



**Nebraska Extension – Cedar County**, 101 E. Centre, PO Box 368, Hartington, Nebraska 68739  
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Cedar County 4-H Website: [www.cedar.unl.edu](http://www.cedar.unl.edu) then click on Cedar County 4-H in the red navigation menu

Nebraska 4-H Website: <http://4h.unl.edu>

## Important Dates

- April 24** – Mobile Food Pantry
- April 27** – 4-H Rocketry Class
- May 20** – CPR/First Aid Training
- May 21** – Livestock YQCA Trainings
- May 22** – Building Better Babysitters Clinic
- May 25** – Buckets of Bloom Workshop
- May 28** – Presentations Contest
- May 28** – Favorite Food Revue
- May 30** – Makerspace Day at Randolph
- June 1** – Horse Level Testing & State Horse Show Entries Due
- June 3** – Clover Kid Day Camp
- June 6** – Project Day
- June 10** – Beginning Sewing Pillowcase Workshop
- June 11** - Livestock YQCA Training (final in-person)
- June 12** – Crochet Workshop
- June 13** – Virtual Bee Workshop
- June 13** – Foods Workshop – Pies
- June 13 & 14** – Clover Kids Art Spectacular Workshop
- June 15** – All Livestock Pre-Entry/ ID Forms DUE & YQCA Training Complete
- June 15** – Clover Kid Pre-Entry Forms Due
- June 15** – Last day to enroll on 4HOnline to exhibit at fair

## Save the Dates

**Pre-Fair Day**  
**July 13, 2024**  
**Cedar County Fair**  
**July 17-21, 2024**

**The 2024 Fairbook (4-H/FFA Exhibitor’s Guide) can be picked-up at the Extension Office or can also be viewed online under the Cedar County 4-H menu tab “Fairbooks & Scoresheets”**

## **Have you paid your 4-H Dues?**

**Attention!** A friendly reminder, if you have not paid your 4-H membership dues please do so as soon as possible. Dues are \$5 per child, unless enrolled in the horse project then it is \$6. Please make checks payable to the Cedar County 4-H Council. You can drop it off at our office, the courthouse drop box, or mail to the address in the heading above.

## Rocketry Class

A great opportunity to learn how to build a rocket and see large rockets in action on Saturday, April 27 at Haskell Ag Lab, Concord. See attached flyer for more information.

**Livestock  
Quality  
Assurance**



## YQCA Trainings – Save the Date

The following dates have been set for YQCA trainings. Be sure to complete the pre-test. See attached flyer for more information and how to register.

**Tuesday, May 21 – 9:00 a.m. and 1:30 p.m.**

**Tuesday, June 11 – 9:00 a.m.**

All 4-H aged youth 8-18 (Clover Kids are exempt) enrolled in livestock projects (beef, dairy, goat, poultry, rabbit, sheep, and swine) are required by Nebraska 4-H to complete an annual quality assurance training through Youth for the Quality Care of Animals (YQCA).

**Check our 4-H Programs & Events webpage periodically for upcoming workshops, as we will post new flyers as events are planned.**

**A list of Progress Shows, Clinics and other state wide opportunities can be found at the bottom of our 4-H Programs & Events webpage.**

## 4-H Shooting Sports Instructor Certification Workshop Offered in Albion April 13-14

Certified Instructors needed to assist with the Shooting Sports programs, shotgun and archery. If willing to help, please contact the Extension Office.

### **Building Better Babysitters Clinic**

Wednesday, May 22<sup>nd</sup> at the Hartington City Auditorium  
10:00 am – 3:30 pm for youth ages 10 & older  
Class limited to first 20 registers. See attached flyer.

### **Summer Contests on May 28 – PLAN AHEAD!**

#### **Favorite Food Revue**

This contest is a fun way to help youth learn how to properly set a table, plan nutritious meals, express creativity in choosing a theme, and express knowledge of food, nutrition, and food safety. See attached flyer for rules.

#### **Demonstration/Presentation Contest**

Through this contest youth demonstrate their knowledge on how to make or do something. They learn skills in organizing and delivering a presentation. See attached flyer for rules.

Clover Kids and 4-H aged youth are eligible to participate in both contests. Try your hand at one or both contests. Resources can be found on the Cedar County 4-H Contests webpage.



