



## Cedar County Favorite Food Revue Score Sheet

Name \_\_\_\_\_ Age \_\_\_\_\_

Division: **Junior** (ages 8–11)    **Intermediate** (ages 12-13)    **Senior** (ages 14-18)

	Comments
<p><b><u>Food Preparation</u></b> Appropriate for age, ability, interest. Knows procedures for preparing food. Understands principles of food preparation.</p>	
<p><b><u>Menu Planning</u></b> Food fits the meal/occasion. Variety in: texture, flavor, color, shape, temperature and Food Groups (nutrients).</p>	
<p><b><u>Meal Management</u></b> Understands time management of meal. Knows approximate cost of food and meal. Knows skills needed to manage this meal.</p>	
<p><b><u>Nutrition</u></b> Knows nutritional contribution of food choices in the meal. Understands how meal fits daily food guide. Knows ways to vary nutritional contribution.</p>	
<p><b><u>Table Setting</u></b> Attractive: appropriate for meal and occasion. Realistic: correctly arranged. Centerpiece and table covering appropriate.</p>	
<p><b><u>Food</u></b> Appearance – color, shape, flavor, texture. Recipe is included</p>	
<p><b><u>Display and Presentation</u></b> Overall effect coordinates with theme. Includes menu for meal.</p>	

Cedar County 2011

Ribbon Placing \_\_\_\_\_



Extension is a Division of the Institute of Agriculture and Natural Resources at the University of Nebraska-Lincoln cooperating with the Counties and the United States Department of Agriculture.

The 4-H Youth Development program abides with the nondiscrimination policies of the University of Nebraska-Lincoln and the United States Department of Agriculture.