



## 2022 Cass County 4-H Public Speaking Contest Guidelines and Registration

**Sunday, April 3<sup>rd</sup> @ 2 p.m.**  
**Cass County Fairgrounds**

The 4-H Public Speaking Contest helps youth:

- develop skills for communicating about current issues to real audiences
- learn how to organize and prepare a speech
- develop speech delivery skills
- learn how to present themselves to others
- develop self-confidence

### Eligibility to compete:

- Youth must be currently enrolled in 4-H to participate in the Public Speaking contest
- Youth in the Junior, Intermediate or Senior divisions may participate in both the Speech and PSA categories
- Participants must compete as individuals – no teams are allowed
- Top five (5) purple ribbon contestants in each 4-H age division (Intermediate and Senior) in both speech and PSA categories will be selected to advance to the State Public Speaking Contest on Wednesday, June 24<sup>th</sup> on UNL's East Campus
- Registration is due Friday, March 25th
- For questions, please contact Lauren @ [lstohlmann2@unl.edu](mailto:lstohlmann2@unl.edu) or 402-267-2205

## Speech

A good resource for 4-Hers to use when planning their speech is “The Guide to Making Great 4-H Speeches”

<https://4h.unl.edu/documents/guidetomakinggreatspeeches.pdf>

4-H Division	4-H Age (age on 12/31/21)	Type (Entertain, persuade, inform)	Length	Topic
<b>Clover Kid</b>	5 – 7	Non-competitive – poem, story, reading, etc.	30 sec. – 2 min.	Any subject
<b>Junior</b>	8 – 10	Original speech	1 – 3 min	4-H related
<b>Intermediate</b>	11- 13	Original speech	3 – 5 min	4-H related
<b>Senior</b>	14 – 18	Original speech	5 – 8 min	4-H related

- For junior, intermediate and senior divisions; all speeches must be original and include 4-H as the major component of the speech
- Youth are eligible for trophies and ribbons and may advance to the state competition
- Clover Kids are allowed to give a simple speech that does not have to relate to 4-H. They may also recite a simple poem they have learned, the 4-H Pledge, etc. that is age appropriate
- 4-H public speakers may not use an old speech written by a sibling, other 4-H member, or anyone else
- Small note cards are permitted but should not be directly read from
- Acknowledge the source of information used in the speech. For example, an article from a magazine may be used for reference, but should not be quoted directly unless you tell the audience your source
- Use of visual aids and props are not allowed
- Dress appropriately. Do not wear costumes or special effect clothing
- No team speeches are allowed
- See scoresheets in “Resources” for additional judging criteria: <https://4h.unl.edu/public-speaking>

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<b>Junior</b>	8 – 10	Original speech	1 – 3 min	Any subject
<b>Intermediate</b>	11- 13	Original speech	3 – 5 min	Any subject
<b>Senior</b>	14 – 18	Original speech	5 – 8 min	Any subject

- The Cass County Division is a county-only competition. It is open to all youth in the county ages 5 - 18 as of 12/31/21
- Their speech topic does not have to relate to 4-H, but it must be an original speech
- Youth are eligible for trophies and ribbons

## PSA

A good resource for 4-Hers to use when planning their PSA is "How to Prepare a 4-H Radio Public Service Announcement" <https://4h.unl.edu/documents/PSA.pdf>

- All PSA's are 60 seconds for each division
- Participants must incorporate the state theme for 2022 - "Opportunity 4 All"
- All PSA's must promote 4-H and include the following tagline within the last 10 seconds of the PSA: "Learn more about the Nebraska Extension 4-H Youth Development Program at 4h.unl.edu." The tagline is included in the 60 second time limit
- PSA's at the county level will be given in person, but a recording must be submitted for entries that advance to the regional level
- Sound effects and public domain music may be used. Copyrighted material is prohibited
- All PSA's must be the original work of the presenter. Contestants may not use PSA's written by other organizations
- No team PSA's are allowed
- Radio PSA's will be submitted electronically as a .wav or .mp3 audio format along with the registration form.
- See scoresheets in "resources" for additional judging criteria: <https://4h.unl.edu/public-speaking>

**2022 Cass County 4-H Public Speaking Contest**

**Sunday, April 3<sup>rd</sup> @ 2:00 p.m. @ Cass County Fairgrounds**

**Entry Form due to the Cass County Extension Office by March 25th**

Outlines are not required for entry, but participants must bring an outline to turn in the day of contest. Enter through your 4HOnline account

Email to Lauren at [lstohlmann2@unl.edu](mailto:lstohlmann2@unl.edu) with questions

Youth in the Junior, Intermediate or Senior divisions may participate in both the Speech and PSA categories. See the complete contest rules on the previous pages.

Name: \_\_\_\_\_ 4-H Age (as of 12/31/21): \_\_\_\_\_

Address: \_\_\_\_\_ Zipcode: \_\_\_\_\_

Email address: \_\_\_\_\_ Phone: \_\_\_\_\_

Please select one of the following:

Cass County Division - county-only competition and does not advance to state contest

4-H Division – must be a enrolled in 4-H and eligible to advance to state contest

**Speech**

Speech Title: \_\_\_\_\_

Clover Kid (5 – 7)

Junior (8 – 9)

Intermediate (10 – 13)

Senior (14 – 18)

**Public Service Announcement (PSA)**

PSA Title: \_\_\_\_\_

Junior (8 – 9)

Intermediate (10 – 13)

Senior (14 – 18)