## 2024 County Photography Theme Favorite Places in Cedar County

4-H members enrolled in levels 1, 2, or 3 of Photography are invited to participate in the county project and exhibit a photo showing their "Favorite Place in Cedar County".

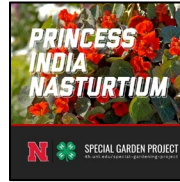
## 2024 County Challenge

### **Buckets of Bloom**



4-H members and Clover Kids are invited to plant whatever you want in a 5-gallon bucket with drain holes and add beauty to the Cedar County Fairgrounds. A workshop will be held on Saturday, May 25 at the Hartington City Auditorium Basement. See attached flyer for more information.

## 2024 Special Garden Project Princess India Nasturtium



The 2024 Special Garden Project will focus on Princess of India Nasturtium. This Victorian-era heirloom flower provides a splash of color from its scarlet flowers and much of the plant can be eaten. Seed packets can be picked-up at the office for those who ordered them.

## 2024 Special Agronomy Project Sugarbeets

Visit [go.unl.edu/specialagronomy](http://go.unl.edu/specialagronomy) to learn more about the sugarbeet project. Youth participating will receive resources to grow the crop, research traits of the crop and determine the viability of that crop in the part of the state they live. Seeds are at the office for the families that ordered them.



## 4-H Family Night Thank You!!



**A HUGE THANK YOU** to all who helped make Family Night a success!! It was a very informative evening and a great way to promote the 4-H program.

The Hartington City Auditorium was a buzz on Tuesday evening, March 12, as approximately 175 prospective and current 4-H members and their families were able to investigate the many aspects of 4-H through informational booths during a 4-H open house. Cedar county's seven 4-H clubs and an independent family helped the Extension Office direct eighteen booths in which families learned about exhibiting static and livestock exhibits at the Cedar County Fair and State Fair, importance of paperwork and observing deadlines, what is a Clover Kid's options, Ag Innovators, this year's county projects and workshops, how to exhibit rocketry, photography, sewing, horticulture, and participation in the 4-H Public Speaking, Favorite Food Revue, Presentations, and Fashion Show contests. They also learned about the 4-H Shooting Sports shotgun and archery programs, live bunnies were demonstrated to learn about the small animal projects, take-n-make kits handed out, and a presentation on making root beer floats. The evening was full of great information, a delicious light lunch, and a fun time was had by all. The event was sponsored by the Cedar County 4-H Council.



## **4-H Discount Tickets to Cedar County Fair Entertainment**

The Cedar County Ag Society is again offering up to 5 discounted tickets to the 4-H families for the 2024 Cedar County Fair Entertainment. With the amazing opportunity our Ag Society offers, we have a checklist for you to complete prior to receiving the discounted tickets for the fair entertainment. These tickets are a 50% discount thanks to the wonderful sponsorship of Grossenburgs and Christensen Well. We understand it is difficult to pick a time frame for the Popstand this early; however, we would like each family to commit to a shift that you will be responsible for filling. The Popstand is our one and only fundraiser each year and it takes the work of everyone in 4-H to make it happen!

Your check list includes:

- ✓ Youth enrolled in 4-H Online
- ✓ 4-H dues are paid to our Office
- ✓ Your family has signed up for a shift in the 4-H Popstand –

<https://go.unl.edu/popstandschedule2024>

*Depending on which device (mobile or computer) you use to view the schedule, the pages for each day of the fair will be located either at the top or bottom of the day's schedule.*

Upon completion of these things, send us an e-mail requesting the discount code and we will send you the code!

The discount codes will be available to 4-H families until June 15<sup>th</sup>.



### **Pop Stand Schedule**

**QR code for popstand schedule**

<https://go.unl.edu/popstandschedule2024>

### **National Volunteer Week April 21-27**

ServeNebraska invites you to apply for a Youth Service Grant to engage Nebraska youth in completing a community service project during National Volunteer Week! Application deadline is Febr 13. For more information and an application visit <https://www.serve.nebraska.gov/volunteer-week/application.html>

### **Available for Check-Out**

**Poultry American Standard of Perfection 44<sup>th</sup> Edition** book is available at our office for check-out to aid our poultry exhibitors in identification and showmanship presentation.



