



4-H Public Speaking Contest
Monday, April 18, 2022 at 6:30 p.m.
Cedar County Extension Office/Annex Meeting Room
(Location subject to change based on number of participants)



Get your speeches and PSAs ready!!! Individuals may participate in both the speech and PSA divisions of the public speaking contest. PSAs must be electronically submitted (emailed) to the office for the county contest.

The top five contestants in each of the intermediate and senior divisions of both speech and PSA categories will be eligible to represent Cedar County at the State Public Speaking Contest on Friday, June 24, 2022, in Lincoln. **Guidelines are listed on the chart below for events eligible at the Cedar County level.** Note: 4-H age is based on your age as of January 1st. Visual aids and props are NOT allowed in Junior, Intermediate, and Senior Division Speeches.

Division	4-H Age Guidelines before January 1st	Time Guideline	Special Guidelines	Rewards at Cedar County Contest
Clover Kids	5 - 7	under 3 minutes	May recite a poem, chant, read or tell a story.	Cedar County event only. Clover Kid Ribbon & Certificate given to each participant.
Novice Speech	8 - 11 First Time	under 3 minutes	Never competed in a contest before (except for Clover Kid). May recite a poem, read or tell a story, at the Cedar County Public Speaking Contest, only.	Cedar County event only. Ribbon & Certificate given to each participant. Top individual receives a medal.
Junior Speech	8 - 9	1 to 3 minutes	Original Speech with 4-H as the major component.	Cedar County event only. Ribbon & Certificate given to each participant. Top individual receives a medal.
Intermediate Speech	❖ 10 - 13	3 to 5 minutes	Original Speech with 4-H as the major component.	Ribbon & Certificate given to each participant. Top individual receives a medal. Top 5 eligible for State competition.
Senior Speech	❖ 14 - 18	5 to 8 minutes	Original Speech with 4-H as the major component.	Ribbon & Certificate given to each participant. Top individual receives a medal. Top 5 eligible for State competition.
Junior Radio PSA	8 - 9	60 seconds	Original PSA must promote 4-H (Theme - "Opportunity 4 All"), include tag line, and be general enough to be used anywhere in Nebraska. The PSA's must be submitted electronically using .wav or .mp3 audio formats. May use sound effects.	Cedar County event only. Ribbon & Certificate given to each participant. Overall top individual of Junior, Intermediate, and Senior divisions combined receives a medal at our county contest.
Intermediate Radio PSA	❖ 10 - 13	60 seconds	Original PSA must promote 4-H (Theme - "Opportunity 4 All"), include tag line, and be general enough to be used anywhere in Nebraska. The PSA's must be submitted electronically using .wav or .mp3 audio formats. May use sound effects.	Ribbon & Certificate given to each participant. Overall top individual of Junior, Intermediate, and Senior divisions combined receives a medal at our county contest. Top 5 eligible for State competition.
Senior Radio PSA	❖ 14 - 18	60 seconds	Original PSA must promote 4-H (Theme - "Opportunity 4 All"), include tag line, and be general enough to be used anywhere in Nebraska. The PSA's must be submitted electronically using .wav or .mp3 audio formats. May use sound effects.	Ribbon & Certificate given to each participant. Overall top individual of Junior, Intermediate, and Senior divisions combined receives a medal at our county contest. Top 5 eligible for State competition.

❖ Divisions in which participants may qualify for the State Public Speaking Contest

Return registration form or email this information to the Extension Office by April 13th by 4:00 p.m.

4-H Public Speaking Contest Registration

Monday, April 18th, at 6:30 p.m. in the Cedar County Extension Office/Annex Meeting Room

(Location subject to change based on number of participants)

<u>Name</u>	<u>Division</u>	<u>Topic/Title</u>	<u>Speech or PSA</u>
	<small>(Clover Kid, Novice, Jr., Int., Sr.)</small>		
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Parents give permission for photograph of member to be used in publications, web sites or news articles pertaining to 4-H Public Speaking activities.

Parent Signature

4-H Public Speaking Contest

Purpose:

Public speaking helps teach youth a life skill that is beneficial for a lifetime in their personal and professional lives by developing their communication skills. Youth learn how to organize and prepare a speech. They develop self-confidence by learning how to present themselves to others and acquire speech delivery skills. Parents and speech coaches are encouraged to help the 4-H member with the speech, but parents or others should NOT write the speech for you. Youth should also not copy what others have written.

Speech & PSA Rules & Regulations:

Youth must be currently enrolled in 4-H. Guides to preparing great speeches and PSA's, and score sheets, can be found on our Cedar County 4-H Contests webpage. The speech and PSA must be the original work of the presenter.

Speeches – must be original and include 4-H as the major component of the speech.

Many speakers in the Public Speaking Contest have given speeches in other contests. This is fine; however, previous speeches may not be used verbatim for the 4-H contest. It is okay to use the same ideas from a speech previously delivered in competition, but it must be 4-H related. Enough changes should be made to make that speech new to the speaker and the audience. 4-H public speakers may not use an old speech written by a sibling, other 4-H member, or anyone else. No team speeches are allowed.

Use of visual aids and props are not allowed. The presentation contest is designed for that type of delivery. Dress appropriately. Do not wear costumes or special effect clothing.

Be sure to acknowledge your sources of information if quoting directly. For example, an article from a magazine may be used for reference but should not be quoted directly unless you tell the audience your source.

All divisions except Clover Kid and Novice must include 4-H as a major component of the speech. Clover Kids and Novice (first time 4-H age speech contestant) may recite a poem, chant, prayer, read or tell story.



PSA's - The 2022 PSA theme is "Opportunity 4 All". All radio PSA's must promote 4-H and be general enough to be used anywhere in Nebraska at any time of the year. All 4-H PSA's must include the following tag line within the last ten seconds of the PSA: ***"Learn more about the Nebraska Extension 4-H Youth Development Program at 4h.unl.edu."*** The tag line is included in the 60 second time limit.

Please use .wav or .mp3 audio formats. Contestants may not use the PSA's written and provided by the state or national staff. Sound effects and public domain music may be used. Copyrighted material may not be used.

All PSA's are 60 seconds in length and must be the original work of the presenter. All PSA's will use the state theme as the basis for their PSA. No team PSA's are allowed. **For the Cedar County competition please submit electronically to our office by 9:00 am on April 18th.** PSAs will be judged prior to the contest but played during it. Youth will introduce themselves to the audience before the playing of their PSA.

State 4-H Public Speaking Contest

The top 5 individuals in both the intermediate and senior divisions of the speech and PSA categories will be eligible to advance to the state competition. Youth may participate in both categories at the state level. The state contest will be held in Lincoln on Wednesday, June 24, 2022.

Those who qualify for the state contest in the Speech Division must be present at the State Contest to be eligible for cash awards and scholarships. For more information on the State Speech Contest, you may check the Nebraska 4-H website at <http://4h.unl.edu/public-speaking>.

The top 5 contestants from each age division of the state contest will be invited to showcase their speeches at the Nebraska State Fair. The top 5 PSAs from each age division will be played at the Raising Nebraska building during the State Fair.

Previous state winners in speech or radio PSA's are no longer eligible to compete in the state contest.