

Lend A Hand To Celebrate 112 Years of 4-H

Demonstrate the **Caring Pillar of Character** and work on developing **life skills** by participating in the Cass County 4-H Community Service project celebrating 112 years of 4-H. Item(s) can be entered in the county fair and will be delivered to Cass County Emergency Services or given to recipient of 4-Hers' choice unless otherwise indicated in the descriptions below. More information is available at www.cass.unl.edu. **Please indicate on the fair entry tag if items will be delivered by the 4-Her or Club to recipient(s) of choice.**

Colene Shrader Memorial Kidz For Kwiltz Tops (Colene Shrader was an active 4-H volunteer with an avid interest in 4-H sewing, sharing her skills with many youth. The Kurk Shrader family has generously donated \$500 in memorial money to this project yearly since 2005 - donating a total of \$5,000 over this time period through 2014!). Simple Kwilt top kits available from Extension office or sew your own with pattern and/or fabric of choice. Finish Kwiltz for donation or bring to extension office to be finished. $\frac{1}{2}$ to be donated to Sarpy County Emergency Services - Quilted Moose Quilt Shop (JoAnn Sagar) partnering and $\frac{1}{2}$ to Cass County Emergency Services or Project Linus (quilts/blankets for seriously ill and traumatized children, ages 0 - 18), Nebraska chapter.

- **Quilts of Valor for our War Wounded** Sew a Patriotic quilt top(s). Size range is 50"x60" to 72"x90" . Red, white or tan, blue fabric preferred.
- **Any Soldier Support** Information available at <http://www.anysoldier.com>. Individuals/clubs mail to recipients after the fair.
- **Dressed Bears** Bears available from Extension office or purchase your own to dress in new or near-new condition outfit. Outfits may be sewn.
- **Care & Share Baskets and Filled School Bags**
Create a **Care & Share Basket**...pack a basket for a person with age appropriate, non-perishable items. A basket must be designated for a male or female. "Basket" or container ideas: baskets, boxes, cloth sacks, plastic storage containers, paper sacks, etc. Include a tag with the name and address of the provider. Participants are encouraged to make a pretty basket using colored grass, tissue paper, decorative filler, ribbon, etc. Baskets can be painted or decorated. Gift tag should be tied to the basket handle or attached to other containers in some way. Baskets may be wrapped with cellophane or covering of your choice. Possible items to include: slippers, socks, facial tissue, perfume/cologne, gift certificates, canned food, dishtowels, hand lotion, hair brush, shampoo, magazines, books, hand towels, stationery, postage stamps, boxed greeting cards, holiday napkins, healthy pre-packaged snacks, hot cereal packets, hot drink packets, handmade crafts/room accessories, age-appropriate toys, (source: Gage County 4-H) Toiletries of all kinds especially needed: toilet paper, toothbrush, toothpaste, deodorant, etc.

Filled School Bags...suggestions: Glue sticks, scissors (blunt ended for younger kids, pointed for older ones), ballpoint pens, No. 2 pencils, colored pencils, hand-held pencil sharpener, old-fashioned large pink eraser, water-based markers, school glue, highlighters, spiral-bound or composition notebooks, three-ring binder, loose-leaf notebook paper, pocket folders, ruler with English and metric measurements, scotch tape, stapler, crayons, drawing paper, 5" x 8" container to store items, pencil case, small notebook, tissues

Meal in a Basket/Bag for local food banks....suggestion: Chicken helper with canned chicken, a few different canned vegetables, a can of fruit, drink mix or drink bottles, cookies or graham crackers
- **Child Protective Services Tote Bags** Patterns available from Extension office. Fill bag, leave empty or partially fill. *Child Protective Services* needs any type of large tote bags for children going into foster care at a moment's notice. The children usually have very few or no belongings with only a garbage bag or pillow case to use as a tote. Suggested items to include: toothpaste, pj's, socks, books, etc.
- **Activity Bags for Kids** Use any tote bag pattern. Sewing for Fun tote bag pattern available from Extension office. Fill with coloring books, crayons, quiet activities, books, etc.

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- **Pillowcases** for Pine Ridge Reservation youth in South Dakota and Conkerr Cancer youth patients in Omaha. Patterns available from Extension office. **Meet the Challenge!! 150 pillowcases needed!!**
- **Soup Jars** Jars filled with layers of soup or simple meal ingredients and made into gift jars. Jars and recipes available from Extension office or use own recipe(s).
- **Pillowcase Dresses for Little African Girls** Patterns available from Extension office. Information and patterns available at littledressesforafrica.org and www.nancysnotions.com/text/pdf/LittleDressesforAfrica
- **Fleece Scarves,Hats,** for distribution to Pine Ridge Reservation in South Dakota. Patterns available from Extension office.
- **Sewing For Babies** Baby Gowns, Receiving Blankets, Cross-Front Shirts, and Quilts for distribution to Sewing for Babies organization in Lincoln. Items are then given to premature, sick and babies in need. Patterns available from Extension office
- **Plattsmouth Animal Control Kennel Mats** Instructions available from Extension office.
- **Birdhouses for Nursing Homes** Instructions available from Extension office.
- **New! Lap Quilts and Walker Bags** for distribution to the Eastern Nebraska Office on Aging and local senior care facilities. Lap Quilts - suggested sizes: 36" x 48", 42" x 42", 48" x 56". Walker Bag instructions available from Extension office.
- **Pop Tab Collection for Ronald McDonald House** (working on our 2nd million!) Collection containers available from Extension office for individuals/clubs to put in schools, offices, businesses, etc. Visit <http://rmhc.org/>

Funding comes from the county fair silent quilt auction and the **Colene Shrader Family Memorial Kidz for Kwiltz Fund contribution of \$500 each year.** Donations of pint and quart jars, canning rings, jar lids, and/or fabric (cotton, cotton/polyester blends), quilt panels, and/or batting are appreciated. Volunteers are needed to long arm quilt or machine quilt, bind or tie the quilts. We are reaching out into the community to get others involved in community service to help us reach our goal of giving back to our communities.

Project Co-Leaders: Grace and Joan Brown

Questions? Please contact the Extension office