## **GRO Big Red Virtual Learning Series**

A free webinar series via zoom every 2<sup>nd</sup> Wednesday of the month from 12:00 noon – 1:00 in which to learn from the experts on topics about gardening and lawn care. For more information visit <https://hles.unl.edu/grobired>.

## **Computer Science Summer Camp**

The Jeffrey S. Raikes School of Computer Science at UNL is now accepting applications for a summer learning opportunity July 14-27 for high school students. For more information visit <https://raikes.unl.edu/summer-camp/> Applications due May 6<sup>th</sup>.

## **Livestock Achievement Program**



The Livestock Achievement Program is designed to promote all educational aspects of 4-H livestock projects including selection, production, leadership, and exhibition by recognizing youth striving to improve in their livestock project knowledge and leadership. The program recognizes Members of Excellence across all 4-H livestock project areas, including: beef, sheep, meat goat, swine, dairy cattle, dairy goat, rabbit, and poultry. For more information visit <https://4h.unl.edu/livestock-achievement>. Applications are due June 15.

## **State Fair Livestock Nominations**

Show Stock Manager is open for families at <https://showstockmgr.com/> to begin nominating their state fair livestock. The 2024 Step-by-Step Nomination Instructions can be found at <https://4h.unl.edu/livestock-id>.

## **Big Red Camps**

Join us for an immersive and empowering college and career ready experience through Big Red Camps 2024! Whether you're exploring potential career paths, preparing for college admissions, or seeking guidance on how to navigate the professional world, our camp provides the tools and resources you need to succeed. Incoming freshmen through seniors during the 2024-25 school year are welcome. We guarantee an unforgettable experience filled with learning and fun! For more information and to register, visit our website [4h.unl.edu/big-red-camps](https://4h.unl.edu/big-red-camps) or contact us at [BigRedCamps@unl.edu](mailto:BigRedCamps@unl.edu). Deadline for Big Red Summer Academic Camp Early Registration Discount is April 5.



## **Congratulations to the Cedar County 4-H Public Speaking Contest Participants**



Public speaking contests help youth develop skills for communicating to audiences, learn how to organize and prepare a speech, develop speech delivery skills, learn how to present themselves to others, and develop self-confidence.

Twenty-nine 4-H members were awarded ribbons at the 2024 Cedar County 4-H Public Speaking Contest held on Monday, April 1, at Trinity Lutheran Church. Participants were able to present a speech and/or a recorded PSA and/or multimedia video.

Speeches were presented in five speech divisions: Clover Kid, Novice, Junior, Intermediate, and Senior.

Clover Kids, youth ages 5-7, participate in a non-competitive fashion by reciting a poem, chant, read or tell a short story and receive a rainbow ribbon. Participants in the Clover Kid Division included: Brooklyn Heimes, daughter of Steve & Julie Heimes of Wynot, singing "You Are My Sunshine"; Robbie Wuebben, son of Anne & Craig Wuebben of Fordyce, recited the "Pledge of Allegiance"; Emily Feilmeier, daughter of Kacie & Dave Feilmeier of Hartington, recited the story "Book Dog"; Lincoln Saylor, son of Jane & Matt Saylor of Hartington, recited the poem "Eggs"; Harley Tanderup daughter of Alicia & Carl Tanderup of Hartington, recited "Advice from a Unicorn"; River Randall, son of Whitney Conaway of Laurel, recited the "Pledge of Allegiance"; Ethan Brodersen, son of John & Tammi Brodersen of Hartington, recited the poem "Jack and Jill"; Wyatt Benscoter, son of Brittini & Louis Benscoter of Hartington, read the book "There's No Place Like Space"; Jordy Feilmeier daughter of Jeff & Taylor Feilmeier of Hartington, recited the "Days of the Month" poem; and Levi Mann, son of Austin & Kayla Mann of Hartington, read the story "I Like Soup".

