

Homemade Cheesy Beef Taco Hamburger Helper Recipe

1 lb ground beef (SENCA will provide the ground beef)

2 3/4 cups hot water

Rice-in jar

Can diced tomatoes

Packet of dried milk powder-in jar

Packet for sauce-in jar

1 1/2 cup cheddar cheese, shredded

Small bag of Fritos

Brown ground beef in a large skillet; drain. Add 2 3/4 cups hot water, rice, tomatoes, packet of dried milk and packet of sauce mix. Bring to a boil.

Cover and simmer on low for about 12 minutes, stirring occasionally, until rice is tender. In the last few minutes of cook time, stir in 1 cup of the cheese; cover the pot again for the final few minutes of cook time. When the rice is tender and the cheese is melted, turn off heat and uncover.

Sprinkle 1/2 c. remaining cheddar cheese and Fritos over top. Let mixture stand, uncovered, about 5 minutes. It will continue to thicken as it stands.

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