permission for photograph of member to be used in publications, web sites or news articles pertaining to 4-H Public Speaking activities.

Parent Signature
4-H Public Speaking Contest

**Purpose:**
Public speaking helps teach youth a life skill that is beneficial for a lifetime in their personal and professional lives by developing their communication skills. Youth learn how to organize and prepare a speech. They develop self-confidence by learning how to present themselves to others and acquire speech delivery skills. Parents and speech coaches are encouraged to help the 4-H member with the speech, but parents or others should NOT write the speech for you. Youth should also not copy what others have written.

**Speech & PSA Rules & Regulations:**
Youth must be currently enrolled in 4-H. Guides to preparing great speeches and PSA’s, and score sheets, can be found on our Cedar County 4-H Contests webpage. The speech and PSA must be the original work of the presenter.

**Speeches** - must be original and include 4-H as the major component of the speech.

Many speakers in the Public Speaking Contest have given speeches in other contests. This is fine; however, previous speeches may not be used verbatim for the 4-H contest. It is okay to use the same ideas from a speech previously delivered in competition, but it must be 4-H related. Enough changes should be made to make that speech new to the speaker and the audience. 4-H public speakers may not use an old speech written by a sibling, other 4-H member, or anyone else. No team speeches are allowed.

Use of visual aids and props are not allowed. The presentation contest is designed for that type of presentation. Dress appropriately. Do not wear costumes or special effect clothing.

Be sure to acknowledge your sources of information if quoting directly. For example, an article from a magazine may be used for reference but should not be quoted directly unless you tell the audience your source.

Judges will deduct three points from the contestant’s speech score for each 30 seconds under or over the time limit. (Senior division only.)

**District Speech Contest** - Youth participating in the speech category may compete in any of the District 4-H Contests, but may only participate in ONE district. District Contest locations include North Platte, Wayne on May 31st, Lincoln, and the Panhandle via Zoom. Each county may send three qualifying individuals in each speech and PSA divisions. All divisions except Clover Kid and Novice must include 4-H as a major component of the speech.

**PSA’s - The 2019 PSA theme is “Inspire Kids to Do”.** All 4-H PSA’s must include the following tag line within the last ten seconds of the PSA: “Learn more about the Nebraska Extension 4-H Youth Development Program at 4h.unl.edu.” The tag line is included in the 60 second time limit.

All radio PSA’s must promote 4-H and be general enough to be used anywhere in Nebraska at any time of the year. Please use .wav or .mp3 audio formats. Contestants may not use the PSA’s written and provided by the state or national staff. Sound effects and public domain music may be used. Copyrighted material may not be used.

All PSA’s are 60 seconds in length and must be the original work of the presenter. All PSA’s will use the state theme as the basis for their PSA. No team PSA’s are allowed. For the Cedar County competition please submit electronically to our office by noon on April 22nd. PSAs will be judged prior to the contest, but played during it.

**PSA District & State Contest** - Radio PSA’s must be submitted electronically along with the registration form two weeks prior for the District Contest. Please use .wav or .mp3 audio formats when recording your PSA. Copy of PSA text no longer required. All contestants in the 60 second PSA category must compete in their designated district contest.

**State 4-H Speaking Contest**
Senior Division Speech and PSA winners from district contests will advance to state competition. Youth may participate in both divisions at the state level. Radio PSAs will be forwarded to the Nebraska Rural Radio Network for use on their three radio stations.

The state contest will be held in Grand Island during the Nebraska State Fair. Those who qualify for the state contest in the Speech Division must be present at the State Contest to be eligible for cash awards and scholarships. For more information on the State Speech Contest you may check the Nebraska 4-H website at http://4h.unl.edu/public-speaking.

Previous state winners in speech or radio PSA’s are no longer eligible to compete at the district contest in the category won at the State contest.