In the Novice Speech Division, youth ages 8-11, who have never competed in the 4-H speech contest except as a Clover Kid, may recite a poem, read, or tell a story. Participants in the Novice Division included: Eliza Feilmeier, daughter of Dave & Kacie Feilmeier of Hartington, recited the poem "Rude Rudy Reese" and received a blue ribbon; Cara Saylor, daughter of Matt & Jane Saylor of Hartington, received a blue ribbon for her recitation of "Ice Cream"; Rayne Conaway, daughter of Whitney Conaway of Laurel, received a blue ribbon for reciting "Down By the Bay"; Rowen Conaway, daughter of Whitney Conaway of Laurel, recited "Kindness" and received a blue ribbon; Grace Brodersen, daughter of Tammie & John Brodersen of Hartington, received a blue ribbon for her recitation of "April Fools Day"; Adam Miller, son of Becky & Lucas Miller of Randolph, received a purple for reciting "The Cold Wet Calf"; Kate Brodersen, daughter of John & Tammie Brodersen of Hartington, recited the poem "Five Little Flowers" and received a purple ribbon; Eli Miller, son of Lucas & Becky Miller of Randolph, received a blue ribbon for reciting the story of "Standing Bear"; Lauren Miller, daughter of Becky & Lucas Miller of Randolph, received a purple ribbon and the Novice Speech Division Champion Medal for her recitation of the story "A Biography".

In the Junior Speech Division, youth ages 8-10 write an original speech 1-3 minutes long about an aspect of 4-H. Participants in the Junior Division included: Clara Winkelbauer, daughter of Katie & Chad Winkelbauer of Coleridge, received a purple ribbon for her speech entitled "Not All Cows Are the Same"; Clara Wuebben, daughter of Anne & Craig Wuebben of Fordyce, receive a blue ribbon for her speech entitled "Spoonfuls of Memories"; Sawyer Tanderup, son of Alicia & Carl Tanderup of Hartington, received a blue ribbon for reciting his speech entitled "Raising My Bucket Calf- Brownie"; Alma White, daughter of Laura & Anthony White of Laurel, received a purple ribbon for her speech entitled "Things I Learned Showing Animals"; and Levi Steffen, son of Jackie & Brad Steffen of Hartington, received a purple ribbon and the Junior Speech Division Champion Medal for his speech entitled "Green Kingdom".

In the Intermediate Speech Division, youth ages 11-13 Stella Graham, daughter of Melissa & Jonathan Graham, wrote an original 3-5 minute speech entitled "These Are a Few of My Favorite Things". Stella received a purple ribbon.


In the Senior Speech Division, youth ages 14-18 Ava Stewart, daughter of Laura & Austen Stewart, wrote an original prepared speech 5-8 minutes long entitled "Weaning Methods for Calves". Ava received a purple ribbon.

4-H members were also able to participate in a Radio Public Service Announcement (PSA) category in which they recorded a 60 second radio spot promoting 4-H and using the theme "4-H is a Feeling!" Participating in the PSA Division were Maverick Tanderup, son of Carl & Alicia Tanderup of Hartington, received a purple ribbon, Stella Graham, daughter of Melissa & Jonathan Graham of Laurel, received a purple ribbon, and Chelsea Potts, daughter of Jackie & Lee Potts of Laurel received a purple ribbon and Overall Champion PSA Medal.

4-H members also participated in a Video Communication category in which they created a 60-90 second multi-media video around the theme "4-H is a Feeling". Video Communication participants were Elle White, daughter of Laura & Anthony White of Laurel, received a blue ribbon and Stella Graham, daughter of Jonathan & Melissa Graham of Laurel, received a blue ribbon and the Overall Champion Video Communication Medal.

The Nebraska 4-H Premier Communications Event will be held June 17 & 18 at University of Nebraska Lincoln East Campus. Those selected to represent Cedar County at the Premier Communications Event are Clara Winkelbauer, Levi Steffen, and Alma White for Junior Speech, Stella Graham for Intermediate Speech and Intermediate PSA, Ava Stewart for Senior Speech, Maverick Tanderup for Junior PSA, and Chelsea Potts for Senior PSA.

This year's judges were Sarah Beckwith and Cara Wiebelhaus who provided comments and encouragement to all the participants. The Public Speaking Contest medals were sponsored by Cedar Security Bank, Citizens State Bank, Farmers & Merchants State Bank, Farm Credit Services of American/Yankton, First Northeast Bank of Nebraska, and First State Bank of Randolph.



