



NEBRASKA EXTENSION PRESENTS

WELLNESS IN TOUGH TIMES

A free webinar for rural
Nebraskans and farm
families dealing with
stress.

APRIL 23

12:00 - 1:00 P.M. (CST)

**FREE WEBINAR AT
GO.UNL.EDU/FARMSTRESSWEBINAR**

For more information on this webinar, contact
Brandy VanDeWalle at brandy.vandewalle@unl.edu
or (402)759-3712.

*Dates and locations for a separate workshop
available to agribusiness professionals and service
providers working with farmers and ranchers will be
released soon: Communicating with Farmers Under
Stress. For more information on this workshop
contact Susan Harris-Broomfield
susan.harriseunl.edu*

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