

4-H Impacts 1 in 2 youth in Cass County



Youth in Cass County are impacted in many positive ways through school or other organizations. Cass County 4-H is one of those organizations that impacts 1 in 2 age eligible Cass County youth. In 2018, 2,671 youth were engaged in 4-H community clubs, 4-H Science, Technology, Engineering and Math (STEM) school enrichment courses, after school activities and/or 4-H workshops. These classes invoke science inquiry which in the future translates to careers in the STEM fields for our youth. 4-H in the classroom supplements curriculum the teacher is providing students to further the mastery of the educational material. A 15% increase in youth engagement was achieved this past year using the various methods of youth engagement.

"These programs are well-planned, highly engaging, and geared to support the NE state Science standards. My students have learned a tremendous amount from participating in these programs, and I often reference that information in future lessons. The lessons are all hands-on and inquiry based, which greatly supports my curriculum." – Ann Albers, Plattsmouth Community Schools 5th grade Science Teacher

Engaging Adult Learners through Seminars and Workshops

Cass County Extension engages adult learners with seminars and workshops that are intended to educate about various needs-based topics. Medicare Part D, Grain Marketing and Nutrition Education classes are examples of adult-based learning opportunities offered by Cass County Extension. These workshops impacted over 200 adult learners who are now better informed about healthy eating habits, creating sustainability and making the proper financial and management decisions to benefit their operation. 100% of participants to particular adult classes noted that they learned something new with 75% of those participants noting that the class impacted them and were encouraged to implement what they've learned.

"I appreciate the opportunity to learn." – participant



Cass County 4-H Clubs give back to their community



Cass County 4-H Youth regard community service as one of their core responsibilities within their community 4-H Clubs. Twenty-six Cass County 4-H Clubs participate in a wide variety of community service projects such as highway cleanup, canned food drives, beautifying the Cass County Fairgrounds and making 156 jars of homemade soup mixes for area needy. Two Hundred twenty-five hours were devoted by one 4-H club towards their community service projects while hundreds more hours were spent by other Cass County 4-H Youth engaging in community service projects that benefit all of Cass County's communities.

"By varying the community service projects that we do each year, it allows the kids to touch many communities including their own, following the 4-H pledge of pledging my hands to larger service." – Heather Ackman, Hamma Lamma Slammers 4-H Club Leader