**EXTENSION**  
**4-H DOG INFORMATIONAL MEETING**

**Saturday, April 20, 2024**  
**10 am to Noon**  
**Haskell Ag Lab**

Nebraska Extension in Dixon County Office  
402-584-2234

Do you need help with your 4-H Dog Project? Then plan to attend this informational meeting. If you are busy that day, still us let know so we can make future plans for workshops. Please contact the office by April 16th.

2024 National Volunteer Week  
4h.unl.edu/volunteer-lunch-learn

**LUNCH & LEARN**



**Monday, April 22 @ noon CDT**  
**KEEPING THE 4-H EXPERIENCE FRESH**  
Volunteers will learn ways to keep the 4-H experience they did teach - perfect for both new and experienced volunteers. Volunteers will learn with new ideas and have the opportunity to network and share ideas with other volunteers.

**Tuesday, April 23 @ noon CDT**  
**SUPPORTING YOUTH WITH SPECIAL NEEDS**  
Volunteers will explore an overview of different strategies and best practices for reaching more inclusive environments for young people with disabilities and their resources. This session will equip 4-H club leaders to support and engage youth with all abilities.

**Wednesday, April 24 @ noon CDT**  
**LEADING A 4-H CLUB WITH YOUNGER MEMBERS**  
Thursday, April 25 @ noon CDT  
**AGES & STAGES OF YOUTH DEVELOPMENT - WHAT VOLUNTEERS NEED TO KNOW**

The April 25th session will explore the different stages of youth development and how to tailor your leadership role, lead club meetings and more.

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**4-H ROCKETRY CLASS**

**SATURDAY, APRIL 27, 2024**  
**10:00 A.M. to 12:00 P.M.**  
**HASKELL AG LAB**  
**COST: \$10 PER ROCKET KIT**  
**REGISTRATION DEADLINE: APRIL 18TH**

**REGISTRATION LINK**



ATTENTION! YOU'RE HERE IS A GREAT OPPORTUNITY TO SEE LARGE ROCKETS IN ACTION ON SATURDAY, APRIL 27TH. THERE WILL BE A CLASS ON HOW TO BUILD A ROCKET. THE ROCKETS WILL BE LAUNCHED THAT AFTERNOON AT THE HASKELL AG LAB AND PARTICIPANTS WILL GET WATCH LARGER ROCKETS AS WELL. A GREAT OPPORTUNITY TO GET A 4-H ROCKET PROJECT STARTED EARLY AND TO LEARN MORE ABOUT ROCKETRY. PLEASE BRING SACK LUNCHES. HOPE TO SEE YOU THERE! FOR MORE INFORMATION ABOUT THE LIVE ROCKET LAUNCH, PLEASE VISIT THIS WEBSITE AT [HTTPS://WWW.NEBASKAROCKETRY.COM](https://www.nebraskarocketry.com).

BOUGHT TO YOU BY:  
**THE REGISTRATION CENTER FOR ROCKETRY**  
**EXTENSION**



**EXTENSION**  
Cedar County

1011 Center, PO Box 386 | Harney, NE 68729 | 402-564-6801 | <https://www.unl.edu>

**Livestock Quality Assurance Training & Herdsmanship Clinic**  
*(Days-Off-ice Instructor-led training)*

**Tuesday, May 21 - 9:00 am & 1:30 pm**  
**Tuesday, June 11 - 9:00 am**  
**at the Harney City Auditorium Basement**



Herdsman 4-H requires all youth enrolled in livestock projects (beef cattle, dairy cattle, goat, poultry, swine, sheep, and horses) to complete the Livestock Quality Assurance (LQA) program. This program is a national multi-species quality assurance program focused on three core pillars: food safety, animal welfare, and character development.

**Cost of instructor-led training is \$3**  
You will need to register online and pay this fee with a credit card BEFORE the training session in order for us to complete the course.

**2+ credits will be given for completion.**  
There is a help video instructed-led training towards the bottom of the YQCA page on how to register. Instructions found on our 4-H webpage: <https://www.unl.edu/extension/4h/yqca>. Parents will receive a confirmation email to complete. Add all your children needing to complete. Complete the date sharing consent. Now you are ready to purchase your YQCA training. Go to the all link. Scroll down and select a training. Click "Proceed to Buy" when you are finished. The certificate course can credit card.

