

Consider the following when planning your exhibit:

The Food - 25%

Does it have appetite appeal?  
Is the flavor pleasing?  
Is the texture appropriate to the food?  
Is the quality high for the product displayed?

The Menu - 25%

Does the meal contribute adequately to total daily needs?  
Are the flavors and colors pleasingly combined?  
Is it suitable for the occasion and the favorite food?

The Table Service - 25%

Is the overall effect (dishes, food, centerpieces, table cover) pleasing?  
Are the dishes and silver suitable for menu?

The Participant - 25%

Is the participant:  
well groomed  
appropriately dressed  
answers questions appropriately

Does the participant show an understanding of:

time management  
food preparation  
meal planning  
daily food needs

For additional material on menu writing and meal planning contact Nebraska Extension in Cedar County at 254-6821 or visit our Cedar County 4-H webpage under the 4-H Contests tab and view "Procedures & Guidelines" under Favorite Food Revue. Within this resource is guidelines as to how to design and set a table, and how to write a menu and recipe.



Extension is a Division of the Institute of Agriculture and Natural Resources at the University of Nebraska-Lincoln cooperating with the Counties and the United States Department of Agriculture.

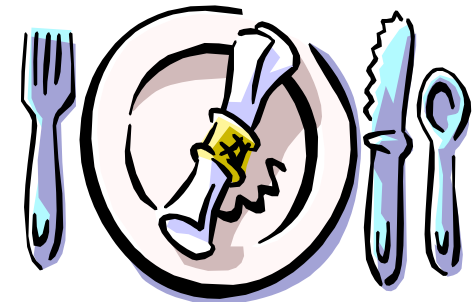
The 4-H Youth Development program abides with the nondiscrimination policies of the University of Nebraska-Lincoln and the United States Department of Agriculture.



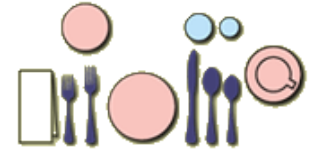
# Favorite Food Revue

Tuesday, May 28  
Hartington City Auditorium Basement  
6:00 p.m.

All Clover Kids and 4-H members are welcome to participate



# Rules for Favorite Food Revue



Tuesday, May 28 6:00 pm Hartington City Auditorium Basement

1. Prepare a centerpiece and place setting for one person on a card table.  
(Bring your own card table.) You may use a place mat or tablecloth. A large tablecloth can be folded to fit. You do not have to use best china. Settings may be plastic, etc. The emphasis is placed on how well they go together and how appropriate for the occasion of the meal.
2. The favorite food may be displayed as the whole dish or as one serving. Select and prepare a favorite recipe. A microwave will be available to heat food before judging.
3. Plan a menu which will include the favorite food. Indicate what kind of meal (family supper, Sunday dinner, children's party, etc.). (*Clover Kids - may omit this step*)
4. Write or type menu on a 4 x 6 card, using correct menu writing format. (*Clover Kids - may omit this step*)
5. Write or type recipe on a 4 x 6 card. Members must do their own cards. (*Clover Kids - may omit this step*)
6. Have your display in place by 5:55 p.m. so judging may begin promptly. Set up time begins at 5:30. Parents and leaders may assist in carrying in articles for display, but 4-H members are to set up the display themselves.
7. Each contestant will be interviewed (at your table) by the judge for about five minutes. Questions may include planning the menu, nutrients in favorite food, place setting, etc. (See Score Card)
8. Contest is divided into four classes: Clover Kid (5 - 7 year olds), Junior (8 - 10 year olds), Intermediate (11-13 year olds), and Senior (14 years and older).
9. Ribbons will be awarded at the conclusion of the Favorite Food Revue at approximately 7:45.



**Clover Kids** will select a theme and display one place setting: including table cover, dinnerware, glassware, flatware, napkin, centerpiece, and one serving of favorite food.

Clover Kids are not required to prepare a menu or recipe card. The purpose of this event is for them to learn to set a table properly.

## Public Sample Line (Optional Opportunity)

If your recipe lends itself to be shared we encourage you to participate in the Public Sample Line following the contest at approximately 7:30 (setup 7:15). Contestants bring sample sized portions of their exhibit for others to try, submit an electronic version of their recipe to be distributed, and must be present to share and answer questions about their exhibit. Please think about how you will serve your samples. Copies of your recipe, small plates and napkins will be provided for those tasting!

✂-----

Name \_\_\_\_\_ Age 1/1/24 \_\_\_\_\_

Division: **Clover Kid** \_\_\_\_\_ **Junior** \_\_\_\_\_ **Intermediate** \_\_\_\_\_ **Senior** \_\_\_\_\_

Will you be participating in the Public Sample Line? \_\_\_\_\_ Yes \_\_\_\_\_ No

**(Don't forgot to submit an electronic copy of your recipe IF you are participating in sample line.)**

Entries must be received by **Thursday, May 23<sup>rd</sup>** to the Cedar County Extension Office via phone, mail or electronically. Score sheet and guideline resources can be found on the Cedar County 4-H Contests webpage.