**Open to 4-H members ages 8-18.**

Herdsman 4-H is a Division of the Institute of Agriculture and Natural Resources at the University of Nebraska-Lincoln cooperating with the Counties and the United States Department of Agriculture. Nebraska Extension educational programs abide with the nondiscrimination policies of the University of Nebraska-Lincoln and the United States Department of Agriculture. © 2021

**EXTENSION**  
Early Childhood

**Building Better Babysitters Clinic**

**Wednesday, May 22**  
**10:00 am - 3:30 pm**  
**Hartington City Auditorium**  
**Cost \$20.00**  
**Class Size - Limit 20**  
**Bring a sack lunch.**

**Pre-register by May 15**

For more information and to register contact  
**Cedar County Extension Office**  
402-254-6821

**Facilitator: Jackie Steffen; Nebraska Extension Early Childhood Educator**

**Youth ages 10 and above are encouraged to attend.**

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# 4-H BUCKETS OF BLOOMS

## 2024 Cedar County Challenge

Plant whatever you want in a 5 gallon bucket with drain holes and add beauty to the Cedar County Fairgrounds.

County Challenge Buckets of Bloom: G770904

**SATURDAY, MAY 25, 2024**

**9:30 A.M. - 11:00 A.M.**

**CITY AUDITORIUM BASEMENT**

**OPEN TO 4-HERS AND CLOVER KIDS**

(THIS WORKSHOP IS CO-SPONSORED BY  
THE CEDAR COUNTY 4-H COUNCIL)



### WORKSHOP INCLUDES

- ✔ Gardening Tips from Local Experts
- ✔ Special Garden Project Update Princess India Nestorium
- ✔ Create a Fairy Garden Stick G770908—County Only

**COST: \$5**

To register contact the Cedar County  
Extension Office by May 20.

The University of Nebraska does not discriminate based upon any protected status. Please see [go.unl.edu/nondiscrimination](http://go.unl.edu/nondiscrimination).



# Bee Hotel Virtual Workshop

Live via Zoom

**Thursday, June 13, 2024**

**10:00 am to 12:00 noon**

For Youth Ages 8+

Cost: \$15



Get out your hammer and power drill! Construct a habitat for bees by building a structure and then drilling holes in wood blocks for the bee habitat. You will also learn why bees are important to the environment.

Registration Link: <https://go.unl.edu/4hbeehotel2024>

Registration Deadline: Friday, May 24, 2024

Kits can be picked up from the Extension Office  
starting Monday, June 3, 2024.

Kit will include:

- Pre-cut wood for bee hotel
- Wood for nesting blocks
- Nails
- Two University publications on bee hotels

Not included in the kit but needed for the workshop are:

- Hammer
- Drill and drill bits
- Safety glasses

**Fair Exhibit: Entomology H800005 Insect Habitats**

Note: a one-page report describing activities must also accompany the exhibit,  
see fairbook for details.

Virtual workshop to be conducted by Entomologist, Wayne Ohnesorg

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Consider the following when planning your exhibit:

The Food - 25%

- Does it have appetite appeal?
- Is the flavor pleasing?
- Is the texture appropriate to the food?
- Is the quality high for the product displayed?

The Menu - 25%

- Does the meal contribute adequately to total daily needs?
- Are the flavors and colors pleasingly combined?
- Is it suitable for the occasion and the favorite food?

The Table Service - 25%

- Is the overall effect (dishes, food, centerpieces, table cover) pleasing?
- Are the dishes and silver suitable for menu?

The Participant - 25%

- Is the participant:
  - well groomed
  - appropriately dressed
  - answers questions appropriately

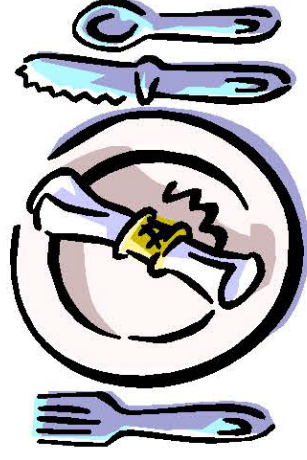
Does the participant show an understanding of:

- time management
- food preparation
- meal planning
- daily food needs

# Favorite Food Revue

Tuesday, May 28  
Hartington City Auditorium Basement  
6:00 p.m.

All Clover Kids and 4-H members are welcome to participate



For additional material on menu writing and meal planning contact Nebraska Extension in Cedar County at 254-6821 or visit our Cedar County 4-H webpage under the 4-H Contests tab and view "Procedures & Guidelines" under Favorite Food Revue. Within this resource is guidelines as to how to design and set a table, and how to write a menu and recipe.



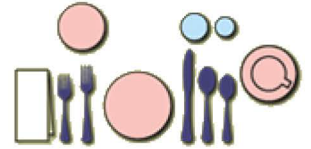
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The 4-H Youth Development program abides with the nondiscrimination policies of the University of Nebraska-Lincoln and the United States Department of Agriculture.





# Rules for Favorite Food Revue



Tuesday, May 28 6:00 pm Hartington City Auditorium Basement

1. Prepare a centerpiece and place setting for one person on a card table.  
(Bring your own card table.) You may use a place mat or tablecloth. A large tablecloth can be folded to fit. You do not have to use best china. Settings may be plastic, etc. The emphasis is placed on how well they go together and how appropriate for the occasion of the meal.
2. The favorite food may be displayed as the whole dish or as one serving. Select and prepare a favorite recipe. A microwave will be available to heat food before judging.
3. Plan a menu which will include the favorite food. Indicate what kind of meal (family supper, Sunday dinner, children's party, etc.). (Clover Kids - may omit this step)
4. Write or type menu on a 4 x 6 card, using correct menu writing format. (Clover Kids - may omit this step)
5. Write or type recipe on a 4 x 6 card. Members must do their own cards. (Clover Kids - may omit this step)
6. Have your display in place by 5:55 p.m. so judging may begin promptly. Set up time begins at 5:30. Parents and leaders may assist in carrying in articles for display, but 4-H members are to set up the display themselves.
7. Each contestant will be interviewed (at your table) by the judge for about five minutes. Questions may include planning the menu, nutrients in favorite food, place setting, etc. (See Score Card)
8. Contest is divided into four classes: Clover Kid (5 - 7 year olds), Junior (8 - 10 year olds), Intermediate (11-13 year olds), and Senior (14 years and older).
9. Ribbons will be awarded at the conclusion of the Favorite Food Revue at approximately 7:45.



Clover Kids will select a theme and display one place setting: including table cover, dinnerware, glassware, flatware, napkin, centerpiece, and one serving of favorite food.

Clover Kids are not required to prepare a menu or recipe card. The purpose of this event is for them to learn to set a table properly.

## Public Sample Line (Optional Opportunity)

If your recipe lends itself to be shared we encourage you to participate in the Public Sample Line following the contest at approximately 7:30 (setup 7:15). Contestants bring sample sized portions of their exhibit for others to try, submit an electronic version of their recipe to be distributed, and must be present to share and answer questions about their exhibit. Please think about how you will serve your samples. Copies of your recipe, small plates and napkins will be provided for those tasting!

✂-----

Name \_\_\_\_\_ Age 1/1/24 \_\_\_\_\_

Division: Clover Kid \_\_\_\_\_ Junior \_\_\_\_\_ Intermediate \_\_\_\_\_ Senior \_\_\_\_\_

Will you be participating in the Public Sample Line? \_\_\_\_\_ Yes \_\_\_\_\_ No

(Don't forgot to submit an electronic copy of your recipe IF you are participating in sample line.)

Entries must be received by **Thursday, May 23<sup>rd</sup>** to the Cedar County Extension Office via phone, mail or electronically. Score sheet and guideline resources can be found on the Cedar County 4-H Contests webpage.





# 4-H Presentation Contest

Tuesday, May 28, 2024

time to be determined based on participation, possibly 5:00 pm  
Cedar County Extension Office



## Illustrated 4-H Presentation

A live presentation given by one (1) individual or a team of two (2) individuals, with a formal talk where youth will use visual aids (such as props, posters, computer-based visuals, handouts, video, etc.) to show and tell others how to do something. Judge views the entire presentation and engages in a question-and-answer session following presentation.

- Individuals or Teams (two members) may compete. There is no separate class for teams, just different time limits. Participants may be penalized if their presentation exceeds the time limit.

### Age Divisions:

**Clover Kids – age 5-7**

**Junior – age 8-10**

**Intermediate – age 11-13**

**Senior – age 14-18**

*If team members are not in the same age division, they must compete in the age division of the oldest team member.  
Clover Kids may not team with 4-H aged youth.*

**Time limit: Junior Division – 3-5 minutes for an individual      5-7 minutes for a team**  
**Intermediate & Senior Divisions – 6-8 minutes for an individual      8-10 minutes for a team**

- All 4-H Presentations topics should be related to what the 4-H youth is learning through 4-H educational experiences. Educational resources for youth participating in the 4-H Presentations Contest can be found at <https://extension.unl.edu/statewide/cedar/4-h-contests/>.
- 4-H Presentations should include an introduction (the “why” portion of the topic), a body (the “show and tell” portion of the topic), and a conclusion/summary (the “what” portion of the topic).
- 4-H members need not be enrolled in the project area in which they are presenting.
- Dress appropriately and be enthusiastic.
- Live animals may not be used in the presentation. Alternative ways of showing information about live animals (models, videos, photos, etc.) are encouraged.
- Equipment provided includes two (2) tables, one (1) easel, PC compatible computer (including Microsoft PowerPoint) with a WiFi internet connection, and television screen. You may also provide your own computer or equipment as needed.
- Resources to help you in putting together visual aids for your presentation/demonstration can be found on our 4-H webpage under the 4-H Contests tab.

*The top five Junior, Intermediate & Senior participants receiving a purple ribbon in the Cedar County 4-H Presentations Contest are eligible to represent Cedar County at the State Premier Communication Event on June 17-18, 2024 in Lincoln. Visit <https://4h.unl.edu/premier-communication-event-rules> for rules and more information about the State Premier Communications Event.*



**Clover Kids** – a live presentation (1-3 minutes) to show and tell others how to do something.

**To register contact the Extension Office by May 23<sup>rd</sup> with name of participant, age, topic/title, division, and if individual/team presentation**  
Divisions – Clover Kid    Junior    Intermediate    Senior

# April Featured 4-H Project Idea



## Homemade Kites

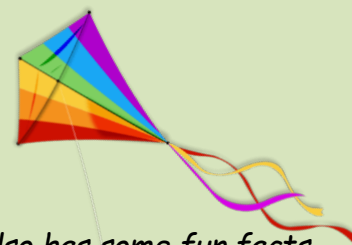
Spring is in the air, and what better way to enjoy the day, than to fly a kite. Building your own kite is a great opportunity to learn about aerodynamics, wind dynamics, and engineering as you construct your kite. Below are a couple of websites on how to make your own kite. Building a kite can be educational as well as fun. For example: what does "angle of attack" mean when flying a kite? What does it mean when your kite is a "puller" or "floater"? Experiment away!

How to build a diamond kite:

<https://www.my-best-kite.com/how-to-build-a-diamond-kite-s.html>

Science Buddies: Let's Go Fly a Kite! A Simple Sled Kite

[https://www.sciencebuddies.org/science-fair-projects/project-ideas/Aero\\_p016/aerodynamics-hydrodynamics/fly-a-kite](https://www.sciencebuddies.org/science-fair-projects/project-ideas/Aero_p016/aerodynamics-hydrodynamics/fly-a-kite) (This website also has some fun facts about kites. How was a kite instrumental in building the Niagara Falls Bridge. Check it out.)



Enter your project at the 2024 Cedar County Fair!

Rockets: H850901 Kite - must be homemade, no purchased kits

## Clover Kids

# April Featured Project Idea



## Handprint Lilies

Mom's always love a gift handmade with love from a child. With Mother's Day next month, what can you make for your mom? (Hint: mom's love a bouquet of flowers.)

Creating a bouquet of handprint lilies for Mother's Day is a heartfelt and thoughtful gift idea that any mom would cherish. Visit <https://onelittleproject.com/handprint-lilies/> for easy-to-follow step-by-step instructions and a video on making handprint lilies. Your mom will undoubtedly treasure the handmade bouquet of handprint lilies as a symbol of your love and appreciation.

Then, ask mom if you can showcase her bouquet at the Cedar County Fair!

